

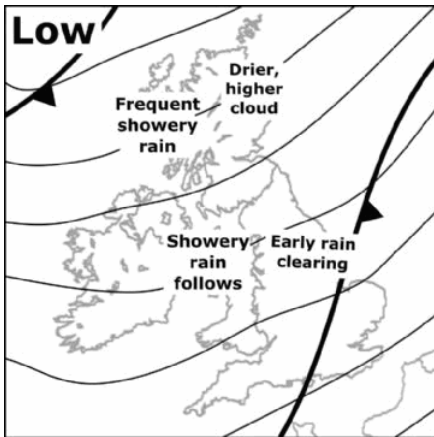
West Highlands

Western Highlands accessible from, and south of, Glenfinnan (Road to the Isles) and Glen Spean (includes Creag Meagaidh). This area includes Ben Nevis and the mountains around Glencoe. In the east, from Ben Alder south to Loch Lomond and Trossachs NP. Also Arran and Mull.



If you love Scotland's mountains, join [Mountaineering Scotland](http://www.mountaineering.scot)
www.mountaineering.scot #ThinkWINTER

General Summary for Sunday, 1 December, 2024



British Mountain Summary:

Based on forecast chart for noon 1 December, 2024

Windy, gales across the mountains, although strongest speeds early in day tending to lessen. Rain most frequent in west, showery bursts. Early rain clears east across the Pennines. Much colder air arrives from northwest into night, with snow on Scottish mountains.

Headline for West Highlands

Upland gales. Often raining; highest cloud inland Lochaber.

Detailed Forecast for Sunday, 1 December, 2024

<p>How windy? (On the Munros)</p> <p>Effect of wind on you?</p>	<p>Southwesterly 40 to 55mph in morning, but nearer 70mph Ben Nevis range up to dawn; lessening to 30-35mph afternoon.</p> <p>Into night, after a brief lull, abruptly switching northerly 40-50mph.</p> <p>Very blustery with considerable wind chill, arduous conditions on higher areas at least in the morning, some improvement.</p>
<p>How wet? (Precipitation and its impact)</p>	<p>Rain most frequent near coasts</p> <p>Rain on and off across the region, some heavier showery rain toward the coast, becoming more constant heavier rain later in day. Smallest amounts inland toward Creag Meagaidh. Then snow showers on hills into night.</p>
<p>Cloud on the hills?</p> <p>Chance of cloud free Munros?</p>	<p>Extensive coasts, higher areas inland</p> <p>Covering coastal mountains above 600 to 800m throughout the day, lower at times in constant rain. Higher bases inland, often above 800m from Rannoch Moor north, higher breaks near/north of Glen Spean.</p> <p>10% coasts, to 30% inland/NE Lochaber.</p>
<p>Sunshine? Air clarity (below cloud)</p>	<p>Cloudy overall.</p> <p>Slight haze toward coast.</p> <p>Visibility good well inland away from rain.</p>
<p>How Cold? (at 900m)</p> <p>Freezing Level</p>	<p>4C, lowering during day, 2C by dusk toward west, then below 0C overnight.</p> <p>Daytime wind chill feeling like -10C.</p> <p>Above the summits all day, but dropping sharply by Sunday night, 800m or below before dawn on Monday, 600m Lochaber.</p>

West Highlands - Looking Ahead

	Monday 2 December	Tuesday 3 December
How windy? (On the Munros) Effect of wind on you?	Northerly around 30mph, but may drop much lighter during the afternoon. Prepare for bitterly cold conditions on the mountains. Some buffeting, but may improve during daytime.	Southerly, likely strengthening - timing very uncertain - 20 to 40mph, risk 50mph for a few hours especially west coastal hills. Beware of changing conditions: may result in arduous walking conditions, increasingly significant wind chill.
How wet? (Precipitation and its impact)	Occasional snow showers A few showers running down the west coast, occasionally moving into Lochaber from the northwest, falling as snow to 400-600m, locally lower inland.	Risk of snow moving in from west Likely to start dry, possibly dry all day well inland. Risk of snow moving in from the west, initially flurries, later more persistent, turning wet on low-mid slopes near coast and on islands.
Cloud on the hills?	Patches on higher tops Drifting over higher tops above 800 to 1000m, mostly on north-facing Ben Nevis range and around showers toward the coast, briefly lower. Clearer well inland.	Very little; may develop near coast Fragments around some slopes, but many mountains clear. Patches forming more readily on south-facing coastal hills, may fill in further with time.
Chance of cloud free Munros?	60%	80%, later 30% coasts
Sunshine? Air clarity (below cloud)	Frequent bright sunshine and very clear air, but visibility briefly reduced in snow.	Sun mainly in east weakening as layers of high cloud thicken from west, later overcast. Visibility excellent, becoming hazier toward west coast.
How Cold? (at 900m) Freezing Level	-2 to -4C. Wind chill feeling like -15C in the morning. 500 to 700m, highest near Arran; beware of icy surfaces. Soon frosty into glens by evening.	-4C rising to -2C, nearer 0C coasts & islands; rising more widely to 0C into night. Wind chill -10 to -15C as speeds increase. Most terrain frozen, hard frost inland glens at dawn; lifting to 500m coasts, then toward upper slopes evening into night.

Planning Outlook

All mountain areas of Britain from Monday, 2 December, 2024

Much colder again by Monday as winds switch temporarily northerly. Showers with snow falling over the mountains, to lower elevations in Scotland. Clear and frosty into early Tuesday then a front approaches from the west to bring snow later in the day and overnight into Wednesday, may clear into Wednesday daytime. Then later in the week through next weekend, a more turbulent southwesterly pattern, bringing stormy winds; fluctuating temperatures above and below freezing on the mountains with a mix of rain and upland snow.

Forecast issued at 15:00 on Saturday, 30 November, 2024

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2024.