

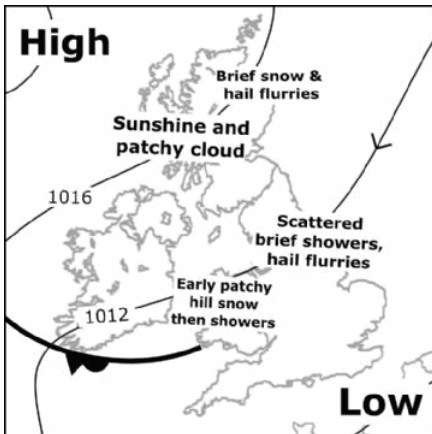
West Highlands

Western Highlands accessible from, and south of, Glenfinnan (Road to the Isles) and Glen Spean (includes Creag Meagaidh). This area includes Ben Nevis and the mountains around Glencoe. In the east, from Ben Alder south to Loch Lomond and Trossachs NP. Also Arran and Mull.



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General Summary for Friday, 14 March, 2025



British Mountain Summary:

Based on forecast chart for noon 14 March, 2025

Cold, staying below freezing on higher mountains. Northeasterly winds lessening over the Highlands, but staying brisk for northern England. Scattered snow or hail flurries. Patchy cloud lifting toward or above many tops. Sunniest toward western coasts. Early patchy snow in Wales clears to leave brief showers.

Headline for West Highlands

Cold, wind gradually easing. Largely dry, sun & broken cloud.

Detailed Forecast for Friday, 14 March, 2025

How windy? (On the Munros)	Northeasterly 20-25mph in the morning, easing to 15mph into afternoon, then below 10mph by dusk, at least in Lochaber.
Effect of wind on you?	Marked wind chill and blustery in places in the morning, but becoming small during afternoon.
How wet? (Precipitation and its impact)	Isolated flurries A fresh dusting of snow on some higher slopes from overnight. Often dry day, brief isolated flurries of snow or soft hail possible.
Cloud on the hills?	Patchy banks, frequently clearing tops Patchy cloud banks come and go in the morning with bases down to 900m in Lochaber on north-facing slopes. Very little further southwest. Cloud lifting above 1200m and clearing at times higher up.
Chance of cloud free Munros?	70%
Sunshine? Air clarity (below cloud)	Frequent sunshine particularly morning toward west and south, cloudy skies filling in a little inland with time. Excellent visibility.
How Cold? (at 900m)	-2C, rising to 0C into afternoon. Wind chill feeling like -10C in the morning.
Freezing Level	Near or below freezing at most elevations from dawn, frost in glens mainly inland. Rising to between 800 and 1000m, highest on south-facing slopes in afternoon.

West Highlands - Looking Ahead

	Saturday 15 March	Sunday 16 March
How windy? (On the Munros)	West to northwesterly 15 to 20mph, at times 25mph higher Ben Nevis range.	Northeasterly or variable 5 to 10mph.
Effect of wind on you?	Fairly small, but noticeable wind chill where exposed on high tops.	Small
How wet? (Precipitation and its impact)	Rare if any light showers Chance of an occasional light shower, or snow flurry above 700m, mainly Lochaber.	Precipitation unlikely
Cloud on the hills?	Mostly toward Mull, patches high tops Banks of cloud likely to drift over coastal mountains above 700 to 900m, mostly areas west of Loch Linnhe. Further inland and south, mostly above 1000m, or 1200m afternoon with breaks to higher slopes.	Mostly very little Patches briefly forming around some higher slopes during the morning will lift toward or above many higher summits during middle of day.
Chance of cloud free Munros?	70%	80%
Sunshine? Air clarity (below cloud)	A little sun in and out, more frequent in the morning toward central highlands. Visibility excellent.	Patchwork of sun, more cloud by afternoon. Visibility excellent.
How Cold? (at 900m)	-2C rising to 0C or slightly higher afternoon. Feeling near -10C in breeze in morning.	-1C rising to +1C.
Freezing Level	500m rising to 900-1000m onward into afternoon. But also frost inland glens and sheltered lower slopes from dawn.	Frost many glens and sheltered higher areas at dawn, becoming typically 1000m or above by afternoon.

Planning Outlook**All mountain areas of Britain from Saturday, 15 March, 2025**

High pressure drifts over the country through the weekend and early next week, bringing largely dry conditions, rare brief light showers. Chilly, becoming slightly less cold than recent days, but frost overnight into valleys; during the daytimes the freezing level lifting onto higher slopes. A covering of recent snow on many higher mountain tops. Sunny spells, variable cloud, and very clear crisp air. Winds fairly light overall this weekend and Monday - becoming southeasterly, strengthening soonest in Wales early in the new week, then more widely windy toward midweek, with some showery rain developing. A risk of more widespread spells of rain and some hill snow later in the week.

Forecast issued at 14:30 on Thursday, 13 March, 2025

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2025.