

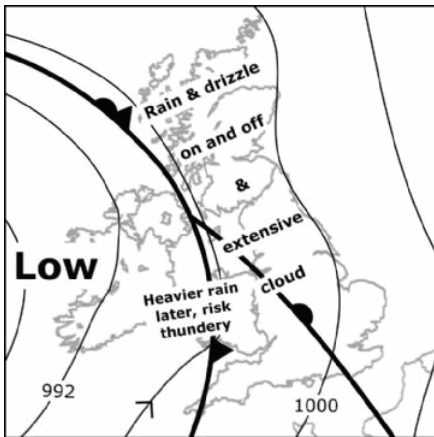
West Highlands

Western Highlands accessible from, and south of, Glenfinnan (Road to the Isles) and Glen Spean (includes Creag Meagaidh). This area includes Ben Nevis and the mountains around Glencoe. In the east, from Ben Alder south to Loch Lomond and Trossachs NP. Also Arran and Mull.



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General Summary for Sunday, 6 October, 2024



British Mountain Summary:

Based on forecast chart for noon 6 October, 2024

Damp southerly air brings a lot of cloud, with drizzle and pulses of rain drifting northwards. Lowest cloud on south-facing hill groups. Drier and higher cloud toward NW Scotland. A zone of heavier rain moves into Wales in afternoon, locally torrential, risk of thunder. Blustery S-SE'ly winds, feeling cool on higher terrain.

Headline for West Highlands

Patchy rain, lowest cloud toward south. Breezy.

Detailed Forecast for Sunday, 6 October, 2024

How windy? (On the Munros)	South-southeasterly typically 20 to 30mph, possibly stronger for a time from dawn; lulls to lower speeds possible during day.
Effect of wind on you?	Varied, prepare for marked wind chill on higher terrain, blustery at times affecting balance on exposed ridges.
How wet? (Precipitation and its impact)	Rain on and off Pulses of rain drifting northwards, most frequent in coastal areas, possibly further into Loch Lomond NP. Often drier inland across Lochaber from Rannoch Moor and Creag Meagaidh areas.
Cloud on the hills?	Most persistent south and coasts Cloud often covering coastal areas and near Loch Lomond above 600 to 800m. Higher bases northwards, mostly above 800m, with breaks to 1000m or higher toward Glen Spean and Loch Treig.
Chance of cloud free Munros?	20% south & coasts; 40% N Lochaber.
Sunshine? Air clarity (below cloud)	Fairly cloudy, some glimpses of sun northern Lochaber. Visibility good, hazier near coast, reduced in rain.
How Cold? (at 900m)	4 to 6C, but feeling sub-zero if exposed to stronger winds on tops.
Freezing Level	Above the summits

West Highlands - Looking Ahead

	Monday 7 October	Tuesday 8 October
How windy? (On the Munros) Effect of wind on you?	South to southeasterly, ranging from 15mph or less at times inland Lochaber, to gusty 25mph in south and near coast. Fairly small Lochaber, but may affect ease of walking on tops further south and west, feeling chilly.	Easterly 15 to 25mph, gusts over 30mph on some slopes near higher tops and on islands; local lulls inland. Fairly small, but expect suddenly gustier locations which may affect balance on ridges. Noticeable wind chill in exposure.
How wet? (Precipitation and its impact)	Rain on and off Periods of showery rain, but locally varied conditions, may result in some hills being dry for several hours during day.	Rain at times, mostly south Periods of rain most likely southern areas, on and off during the day for Loch Lomond to Arran. Patchier further northwestwards, least rain toward west of Fort William.
Cloud on the hills?	Fairly extensive Often covering the mountains above 700 to 900m, lowest around rain and more frequent in southern areas. Breaks higher up more likely in Lochaber.	Fairly extensive, breaks northwest Shrouding many higher areas much of the day, lowest cloud base Loch Lomond NP, may persist from 500-700m up. Higher bases northwestwards, 800-1000m in Lochaber, breaks west of Loch Linnhe.
Chance of cloud free Munros?	20%	30%
Sunshine? Air clarity (below cloud)	Glimpses of sun. Visibility at times good, but reduced in rain.	Little if any sun, glimpses toward west coast near Mull. Visibility good out of cloud, but may stay mistier southern hills.
How Cold? (at 900m) Freezing Level	6C, but feeling sub-zero if exposed to stronger breeze. Above the summits	6C, but feeling near-freezing in the breeze. Above the summits

Planning Outlook

All mountain areas of Britain from Monday, 7 October, 2024

Areas of low pressure will influence all areas throughout the week ahead, bringing frequent rain and showers. Fairly mild conditions at first, but much colder air returns from the north from midweek, dropping widely below freezing over higher mountains, with showers of snow focused over Scottish mountains. A former Atlantic hurricane is likely track across southern Britain as a deep low, bringing a risk of heavy rain to England and Wales Wednesday-Thursday. Wind speeds very varied, some lulls early in the week, but midweek onward a risk of widespread gales or even stormy winds for a time - significant wind chill later week in strong northerlies.

Forecast issued at 16:00 on Saturday, 5 October, 2024

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2024.