

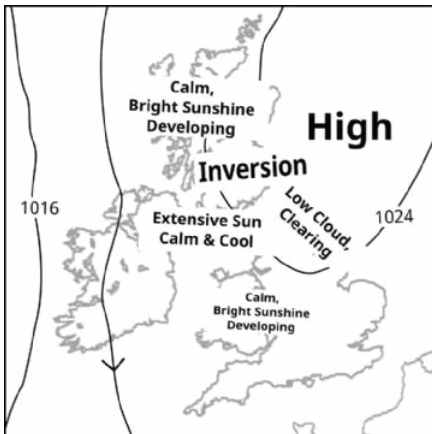
# West Highlands

Western Highlands accessible from, and south of, Glenfinnan (Road to the Isles) and Glen Spean (includes Creag Meagaidh). This area includes Ben Nevis and the mountains around Glencoe. In the east, from Ben Alder south to Loch Lomond and Trossachs NP. Also Arran and Mull.



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## General Summary for Thursday, 3 October, 2024



### British Mountain Summary:

**Based on forecast chart for noon 3 October, 2024**

Widely dry and sunny, inversion means often clear skies above the sea of clouds sitting in the valleys, this low cloud mostly dissipating by noon. Light winds, locally breezy along the western coast. Cool.

### Headline for West Highlands

Dry, calm, sunny, low cloud in some valleys. Cool

## Detailed Forecast for Thursday, 3 October, 2024

<b>How windy? (On the Munros)</b>	South to southeasterly, 5-15mph in the morning, later strengthening on Arran and west of it to 15-20mph.
<b>Effect of wind on you?</b>	<b>Very small, only locally may temporarily make walking slightly inconvenient. Inland negligible.</b>
<b>How wet? (Precipitation and its impact)</b>	<b>Rain not expected</b>
<b>Cloud on the hills?</b>	<b>Hills clear, fog patches possible locally in valleys</b> Patches of morning fog in some valleys, up to 400m (cloud top), most likely away from the sea. Cloud rising a little through the day, largely breaking and dissipating.
<b>Chance of cloud free Munros?</b>	<b>90% above morning fog</b>
<b>Sunshine?</b> Air clarity (below cloud)	Often clear skies. Excellent visibility.
<b>How Cold? (at 900m)</b>	5 to 8C
<b>Freezing Level</b>	Above the summits, but frost at dawn inland glens and some sheltered higher areas.

**West Highlands - Looking Ahead**

	<b>Friday 4 October</b>	<b>Saturday 5 October</b>
<p><b>How windy? (On the Munros)</b></p> <p><b>Effect of wind on you?</b></p>	<p>Southerly 40 to 45mph, perhaps locally 50mph on Ben Nevis and most exposed coastal hills. Very gusty.</p> <p><b>Walking arduous, keeping balance on ridges and exposed paths almost impossible. Conditions locally severe.</b></p>	<p>South to southeasterly, from 35-40mph in the east to 45-50mph on Arran, Jura, Islay or in western Lochaber.</p> <p><b>Walking becoming arduous most hills, movement difficult on and around Arran and west of Loch Linnhe. Feeling chilly.</b></p>
<p><b>How wet?</b> (Precipitation and its impact)</p>	<p><b>Rain on and off, firstly in the west</b></p> <p>Spells of rain at first in the west, around noon spreading for whole region, latest in Upper Spey - here probably first drops late afternoon.</p>	<p><b>Humid, frequent rain, becoming heavy</b></p> <p>Damp, frequent rain, becoming heavy in the evening. Little rain toward Upper Spey.</p>
<p><b>Cloud on the hills?</b></p>	<p><b>Extensive</b></p> <p>Cloud widely above 800-1000m, on islands and south facing slopes exposed to wind, especially those close to the sea cloud base may be much lower, even 300-500m. Morning fog inland glens possible.</p>	<p><b>Extensively covered</b></p> <p>Hills in cloud, cloud base around 400-600m. Perhaps rising a little during the day.</p>
<p><b>Chance of cloud free Munros?</b></p>	<p><b>20%</b></p>	<p><b>20%</b></p>
<p><b>Sunshine?</b> Air clarity (below cloud)</p>	<p>Glimpses of sun in the morning toward the east, soon becoming mostly cloudy or overcast.</p> <p>Very good visibility.</p>	<p>Little or no sunshine.</p> <p>Moderate visibility.</p>
<p><b>How Cold? (at 900m)</b></p> <p><b>Freezing Level</b></p>	<p>6 to 8C, feeling below -5C in strong wind.</p> <p>Above the summits.</p>	<p>5 to 7C. Wind chill may reduce the perceived temperature to -5C.</p> <p>Above the summits.</p>

**Planning Outlook**

**All mountain areas of Britain from Friday, 4 October, 2024**

On Friday in western Scotland deteriorating conditions, beware of upland gales in the Highlands. Lowering pressure and southwesterly winds toward the weekend bring an unsettled spell- rain at times, briefly milder air. Gradually cooling through next week, with spells of showery rain. On Thursday most likely widespread moderate to heavy rain, fairly persistent most mountains. Toward the weekend improving conditions, Saturday and Sunday probably dry and sunny.

**Forecast issued at 16:14 on Wednesday, 2 October, 2024**

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2024.