

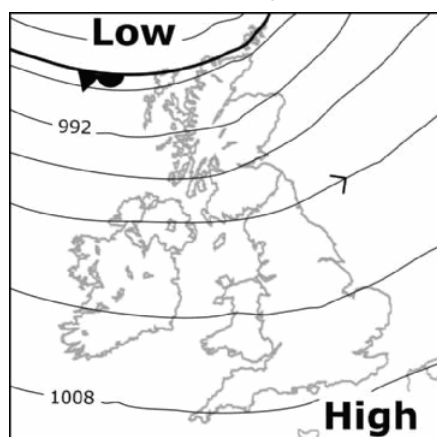
# West Highlands

Western Highlands accessible from, and south of, Glenfinnan (Road to the Isles) and Glen Spean (includes Creag Meagaidh). This area includes Ben Nevis and the mountains around Glencoe. In the east, from Ben Alder south to Loch Lomond and Trossachs NP. Also Arran and Mull.



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## General Summary for Wednesday, 4 June, 2025



### British Mountain Summary:

#### Based on forecast chart for noon 4 June, 2025

Cold: showers (very frequent west) of hail and on higher slopes snow and gale force upland winds. Southward into England and Wales, a little less cold, progressively fewer showers and decreasingly windy.

### Headline for West Highlands

Upland gales; rain and on the Munros snow and persistent fog.

## Detailed Forecast for Wednesday, 4 June, 2025

<b>How windy? (On the Munros)</b>	Southwest to westerly 30 to 45mph mid morning, strongest higher tops Lochaber. Will slowly ease: by evening widely 30mph and perhaps 25mph near Clyde sea lochs. Generally gustiest winds in precipitation.
<b>Effect of wind on you?</b>	<b>Considerable buffeting and significant wind chill - where exposed from lower slopes up.</b> <b>Higher up, walking and balance difficult, particularly in precipitation Lochaber.</b>
<b>How wet?</b> (Precipitation and its impact)	<b>Frequent rain, hail and on higher slopes snow. Driest near central belt.</b> Generally showery rain lower slopes - most persistent within a few miles of the coast. Higher up, intermittent hail and above 700m later 1050m snow, the snow lying on higher slopes, particularly morning. By late morning, largely dry Arran and southern Loch Lomond NP.
<b>Cloud on the hills?</b>	<b>Mountains cloud covered all day; lowest base near the coast.</b> Typical cloud base 400 to 600m western mountains, progressively inland the base rising to in the range 500 to 750m, perhaps rarely 900m easternmost slopes afternoon. Near Clyde sea lochs, from late morning typical cloud base 750m.
<b>Chance of cloud free Munros?</b>	<b>Less than 10%</b>
<b>Sunshine?</b> Air clarity (below cloud)	Glimpses of sun, mainly lower slopes well inland and near Clyde sea lochs, where visibility good although a haze. Elsewhere, visibility often poor, sometimes appalling in snow.
<b>How Cold? (at 900m)</b>	0C lifting to 3C Feeling as cold as -12C where exposed to the wind.
<b>Freezing Level</b>	900m at first, lifting to 1250m into afternoon.

## West Highlands - Looking Ahead

	Thursday 5 June	Friday 6 June
<b>How windy? (On the Munros)</b>  <b>Effect of wind on you?</b>	Between west and southwest typically 25mph higher tops; gusty near showers. Nearer 20mph southern hills; 15mph Arran. <b>Fairly small.</b>	West backing southwesterly 10 to 15mph  <b>Small or negligible</b>
<b>How wet?</b> (Precipitation and its impact)	<b>Showers throughout the day</b> Continuing showery although southward across Loch Lomond NP fewer and fewer showers. Largely dry Arran Hail higher slopes and sleet above 1000 or 1100m.	<b>Continuing showery. Hail, snow.</b> Widespread showers - relatively few more central highlands morning, then through afternoon and evening showers become isolated western hills, initially the improvement near the coast. Hail, and snow above about 1050m.
<b>Cloud on the hills?</b>   <b>Chance of cloud free Munros?</b>	<b>Persistent most higher areas; lowest cloud base near west coast</b> Cloud base will tend to rise during morning, particularly away from west coast. From midday, near the west coast cloud base ranging between 450 and 700m, lowest near showers, whilst on eastern summits between 650 and 950m.  <b>10%</b>	<b>Clearing most, perhaps nearly all summits by afternoon</b> Coastal slopes, mostly cloud covered above 600 to 800m, although in afternoon base may rise above 900m. Elsewhere, cloud base rising; by late morning most cloud above or well above 1000m, particularly central highlands.  <b>60% by midday</b>
<b>Sunshine?</b> Air clarity (below cloud)	Rare sunshine and hazy within a few miles of the west coast Lochaber to patches of sun (mainly lower slopes) and very good visibility elsewhere. Poor visibility in precipitation.	Patches of sunshine, although particularly morning mostly cloudy western mountains. Excellent visibility - temporarily poor in precipitation.
<b>How Cold? (at 900m)</b>  <b>Freezing Level</b>	3 or 4C. Will feel near or below -5C in the wind.  1150m at first; just above highest summits by afternoon.	3C near the coast, rising to 7C well inland.  Above the summits.

## Planning Outlook

## All mountain areas of Britain from Thursday, 5 June, 2025

Remaining chilly (intermittently near freezing point highest Scottish summits) for the remainder of the week - and probably most of next week. Rainfall and low cloud will remain frequent across particularly western mountains. Often windy higher summits - although mostly speeds below gale force.

## Forecast issued at 15:03 on Tuesday, 3 June, 2025

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2025.