

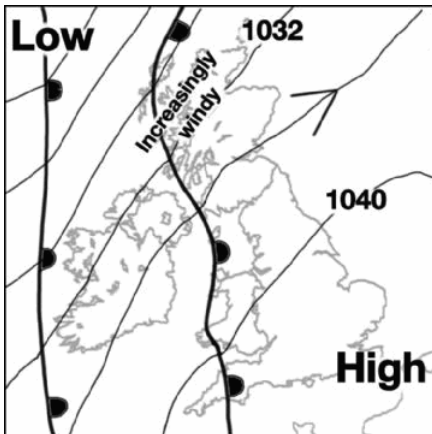
West Highlands

Western Highlands accessible from, and south of, Glenfinnan (Road to the Isles) and Glen Spean (includes Creag Meagaidh). This area includes Ben Nevis and the mountains around Glencoe. In the east, from Ben Alder south to Loch Lomond and Trossachs NP. Also Arran and Mull.



Fort William Mountain Festival - 13th-16th February 2025
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General Summary for Sunday, 12 January, 2025



British Mountain Summary:

Based on forecast chart for noon 12 January, 2025

A change beginning as Atlantic air percolates very slowly inland. However, most terrain will be frozen and in some areas will become increasingly icy. Although widely fairly light wind, will slowly strengthen, but approach gale force in upland NW Scotland.

Headline for West Highlands

Increasingly windy. Slow thaw beginning in some areas.

Detailed Forecast for Sunday, 12 January, 2025

How windy? (On the Munros)	Southerly, strengthening through morning to 25-35mph, strongest near and west of Loch Linnhe where by dusk 45mph. In places sudden gusts to lower slopes.
Effect of wind on you?	Walking increasingly strenuous, particularly near and west of Loch Linnhe. Gusts could unbalance you even on lower slopes. Significant wind chill.
How wet? (Precipitation and its impact)	Isolated if any precipitation Risk of a little drizzle or refrozen rain Mull to Arran and Loch Lomond NP.
Cloud on the hills?	Varied: breaking north across Lochaber; extensive elsewhere. Arran to Mull and Loch Lomond NP: Some breaks, but widely fog from lower slopes up all day. Elsewhere: (north of Rannoch Moor): Varied; patches below 450m, but north across Lochaber, most cloud above 750m with breaks to higher tops, widely north of Glen
Chance of cloud free Munros?	Almost nil Loch Lomond NP to 20% north from Lochaber
Sunshine? Air clarity (below cloud)	Ranging from dull and murky south from Loch Lomond NP to patches of sun and increasingly excellent visibility north toward Glen Spean.
How Cold? (at 900m)	Varied; 0 to -3C, and much colder some lower slopes. Through day in the wind, rising to just above freezing point, but 4C Arran to Mull. Feeling as cold as -11C due to wind chill.
Freezing Level	No defined freezing level. Nearly all terrain frozen but beginning to thaw where exposed to the wind, particularly coastal summits. Many slopes icy.

West Highlands - Looking Ahead

	Monday 13 January	Tuesday 14 January
How windy? (On the Munros) Effect of wind on you?	Southwesterly; very marked increase with height to 50 to 70mph - although speeds marginally lower near central belt. Difficult walking conditions extensively, in places any mobility difficult. Severe wind chill.	West to southwesterly; marked increase with height to 40, perhaps 50mph some higher areas. Near 30mph near central belt. Expect considerable buffeting and wind chill on higher areas.
How wet? (Precipitation and its impact)	Rain likely all day Rain incessant and heavy for periods widely - least wet central highlands and near Clyde sea lochs. Very wet underfoot as snow melts.	Occasional rain: mainly western hills Rain and drizzle from time to time, mainly within 10 miles or so of the general lie of the west coast. Substantially dry elsewhere□.
Cloud on the hills?	Extensive Shrouding the mountains all day, to lower slopes near west coast, rarely above 700m even well inland.	Covering the mountains all day - persistent lower slopes near coast Persistent fog from or below 300m shrouding coastal hills; with the base rising slowly inland. On easternmost summits most cloud above 600-750m.
Chance of cloud free Munros?	10%	Less than 10%
Sunshine? Air clarity (below cloud)	No sunshine. Visibility very poor.	Rare pockets of sunshine valleys well inland. Persistent haze.
How Cold? (at 900m) Freezing Level	5C, locally warmer some eastern slopes. In the wind, feeling as cold as -10C. Above the summits - although terrain still partly frozen and icy.	4 to 6C. Above the summits.

Planning Outlook**All mountain areas of Britain from Monday, 13 January, 2025**

Thaw of most lying snow through the coming week as very mild air persistently arrives from off the Atlantic. Winds often fairly light Wales, but windier progressively northwards with frequent upland gales Scottish Highlands. Drizzle and rain now and again, but apart from in W Scotland (mainly NW Highlands) total rainfall will be small.

Forecast issued at 13:11 on Saturday, 11 January, 2025

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2025.