MOUNTAIN WEATHER INFORMATION SERVICE

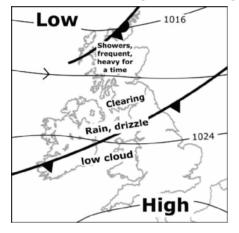
West Highlands

Western Highlands accessible from, and south of, Glenfinnan (Road to the Isles) and Glen Spean (includes Creag Meagaidh). This area includes Ben Nevis and the mountains around Glencoe. In the east, from Ben Alder south to Loch Lomond and Trossachs NP. Also Arran and Mull.



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General Summary for Sunday, 15 September, 2024



British Mountain Summary:

Based on forecast chart for noon 15 September, 2024

Often strong winds across most hills, feeling chilly especially Scottish tops. A zone of frequent rain and heavy showery bursts passes eastwards across the Highlands, particularly northern areas. A front moves slowly south over England and Wales bringing rain, drizzle and low cloud, gradually clearing northern England later.

Headline for West Highlands

Brisk winds, showery rain frequent for a few hours.

Detailed Forecast for Sunday, 15 September, 2024

How windy? (On the Munros)	West to southwesterly; some variation through the day, but typically between 20 and 30mph - occasionally 35mph Lochaber, strongest gusts around heavier rain.	
Effect of wind on you?	Walking often impeded by the wind; and sometimes arduous with considerable wind chill.	
How wet?	Showery rain, mainly Lochaber	
(Precipitation and its impact)	A mixture of dry periods, showers, and over a couple of hours late morning or middle of day constant rain - mainly affecting Lochaber. Some heavy bursts moving through eastwards over an hour or so, then fewer scattered showers.	
Cloud on the hills?	ud on the hills? Mountains extensively cloud covered	
Chance of cloud free Munros?	Cloud base will vary; during wetter periods, forming widely below 400m near the coast, and 600m well inland. Otherwise, the range between 600 and 800m, but often 1000m central highlands north of about Rannoch station. 20%	
Sunshine? Air clarity (below cloud)	Sunshine from time to time, most widely on lower slopes well inland and toward Clyde sea lochs. Hazy; visibility poor in rain.	
How Cold? (at 900m)	6C, but where exposed to the wind, will feel below freezing point.	
Freezing Level	Above the summits.	

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West Highlands - Looking Ahead

	Monday 16 September	Tuesday 17 September
How windy? (On the Munros) Effect of wind on you?	South to southwesterly 15mph or less morning; reaching 20mph later in day, mostly near/west of Loch Linnhe. Small	Southwesterly 15 to 20mph, perhaps locally 25mph Lochaber early in day; then southerly or variable 15mph or less. Locally feeling gusty on some exposed ridges Lochaber to Mull in morning. Becoming small.
How wet?	Rain very unlikely	Rain unlikely
(Precipitation and its impact)		A little fine drizzle possible if in cloud on coastal hills and islands, mainly near Mull. Otherwise dry.
Cloud on the hills?	Very little indeed	Areas of low cloud thinning and breaking
	Low cloud may start to spill onto coastal hills from the west up to dusk, more widely onward into the night.	Varied banks of very low cloud in the morning, from lowest slopes upward near coast. Some tops between or above cloud banks for a time, tending to gradually disperse most areas; slowest to clear around coasts and islands.
Chance of cloud free Munros?	80%	30% rising to 70%
Sunshine? Air clarity (below cloud)	Bright sunshine and superb visibility although ribbons of fog some valleys will disperse through morning. High cloud starting to move in from the west.	Sunshine breaking through widely, soonest inland and south. Misty especially coastal areas in morning, may leave a haze; visibility becoming very good most areas.
How Cold? (at 900m)	4 rising to 8C afternoon, up to 10C by evening onward.	10C if in cloud coastal areas, up to locally 14C toward central highlands.
Freezing Level	Above the summits, but ground frost some lowland and upland valleys at dawn.	Above the summits

Planning Outlook

All mountain areas of Britain from Monday, 16 September, 2024

High pressure becomes established over Britain at the start of the new week, drifting toward Scandinavia by midweek. A weak front grazing past northwest Scotland on Tuesday brings low cloud and some possible dampness for a time here. Otherwise, very warm and particularly on western mountains often sunny. However, particularly in the mornings low cloud coming in off the North Sea will often envelop more eastern mountains from midweek. Fresh easterly breezes affecting England and Wales in the second half of the week, locally becoming very gusty. Lighter winds generally in Scotland.

Forecast issued at 16:05 on Saturday, 14 September, 2024

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2024.