

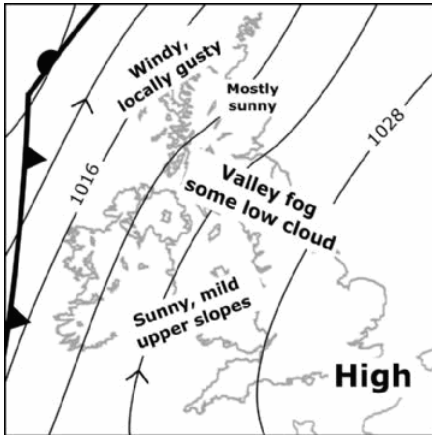
# West Highlands

Western Highlands accessible from, and south of, Glenfinnan (Road to the Isles) and Glen Spean (includes Creag Meagaidh). This area includes Ben Nevis and the mountains around Glencoe. In the east, from Ben Alder south to Loch Lomond and Trossachs NP. Also Arran and Mull.



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## General Summary for Saturday, 18 January, 2025



### British Mountain Summary:

#### Based on forecast chart for noon 18 January, 2025

Southerly winds strongest toward northwest Scotland, locally very gusty. A fine day overall, with plentiful sunshine across the tops, in places above an inversion with banks of low cloud and fog on lower and some mid-elevation slopes, mostly on south-facing hills.

### Headline for West Highlands

Gusty wind. Low cloud banks, sunshine on most high terrain.

## Detailed Forecast for Saturday, 18 January, 2025

<b>How windy? (On the Munros)</b>	Gusty southwesterly 30 to 40mph, some variation up and down through the day but possibly strongest in the morning.
<b>Effect of wind on you?</b>	<b>Your balance will be affected on high ground. Beware gusts throwing you further off balance on downslopes. Significant wind chill.</b>
<b>How wet?</b> (Precipitation and its impact)	<b>Small risk of localised drizzle</b> Risk of fine drizzle where in fog near Loch Lomond NP and Arran.
<b>Cloud on the hills?</b>	<b>Probably very little on high ground</b> Cloud most persistent on lower slopes around Loch Lomond NP and Arran, particularly in the morning. A few wisps of mid-level cloud may be present in Lochaber. Summits likely to be cloud free.
<b>Chance of cloud free Munros?</b>	<b>60% rising to 80% higher tops</b>
<b>Sunshine?</b> Air clarity (below cloud)	Extensive sunshine, possibly weakened by high cloud. Good visibility low down if not in cloud; superb visibility on high ground.
<b>How Cold? (at 900m)</b>	1C. Higher ground may be a few degrees warmer above hill clouds. Feeling around -10C in the wind.
<b>Freezing Level</b>	Above the summits.

## West Highlands - Looking Ahead

	Sunday 19 January	Monday 20 January
<b>How windy? (On the Munros)</b>	Southerly, 20-30mph, stronger on the coast near Mull and north.	Southwesterly 25-30mph. Strongest winds along the coast north of Mull.
<b>Effect of wind on you?</b>	<b>Walking starting to be impeded, higher winds and gusts affecting movement and balance.</b>	<b>Walking starting to be impeded, some challenges maintaining stability. Marked wind chill.</b>
<b>How wet? (Precipitation and its impact)</b>	<b>Drizzle spells west, strongest near Mull</b> Drizzle spells on Mull and around Loch Linnhe. Occasional spells on hills near Arran as well. Dry elsewhere	<b>Rainy coast, heaviest north</b> Rain will be common along the coast, most persistent near Mull and north. The Ben Nevis range may see heavier spells too, falling as sleet or wet snow on higher tops. Only occasional rain inland.
<b>Cloud on the hills?</b>	<b>Low fog/cloud banks, clear higher</b>  Fog/low clouds likely on lower south facing slopes and bottoms of glens. Thicker, persistent low clouds near Arran and Lochaber. Cloud tops staying near or below 800m, rising near dusk.	<b>Cloudy coast, some patchy clearing inland</b>  Thick cloud commonly shrouding highest tops near Lochaber and north of Mull. Thick cloud banks come and go inland. Clearest near the Central Belt.
<b>Chance of cloud free Munros?</b>	<b>20% low slopes, 80% above 800m</b>	<b>10% west coast, 30% inland.</b>
<b>Sunshine?</b> Air clarity (below cloud)	Widely sunny above fog/cloud banks, occasional mid- or high-level clouds. Excellent visibility.	Glimpses of weak sunshine where hill clouds break. Visibility mostly poor.
<b>How Cold? (at 900m)</b>	2C, feeling a few degrees warmer on sunny mountain tops.	2C Feeling like -8C in the wind.
<b>Freezing Level</b>	Above the summits during daylight. Dropping to the high summits after dusk.	Near or occasionally at freezing on highest summits

**Planning Outlook****All mountain areas of Britain from Sunday, 19 January, 2025**

Slow changes in the days ahead as high pressure to the southeast slowly fades and allows weak fronts to make inroads from the west. Small amounts of precipitation until later next week - patchy drizzle in places, locally snow flurries developing as temperature falls slowly. South to southeasterly winds prevailing, locally very gusty, bringing areas of low cloud or fog - at times higher slopes clear above the cloud. Sunniest overall toward north of major hill groups. Deeper areas of low pressure over the Atlantic are expected toward late January, bringing a risk of more frequent precipitation and periods of gales or possibly stormy winds at times; fluctuating temperatures and freeze-thaw cycles.

**Forecast issued at 16:30 on Friday, 17 January, 2025**

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2025.