

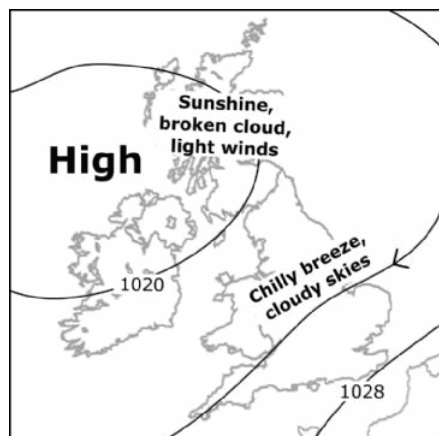
# West Highlands

Western Highlands accessible from, and south of, Glenfinnan (Road to the Isles) and Glen Spean (includes Creag Meagaidh). This area includes Ben Nevis and the mountains around Glencoe. In the east, from Ben Alder south to Loch Lomond and Trossachs NP. Also Arran and Mull.



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## General Summary for Monday, 5 May, 2025



### British Mountain Summary:

#### Based on forecast chart for noon 5 May, 2025

Fine with light winds for the Highlands, sunshine and the mountains largely free of cloud; starting chilly, warming up into afternoon. Chilly northeasterly winds England & Wales in the morning, easing gradually; fairly cloudy skies south & east Pennines, locally a shower.

### Headline for West Highlands

Sunshine and well broken cloud. Light winds.

## Detailed Forecast for Monday, 5 May, 2025

<b>How windy? (On the Munros)</b>	Westerly or variable 10mph or less.
<b>Effect of wind on you?</b>	Negligible
<b>How wet?</b> (Precipitation and its impact)	Rain not expected
<b>Cloud on the hills?</b>	<b>Summits extensively cloud free</b> Risk of a little patchy cloud on slopes near the coast near Mull and hills near Loch Etive above 700m. Otherwise little if any.
<b>Chance of cloud free Munros?</b>	<b>90%</b>
<b>Sunshine?</b> Air clarity (below cloud)	Extensive bright sunshine, a little fair-weather cloud into afternoon. Superb visibility.
<b>How Cold? (at 900m)</b>	0C; rising to as high as 10C afternoon (most likely summits away from the coast).
<b>Freezing Level</b>	Above the summits, but post dawn, frost many upland and lowland valleys and close to freezing higher slopes.

## West Highlands - Looking Ahead

	<b>Tuesday 6 May</b>	<b>Wednesday 7 May</b>
<b>How windy? (On the Munros)</b>	Mainly westerly 10mph or less.	Variable direction 10mph or less.
<b>Effect of wind on you?</b>	<b>Negligible</b>	<b>Negligible</b>
<b>How wet?</b> (Precipitation and its impact)	<b>No rain</b>	<b>Rain very unlikely</b> Small risk of a light shower late afternoon into evening, mainly inland Lochaber.
<b>Cloud on the hills?</b>	<b>Little or none</b>	<b>Not expected</b>
<b>Chance of cloud free Munros?</b>	<b>Above 90%</b>	<b>Above 90%</b>
<b>Sunshine?</b> Air clarity (below cloud)	Extensive or unbroken sunshine. Superb visibility.	Sun and high cloud, some patchy cloud bubbling up during afternoon inland. Visibility excellent.
<b>How Cold? (at 900m)</b>	1C at dawn; rising a couple of degrees along the coast, but as high as 12C afternoon well inland.	2C at dawn, rising as high as 12C by afternoon.
<b>Freezing Level</b>	Generally above the summits, but at dawn near freezing point higher slopes and frost both upland and lowland valleys.	Generally above the summits, but at dawn near freezing with slight frost both in the glens and on sheltered higher terrain.

**Planning Outlook****All mountain areas of Britain from Tuesday, 6 May, 2025**

High pressure continues to reside over the British Isles during the week ahead, maintaining generally dry conditions, low risk of an isolated afternoon shower. Winds mostly light, direction variable. Chilly nights with frost in valleys and sheltered higher terrain. Becoming pleasantly warm into the afternoons. Sunshine and variable cloud, at times covering the sky, but generally above the mountain tops with excellent visibility. Very dry ground conditions almost everywhere, beware high risk of fire.

**Forecast issued at 16:00 on Sunday, 4 May, 2025**

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2025.