

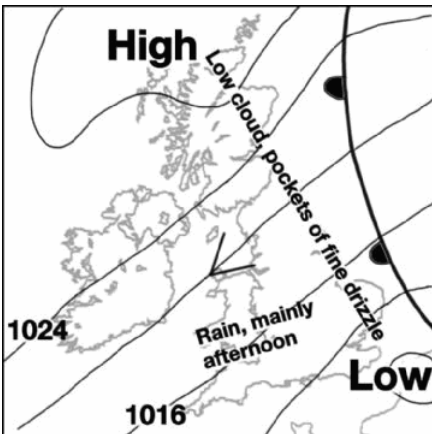
# West Highlands

Western Highlands accessible from, and south of, Glenfinnan (Road to the Isles) and Glen Spean (includes Creag Meagaidh). This area includes Ben Nevis and the mountains around Glencoe. In the east, from Ben Alder south to Loch Lomond and Trossachs NP. Also Arran and Mull.



**Elite Guides - High-quality mountain guiding and instruction across Scotland**  
**Book your next adventure now! [www.eliteguides.co.uk](http://www.eliteguides.co.uk)**

## General Summary for Thursday, 5 September, 2024



### British Mountain Summary:

**Based on forecast chart for noon 5 September, 2024**

Low cloud will bring persistent fog to most mountains, toward the east, many lower slopes shrouded. A few showers, mainly England will drift inland. Separately patches of heavier rain will affect South Wales. Very gusty strong winds will affect many mountain areas south from southern Scotlands.

### Headline for West Highlands

Fairly light wind. Sheet low cloud breaking, particularly toward west.

## Detailed Forecast for Thursday, 5 September, 2024

<b>How windy? (On the Munros)</b>	Easterly 10 to locally 20mph Lochaber. Progressively stronger and more gusty southwards: 25 to 30mph Arran and southern Loch Lomond NP.
<b>Effect of wind on you?</b>	<b>Small most of day, but expect sometimes sudden buffeting in very gusty wind near central belt.</b>
<b>How wet? (Precipitation and its impact)</b>	<b>Rain unlikely</b>
<b>Cloud on the hills?</b>	<b>Very little, particularly western mountains</b> Most mountains intermittently cloud free. However, blanket very low cloud east Scotland, may well reach central highlands, perhaps extensively, particularly Creag Meagaidh area, above 500-700m.
<b>Chance of cloud free Munros?</b>	<b>30% east to 70% west</b>
<b>Sunshine? Air clarity (below cloud)</b>	Ranging from often cloudy well inland to extensive or unbroken sun and excellent visibility western mountains.
<b>How Cold? (at 900m)</b>	7C where in cloud but rising to 12C western mountains.
<b>Freezing Level</b>	Above the summits.

West Highlands - Looking Ahead

	Friday 6 September	Saturday 7 September
<b>How windy? (On the Munros)</b>  <b>Effect of wind on you?</b>	Easterly, 15 to 20mph. Stronger near central belt, particularly Arran, where up to 30mph.  <b>Mostly small, but near Clyde sea lochs and Loch Lomond, expect sudden buffeting in gusty winds - sometimes on lower slopes.</b>	Very little wind; direction varied, less than 10mph. Near the central belt, may reach 15mph. <b>Mostly negligible</b>
<b>How wet?</b> (Precipitation and its impact)	<b>Rain not expected</b>	<b>Rain very unlikely</b>
<b>Cloud on the hills?</b>          <b>Chance of cloud free Munros?</b>	<b>Little if any</b>  Most higher areas free of cloud all day. Here and there, most likely near Creag Meagaidh, risk fog below 600m for a few hours from dawn.  <b>80%</b>	<b>Little if any - although fog some valleys morning</b>  The mountains cloud free all day. But fog in some valleys for a few hours from dawn.  <b>90%</b>
<b>Sunshine?</b> Air clarity (below cloud)	Extensive bright sunshine higher areas and superb visibility (haze lower slopes mainly morning).	Extensive or unbroken bright sunshine and superb visibility - in places in morning above fog in valleys.
<b>How Cold? (at 900m)</b>  <b>Freezing Level</b>	16 to 19C - unusually warm.  Above the summits	A very warm 16 to 18C, but near west coast in afternoon 20C.  Above the summits.

**Planning Outlook**

**All mountain areas of Britain from Friday, 6 September, 2024**

Warm and frequently dry on most mountains until Sunday. It will then turn progressively colder as easterly winds back toward the north. For most areas rainfall will be low until well into next week. Nevertheless, some patches of rain (heavy in places) mainly England and particularly Wales until Sunday. It may then begin to turn wetter across the Scottish Highlands.

**Forecast issued at 12:58 on Wednesday, 4 September, 2024**

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2024.