MOUNTAIN WEATHER INFORMATION SERVICE

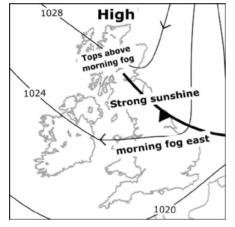
West Highlands

Western Highlands accessible from, and south of, Glenfinnan (Road to the Isles) and Glen Spean (includes Creag Meagaidh). This area includes Ben Nevis and the mountains around Glencoe. In the east, from Ben Alder south to Loch Lomond and Trossachs NP. Also Arran and Mull.



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General Summary for Wednesday, 14 May, 2025



British Mountain Summary:

Based on forecast chart for noon 14 May, 2025

Misty low cloud in central and east Scotland in the morning; high terrain above the cloud layer. Morning low cloud east of the Pennines as well, most tops shrouded. Cloud fading to strong warm sun nearly all mountains by afternoon. Notable gusts, increasing into evening along the Pennines. Cloud-free in western areas and Wales.

Headline for West Highlands

Tops above cloud; strong sunshine becoming widespread

Detailed Forecast for Wednesday, 14 May, 2025

How windy? (On the Munros)	Easterly or variable 10-15mph or less most places. Possibly a gusty 20mph Arran and Kintyre.	
Effect of wind on you?	Small, though comfortable walking affected in gusty breezes southernmost areas.	
How wet? (Precipitation and its impact)	No rain	
Cloud on the hills?	Possible misty low cloud at first; tops above cloud	
	Patchy low level cloud well inland from overnight to early morning, fog almost into some glens. Terrain above 900m likely above this layer. Patches may drift upslope briefly, but all dispersing by early afternoon. Only local patches near the coast	
Chance of cloud free Munros?	80% (in places above early cloud), rising above 90%	
Sunshine? Air clarity (below cloud)	Periods of strong sunshine, much of day on high tops and in west. Some thin high cloud. Visibility becoming excellent after early mist lower down.	
How Cold? (at 900m)	8C or warmer on some higher slopes from dawn (cooler lower down if in cloud); reaching 11 to 12C most areas by afternoon, always warmer west.	
Freezing Level	Above the summits	

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West Highlands - Looking Ahead

	Thursday 15 May	Friday 16 May
How windy? (On the Munros) Effect of wind on you?	East to northeasterly 10 to 15mph, in places gusty 20mph, notably slopes west of Great Glen. Mostly small	Northeasterly or variable, 10-15mph. Some stronger breezes around low slopes near Great Glen/Loch Linnhe. Mostly small, some gusts around high terrain.
How wet? (Precipitation and its impact)	No rain	No rain
Cloud on the hills?	None expected	None expected
Chance of cloud free Munros?	Above 90%	Above 90%
Sunshine? Air clarity (below cloud)	Extensive strong sunshine. Visibility excellent.	Extensive strong sunshine. Excellent visibility.
How Cold? (at 900m)	10C rising to 13C, although toward Creag Meagaidh may stay slightly cooler all day.	10 or 11C, rising to 13C, some local spots up to 15C.
Freezing Level	Above the summits	Above the summits

Planning Outlook

All mountain areas of Britain from Thursday, 15 May, 2025

High pressure persists north of Britain this week into the weekend bringing dry, warm and sunny weather. East to northeasterly winds prevail, at times strong and gusty, mainly England and Wales. Some coastal fog and low cloud drifting inland from the North Sea will affect eastern areas in the mornings (high terrain in Scotland often above the cloud layer), largely dispersing through middle of daytimes. Highest temperatures typically toward the west. Very dry ground conditions, beware high risk of fire.

Forecast issued at 15:23 on Tuesday, 13 May, 2025

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2025.