

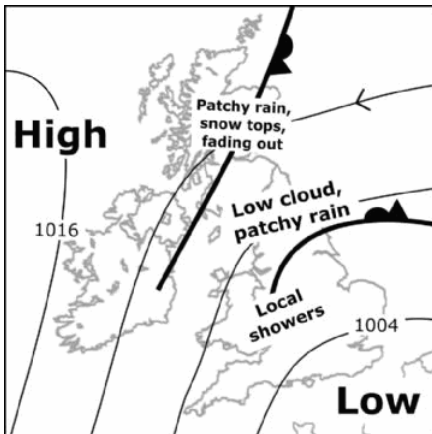
West Highlands

Western Highlands accessible from, and south of, Glenfinnan (Road to the Isles) and Glen Spean (includes Creag Meagaidh). This area includes Ben Nevis and the mountains around Glencoe. In the east, from Ben Alder south to Loch Lomond and Trossachs NP. Also Arran and Mull.



If you love Scotland's mountains, join Mountaineering Scotland
www.mountaineering.scot #ThinkWINTER

General Summary for Sunday, 23 March, 2025



British Mountain Summary:

Based on forecast chart for noon 23 March, 2025

Chilly north to northeasterly winds; air temperature near freezing on higher Scottish tops. Rain and mountain top snow in eastern Highlands gradually fading, but low cloud persists. Sunnier skies emerging in western Scotland. England & Wales sees patchy rain, drizzle and low cloud, local showers toward south.

Headline for West Highlands

Chilly wind. Early cloud and light rain/snow, improving.

Detailed Forecast for Sunday, 23 March, 2025

How windy? (On the Munros)	North to northeasterly 20 to 30mph, dropping lighter inland by afternoon.
Effect of wind on you?	Affecting balance at times on exposed ridges, marked wind chill on tops. Becoming fairly small with time inland.
How wet? (Precipitation and its impact)	A little early rain or upland snow fading Overnight rain with snow above 700m, likely to linger for an hour or two early morning, mainly inland areas, but soon patchy and light, fading out completely by middle of day to be dry. Likely dry all day near coast from Jura northward.
Cloud on the hills?	Extensive morning, lifting and breaking Cloud base rising through day; from late morning most cloud above 800 to 1000m, with breaks to higher summits increasingly emerging, soonest further west.
Chance of cloud free Munros?	Rising to 70% by afternoon
Sunshine? Air clarity (below cloud)	High level cloud tending to thin from west, allowing patches of sun to come through. Very good or excellent visibility, but locally poor inland early morning.
How Cold? (at 900m)	0C, rising to 2 or 3C, highest on/near Arran. Wind chill as cold as -10C.
Freezing Level	As low as 800m morning, but rising, in afternoon to 1000-1100m Lochaber, or above 1200m more southern ranges.

West Highlands - Looking Ahead

	Monday 24 March	Tuesday 25 March
How windy? (On the Munros) Effect of wind on you?	Westerly, a lull of around 20mph early morning before strengthening toward 35mph, up to 45mph Ben Nevis range. Small at first; but walking becoming arduous and wind chill significant where exposed through the day.	Westerly 20 to 30mph. Starting to affect balance where exposed on high summits and ridges. Marked wind chill.
How wet? (Precipitation and its impact)	Rain developing afternoon Morning: Largely or completely dry. Afternoon: Rain developing from west, soonest near coast around Mull, becoming persistent, later heavier; very little Loch Lomond NP & Arran until evening.	Largely dry Chance of brief light showers on coastal hills near Mull, possibly a snow flurry on highest slopes.
Cloud on the hills? Chance of cloud free Munros?	Confined to higher tops, lowering afternoon Morning: Cloud base typically 700m near the coast, occasionally clearing to higher tops, whilst well inland only patchy cloud on the summits. Afternoon: Fog filling in across the hills in rain, to lower slopes near coast. 40%	Occasional patches Patches of cloud may come and go on higher slopes in the morning, mainly toward the coast above 800-900m. Lifting to be just rare patches above 1000m. 60%
Sunshine? Air clarity (below cloud)	Patches of sun will give way as cloud thickens from west. Excellent visibility before becoming poor where raining.	Patchwork of sun, best toward central highlands. Visibility excellent.
How Cold? (at 900m) Freezing Level	2C, rising slowly through the day 5C. Wind chill feeling as cold as -10C as speeds increase. Above the summits.	2 to 4C. Wind chill feeling like -5 to -8C. Around 1200m in the morning, lifting above highest summits.

Planning Outlook**All mountain areas of Britain from Monday, 24 March, 2025**

A mixed westerly regime for the next week to ten days - fronts coming in from the west bringing spells of rain, interspersed with better days under ridges of high pressure. Rain most frequent in western Scotland. Wind speeds varied, but at times reaching gale force over the mountains. Temperature varied, occasionally just below freezing on higher Scottish summits, with some showers with snow at times on the Munros - possibly chillier for a few days around next weekend (29-30 March).

Forecast issued at 16:26 on Saturday, 22 March, 2025

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2025.