

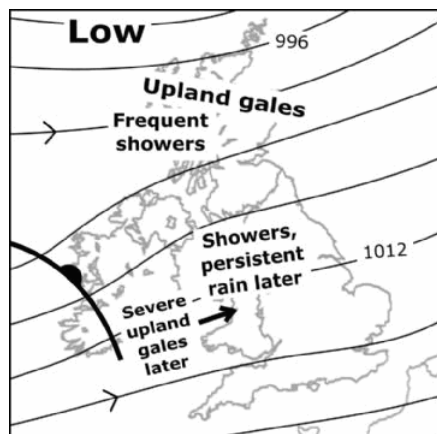
West Highlands

Western Highlands accessible from, and south of, Glenfinnan (Road to the Isles) and Glen Spean (includes Creag Meagaidh). This area includes Ben Nevis and the mountains around Glencoe. In the east, from Ben Alder south to Loch Lomond and Trossachs NP. Also Arran and Mull.



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General Summary for Monday, 26 May, 2025



British Mountain Summary:

Based on forecast chart for noon 26 May, 2025

Gales widespread over the mountains, during afternoon in Wales strengthening to become increasingly severe on tops. Showery bursts, most frequent in the west, hail and isolated thunder. Merging into constant and heavier rain for England, Wales and southwest Scotland later.

Headline for West Highlands

Upland gales, heavy showers, hail, chance lightning.

Detailed Forecast for Monday, 26 May, 2025

How windy? (On the Munros) Effect of wind on you?	Southwesterly, 35 to 45mph, at times 50mph on highest tops in Ben Nevis group; squally gusts in showers. Speeds moderating toward evening. Frequent buffeting across the hills, making balance difficult on exposed ridges; gusts could knock you over. Significant wind chill.
How wet? (Precipitation and its impact)	Frequent showers, heavy bursts, isolated lightning Showery all day, heavy bursts at times with hail, chance isolated lightning. Falling as snow on highest summits, especially morning Ben Nevis range. Showers merging into more constant rain later in south.
Cloud on the hills? Chance of cloud free Munros?	Often covering higher tops Variable cloud bases through the day, but often covering tops above 800-1000m, sometimes patches to 600m especially morning near to coast. Some brief breaks higher up mainly further inland. 20%
Sunshine? Air clarity (below cloud)	Brief bursts of sun, mostly well inland early in day. Visibility at times very good, but suddenly poor in showers.
How Cold? (at 900m) Freezing Level	2C rising to 4C. Wind chill feeling like -10C high tops. 1100-1200m early morning, lifting to 1300m or just above Ben Nevis summit by afternoon.

West Highlands - Looking Ahead

	Tuesday 27 May	Wednesday 28 May
How windy? (On the Munros)	West to southwest, 25-35mph in morning, easing 15-20mph or less from the south.	Westerly 25mph, at times 30mph on higher tops particularly Ben Nevis group.
Effect of wind on you?	Blustery, affecting comfortable walking on some high tops in morning, likely becoming smaller.	Starting to affect ease of walking and balance on exposed ridges, very blustery high tops. Considerable wind chill.
How wet? (Precipitation and its impact)	A few showers; risk local rain later Occasional showers mostly near to the coast in the morning, likely fading. Toward evening, possibility of rain developing, local heavy bursts, greatest risk Arran and near Clyde.	Showers fading Brief showers mostly coastal hills in the morning, a few pushing well inland, fading; falling as snow on higher Munros for a time, possible hail. Into night, risk of heavy rain moving in from the southwest.
Cloud on the hills?	Lifting toward high tops, some breaks Variable cloud above 700 to 900m in the morning, lifting to 1000m or above with breaks forming higher up inland areas. Risk of lowering cloud mainly around Arran later if rain develops.	Lifting and breaking Banks of cloud above 800-1000m in the morning, lowest and most persistent near coasts. Bases rising toward 1200m with breaks forming higher up afternoon.
Chance of cloud free Munros?	50%	40% rising to 80%
Sunshine? Air clarity (below cloud)	Glimpses of sun; high cloud may build later. Visibility very good.	Glimpses of sun, improving in coastal areas to become sunnier afternoon. Visibility mostly very good.
How Cold? (at 900m)	2C rising to 4C. Wind chill feeling like -5 to -8C in morning.	2C rising to 4 or 5C. Wind chill feeling like -5C, to -8C higher tops.
Freezing Level	1100-1200m early morning, rising above all summits.	Around 1200m in Ben Nevis group early morning, then rising just above these highest summits.

Planning Outlook

All mountain areas of Britain from Tuesday, 27 May, 2025

Changeable conditions this week with low pressure and frontal systems passing west to east. West to southwesterly winds prevailing, speeds varied, but gale force for periods on the mountains. Spells of rain and showers, some periods of sustained heavier rain. Cloud often shrouding higher terrain. Better toward the east and northeast of Scotland. Generally rather cool for Scotland, near freezing on highest summits early in week, then a little milder, or warmer further south over England & Wales. Some improvements in conditions especially in southern areas as pressure builds at times, but mixed westerlies are likely to prevail into the start of June.

Forecast issued at 16:00 on Sunday, 25 May, 2025

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2025.