

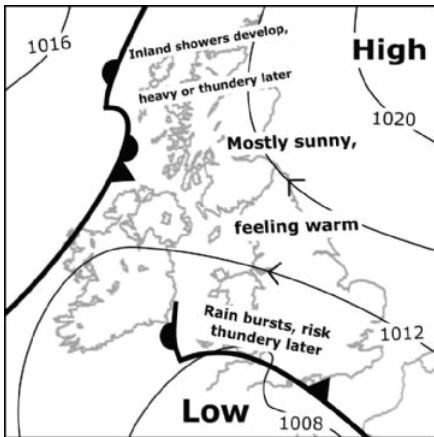
West Highlands

Western Highlands accessible from, and south of, Glenfinnan (Road to the Isles) and Glen Spean (includes Creag Meagaidh). This area includes Ben Nevis and the mountains around Glencoe. In the east, from Ben Alder south to Loch Lomond and Trossachs NP. Also Arran and Mull.



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General Summary for Sunday, 11 May, 2025



British Mountain Summary:

Based on forecast chart for noon 11 May, 2025

Showers develop inland western Scotland, heavy bursts or thunderstorms possible northwest later. Chance spots of rain south Scotland and north England, though mostly sunny. Modest winds here, some increase after dusk. Bursts of showery rain south Wales, chance localised thunderstorms later; some drift into north Wales.

Headline for West Highlands

Breezy early; spots of rain later, chance heavy bursts

Detailed Forecast for Sunday, 11 May, 2025

How windy? (On the Munros)	Southerly 20-25mph at dawn, up to 30mph over high tops and near the coast north of Mull. Becoming 15-20mph midday, further easing into a lull later afternoon into evening.
Effect of wind on you?	Morning winds affecting comfortable walking and stability on exposed high terrain, soon becoming mostly small. Feeling chilly in morning wind.
How wet? (Precipitation and its impact)	Odd spots, chance of a late heavy shower inland and north Chance of an odd spot of rain around Lochaber/Mull. Increasing chance for spots of rain north of Mull and Central Highlands afternoon, later in day possibly an odd heavier shower, mainly inland areas from Glencoe northward.
Cloud on the hills?	If any, only high tops later afternoon. Mountains mostly clear. Cloud caps may drift over high tops later afternoon, most likely near the coast north of Mull. If a heavier burst of rain occurs near Ben Nevis or Creag Meagaidh, cloud map cap these mountains as well.
Chance of cloud free Munros?	90%
Sunshine? Air clarity (below cloud)	A patchwork of sun, cloud gradually filling in through afternoon leaving only glimpses of sun, if any. Excellent visibility.
How Cold? (at 900m)	7 or 8C, rising to 10C inland. Coastal areas may see little change through the day. A degree warmer on and around Arran at dawn. Feeling near freezing in highest wind.
Freezing Level	Above the summits

West Highlands - Looking Ahead

	Monday 12 May	Tuesday 13 May
How windy? (On the Munros)	Easterly or variable, 10-15mph.	Southeasterly at dawn shifting easterly. 15mph or less north of Mull, 15-20mph south of here. Some gusts over high tops.
Effect of wind on you?	Small	Mostly small, some uncomfortable gusts over high terrain.
How wet? (Precipitation and its impact)	Coastal morning rain fades to spots south Detail uncertain: Risk of pre-dawn and morning rain near the coast, possibly thundery in places. Fading by afternoon to spots of rain south of Mull/Lochaber. Chance only spots or substantially dry.	No rain expected
Cloud on the hills?	Variable over high terrain, often south Variable banks of cloud often shrouding high terrain early, bases may reach middle slopes in the morning south of Lochaber. Bases will lift, regularly clearing coastal tops north of Mull. Where spots of rain occur, high terrain likely in cloud.	Not expected
Chance of cloud free Munros?	30% dawn, rising to 50%	Above 90%
Sunshine? Air clarity (below cloud)	Glimpses of sun, though overcast at times. Improving later in the day. Excellent visibility.	Widely sunny, some fair weather cloud building well inland later in the day. Excellent visibility.
How Cold? (at 900m)	9C, rising to 11C north of Mull.	11C rising to 14C. Local warmer spots west and north of Loch Linnhe.
Freezing Level	Above the summits	Above the summits

Planning Outlook

All mountain areas of Britain from Monday, 12 May, 2025

Lingering bursts of rain in Wales early next week will gradually fade as low pressure slips away. Only odd spots of rain in northwest England and west Scotland, soon fading. A continental wind track and high pressure to the east will keep most cloud above the summits next week, with eastern areas often sunny. Settled conditions prevail midweek into next weekend as high pressure reestablishes just north of the British Isles. A mix of cloud and sun with light winds, generally easterly though variable with little change day to day. Slight frosts at dawn in sheltered spots, mostly warm by day. Very dry ground conditions, beware high risk of fire.

Forecast issued at 16:23 on Saturday, 10 May, 2025

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2025.