MOUNTAIN WEATHER INFORMATION SERVICE

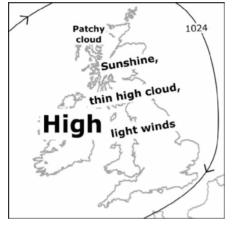
West Highlands

Western Highlands accessible from, and south of, Glenfinnan (Road to the Isles) and Glen Spean (includes Creag Meagaidh). This area includes Ben Nevis and the mountains around Glencoe. In the east, from Ben Alder south to Loch Lomond and Trossachs NP. Also Arran and Mull.



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General Summary for Tuesday, 6 May, 2025



British Mountain Summary: Based on forecast chart for noon 6 May, 2025

Fine with strong sunshine for most places, beware sunburn. A little fair-weather cloud into the afternoon. Warming up after a chilly start with frost. Cloud banks affect west coastal mountains north from Mull in the morning, tending to lift and thin with time. Light winds overall.

Headline for West Highlands

Mostly sunny, light breezes.

Detailed Forecast for Tuesday, 6 May, 2025

How windy? (On the Munros)	Westerly 10mph or less.	
Effect of wind on you?	Negligible	
How wet? (Precipitation and its impact)	No rain	
Cloud on the hills?	Some patches west, otherwise little if any	
	Patchy cloud for a time in the morning above 600-800m mountains west of Loch Linnhe, mostly coastal hills. Likely to all lift to tops and disperse into middle of day.	
Chance of cloud free Munros?	80% Mull to Knoydart; above 90% elsewhere.	
Sunshine? Air clarity (below cloud)	Extensive or unbroken sunshine. Superb visibility.	
How Cold? (at 900m)	1C at dawn; rising to 5C along the coast, but as high as 10C afternoon well inland.	
Freezing Level	Generally above the summits, but at dawn near freezing point higher slopes and frost both upland and lowland valleys.	

West Highlands - Looking Ahead

	Wednesday 7 May	Thursday 8 May
How windy? (On the Munros) Effect of wind on you?	Variable direction 10mph or less. Negligible	Lochaber: Variable 10mph or less. Toward Loch Lomond, easterly 10-15mph, to in places gusty 20mph Arran & Kintyre. Negligible near/north of Glencoe. Further south, still fairly small, but breezier with noticeable chill in places.
How wet?	Rain very unlikely	Rain very unlikely
(Precipitation and its impact)	Small risk of a light shower late afternoon into evening, mainly inland Lochaber.	Small risk of an isolated late afternoon shower, mainly western Lochaber.
Cloud on the hills?	Not expected	Little if any
		Patches or fragments around some upper slopes in the morning, lifting above the summits by middle of the day.
Chance of cloud free Munros?	Above 90%	90%
Sunshine? Air clarity (below cloud)	Sun and high cloud, some patchy cloud bubbling up during afternoon inland. Visibility excellent.	Sunshine and fair-weather cloud, which may fill in a little inland by afternoon. Visibility excellent.
How Cold? (at 900m)	2C at dawn, rising as high as 12C by afternoon.	6C but some spots colder at first, rising up to 11C some inland areas by afternoon.
Freezing Level	Generally above the summits, but at dawn near freezing with slight frost both in the glens and on sheltered higher terrain.	Generally above the summits, but just at dawn slight frost possible some glens and sheltered higher terrain.

Planning Outlook

All mountain areas of Britain from Wednesday, 7 May, 2025

A quiet spell of weather as high pressure continues to dominate over the British Isles this week and very possibly well into next week too. Generally dry conditions, low risk of an isolated afternoon shower. Winds mostly light, direction variable. Chilly nights with frost in valleys and sheltered higher terrain. Becoming pleasantly warm into the afternoons. Sunshine and variable cloud, at times covering the sky, but generally above the mountain tops with excellent visibility. Very dry ground conditions, beware high risk of fire.

Forecast issued at 16:00 on Monday, 5 May, 2025

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2025.