

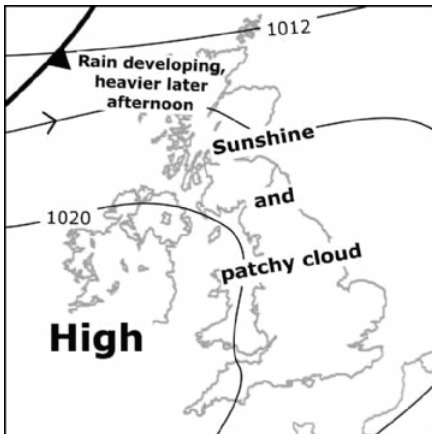
West Highlands

Western Highlands accessible from, and south of, Glenfinnan (Road to the Isles) and Glen Spean (includes Creag Meagaidh). This area includes Ben Nevis and the mountains around Glencoe. In the east, from Ben Alder south to Loch Lomond and Trossachs NP. Also Arran and Mull.



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General Summary for Monday, 24 March, 2025



British Mountain Summary:

Based on forecast chart for noon 24 March, 2025

Westerly winds strengthening, reaching gale force over tops in the Highlands. Rain moves into northwest Scotland, setting in heavier during afternoon; patchy rain extending southeastwards later. Dry all daylight for England, Wales and southern Scotland, with good amounts of sunshine.

Headline for West Highlands

Increasingly windy, gales high tops. Rain into afternoon.

Detailed Forecast for Monday, 24 March, 2025

How windy? (On the Munros)	Westerly, a lull of around 20mph early morning before strengthening toward 35mph, up to 45mph Ben Nevis range.
Effect of wind on you?	Small at first; but walking becoming arduous and wind chill significant where exposed through the day.
How wet? (Precipitation and its impact)	Rain developing afternoon Morning: Largely or completely dry. Afternoon: Rain developing from west, soonest near coast around Mull, becoming persistent, later heavier; very little Loch Lomond NP & Arran until evening.
Cloud on the hills?	Confined to higher tops, lowering afternoon Morning: Cloud base typically 700m near the coast, occasionally clearing to higher tops, whilst well inland only patchy cloud on the summits. Afternoon: Fog filling in across the hills in rain, to lower slopes near coast.
Chance of cloud free Munros?	40%
Sunshine? Air clarity (below cloud)	Patches of sun will give way as cloud thickens from west. Excellent visibility, then becoming poor where rain sets in.
How Cold? (at 900m)	2C, rising slowly through the day 5C. Wind chill feeling as cold as -10C as speeds increase.
Freezing Level	Above the summits.

West Highlands - Looking Ahead

	Tuesday 25 March	Wednesday 26 March
How windy? (On the Munros)	West to northwesterly 20 to 30mph.	Southwesterly, strengthening 35 to 50mph, risk 60mph higher mountains later afternoon.
Effect of wind on you?	Starting to affect balance where exposed on high summits and ridges. Marked wind chill.	Deteriorating to make walking increasingly difficult on higher terrain, wind chill becoming significant.
How wet? (Precipitation and its impact)	Largely dry Chance of brief light showers on coastal hills near Mull in the morning, possibly a snow flurry on highest slopes.	Risk rain later Dry start, spots of rain developing, then later in the day risk of more persistent rain moving in from the west, mainly Lochaber.
Cloud on the hills?	Occasional patches Patches of cloud may come and go on higher slopes in the morning, mainly toward the coast above 800-900m. Lifting to be just rare patches above 1000m.	Varied patches, filling in later Banks of cloud on some slopes in the morning, higher tops may be above cloud for a time. Patchy cloud lifting onto higher tops, some clearer breaks inland. Later thickening from west to become extensive.
Chance of cloud free Munros?	60%	60% dropping to 20% later
Sunshine? Air clarity (below cloud)	Patchwork of sun, best toward central highlands. Visibility excellent.	Largely cloudy, a little sun through high cloud occasionally. Visibility very good, reducing later in rain.
How Cold? (at 900m)	2 to 4C. Wind chill feeling like -5 to -8C.	1 to 4C. Wind chill feeling like -10C, nearer -15C as speeds increase.
Freezing Level	Around 1200m in the morning, lifting above highest summits.	Close to freezing some higher slopes above 900m at dawn; otherwise above the summits.

Planning Outlook**All mountain areas of Britain from Tuesday, 25 March, 2025**

A mixed westerly regime for the next week to ten days - fronts coming in from the west bringing spells of rain, interspersed with better days under ridges of high pressure. Rain most frequent in western Scotland. Frequently windy, periods of gale force wind over the mountains. Temperature varied, sometimes just below freezing on higher Scottish summits, with some showers of snow at times on the Munros - chillier more widely by Friday into Saturday as wind turns northwesterly for a time.

Forecast issued at 16:08 on Sunday, 23 March, 2025

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2025.