

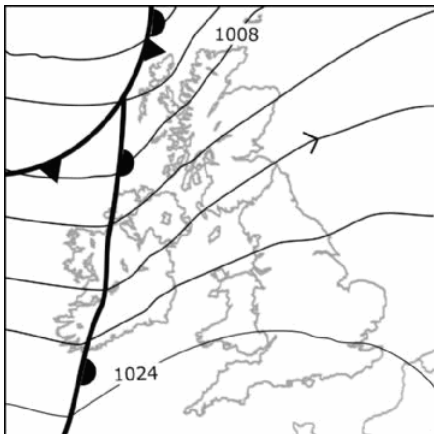
West Highlands

Western Highlands accessible from, and south of, Glenfinnan (Road to the Isles) and Glen Spean (includes Creag Meagaidh). This area includes Ben Nevis and the mountains around Glencoe. In the east, from Ben Alder south to Loch Lomond and Trossachs NP. Also Arran and Mull.



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General Summary for Saturday, 29 March, 2025



British Mountain Summary:

Based on forecast chart for noon 29 March, 2025

Deteriorating rapidly as a front, particularly active in western Scotland, brings precipitation and upland gales - or on Scottish highlands storm force winds. Heavy snow for a few hours mainly western Scotland, mostly rain elsewhere. Total rainfall small south toward S Pennines and Wales.

Headline for West Highlands

Storm force wind; heavy snow abruptly from later morning, then rain.

Detailed Forecast for Saturday, 29 March, 2025

How windy? (On the Munros)	Speeds increasing rapidly later morning after a lull: westerly less than 25mph but soon after midday 50 to on higher tops 60 to temporarily 70mph (particularly Lochaber).
Effect of wind on you?	Walking rapidly becoming very difficult - any mobility sometimes challenging - and wind chill severe.
How wet? (Precipitation and its impact)	Heavy snow abruptly; later showery when snow only higher tops Most or all morning: Risk of a shower. From late morning or midday: Increasingly wet, particularly Lochaber and Mull where rain rarely ceasing. Snow above 600 to later 1000m.
Cloud on the hills?	Extensive; especially western areas Breaks to 800 to 1000m particularly well inland temporarily morning. Deteriorating later morning as near the coast and Loch Lomond NP cloud fills in across the hills from lower slopes up whilst elsewhere most cloud remains above 600-750m until late in day.
Chance of cloud free Munros?	Almost nil
Sunshine? Air clarity (below cloud)	Little or no sunshine. Excellent visibility before becoming poor or appalling for a time in snow.
How Cold? (at 900m)	0C rising to 2C. Will feel as cold as minus 16C directly in the wind.
Freezing Level	750m rising early to mid afternoon after which will vary between 1050 and 1300m.

West Highlands - Looking Ahead

	Sunday 30 March	Monday 31 March
How windy? (On the Munros) Effect of wind on you?	Northwesterly slowly easing from 60mph post dawn to around 40mph by late afternoon, when will back westerly. Very difficult conditions, particularly morning when wind chill severe and general mobility challenging on higher areas.	Ranging from 45mph higher summits Lochaber to 35 or 40mph elsewhere. Least windy near central belt. Marked increase of speed with height: significant wind chill and buffeting on higher areas, particularly Lochaber.
How wet? (Precipitation and its impact)	Little or no rain The odd brief drizzly shower before in evening, chance patches of drizzly rain Skye.	Occasional rain, mainly near Skye Drizzly rain now and again mainly west of Loch Linnhe, near Glen and Loch Etive and Jura, and perhaps Loch Lomond NP.
Cloud on the hills? Chance of cloud free Munros?	Extensive on higher summits By late morning cloud base typically 650 to 900m lowest within a few miles of coast. Cloud base may lift to 800 to 1050m for a while afternoon, highest central highlands. During evening near the coast, initially or only Mull and Jura, cloud will begin to form on lower slopes. 30%	Very extensive; lowest cloud base near coast Fog likely to envelop hills near the coast and across Loch Lomond NP most or all day. Well inland northward, cloud base will tend to rise. Highest cloud base afternoon when breaks to 1000m. 10%
Sunshine? Air clarity (below cloud)	Glimpses of sun; most sun lower slopes easternmost areas and near central belt. Persistent haze, particularly toward coast.	Sunshine beginning to come through afternoon mainly central highlands. Hazy, particularly near the coast
How Cold? (at 900m) Freezing Level	3C Rising slowly through the day. Will feel as cold as minus 10C directly in the wind. Above the summits	5C. Will feel as cold as minus 6 Celsius directly in the wind. Above the summits.

Planning Outlook**All mountain areas of Britain from Sunday, 30 March, 2025**

Pressure will rise across the UK early next week, bringing extensively dry and for a few days very warm weather - albeit on Monday the remnants of fronts will bring a little rain but extensive low cloud to some western mountains. Later next week, some forecasts suggest a marked drop in temperature levels as the high pressure shifts position to the north of Scotland.

Forecast issued at 7:02 on Saturday, 29 March, 2025

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2025.