MOUNTAIN WEATHER INFORMATION SERVICE

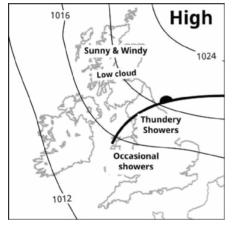
West Highlands

Western Highlands accessible from, and south of, Glenfinnan (Road to the Isles) and Glen Spean (includes Creag Meagaidh). This area includes Ben Nevis and the mountains around Glencoe. In the east, from Ben Alder south to Loch Lomond and Trossachs NP. Also Arran and Mull.



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General Summary for Sunday, 1 September, 2024



British Mountain Summary:

Based on forecast chart for noon 1 September, 2024

Mostly dry in Scotland, late afternoon showers possible in Southern Uplands and toward the evening in Southern Highlands. Unstable through England, with thundery rain here and there. Localised light showers in Snowdonia. Patchy sun for most, best Cairngorms and far north.

Headline for West Highlands

Mostly dry with some clouds, chilly winds

Detailed Forecast for Sunday, 1 September, 2024

How windy? (On the Munros)	South to southeasterly 20 to 35mph, the strongest winds likely in the afternoon.		
Effect of wind on you?	Your balance will be increasingly affected and walking will start to feel challenging at times. Marked wind chill.		
How wet? (Precipitation and its impact)	Little or no rain Mostly dry morning, occasional drizzly showers on Arran, Islay and Jura. Showers in the evening around Loch Lomond NP, moving northwards during the night.		
Cloud on the hills?	Fairly extensive Loch Lomond NP Most summits in Lochaber cloud free until late in the day.		
	Cloud shrouding summits in the Loch Lomond NP and on Arran through the day. Highest tops near Ben Nevis also in clouds.		
Chance of cloud free Munros?	High tops & south 20%; Lochaber 70%		
Sunshine? Air clarity (below cloud)	Bright morning but gradually cloudier as cloud moves in from the south. Excellent visibility Lochaber; good further south.		
How Cold? (at 900m)	10C. Feeling around freezing in stronger wind.		
Freezing Level	Above the summits.		

West Highlands - Looking Ahead

	Monday 2 September	Tuesday 3 September
How windy? (On the Munros)	Forecast confidence still low: Southwest to northwesterly, mostly 15 to 25mph, Arran & Clyde sea lochs 30-35mph.	West to northwesterly, mostly 15 to 20mph.
Effect of wind on you?	Fairly small most areas, possibly strenuous in the south and by the coast.	Fairly small.
How wet?	Frequent rain likely	Spots of light rain
(Precipitation and its impact)	Spells of rain, most in the south, but hardly any dry spot in general. Details highly uncertain.	Most of the day dry, brief spells of light rain or drizzle on the western coastal hills.
Cloud on the hills?	Extensively covered most of the day	Lower slopes and some tops clearing
	Widespread low cloud, low chance for local breaks.	Low cloud covering most hills in the morning, chance for some breaks near the coast. Later cloud base rising, clearing lower tops, but staying on ones above 1000m especially near the sea.
Chance of cloud free Munros?	10%	30% rising to 60%
Sunshine? Air clarity (below cloud)	Overcast.	Brief bright spells, but mostly cloudy.
	Visibility perhaps locally good, but often murky.	Good visibility, slightly reduced near the sea.
How Cold? (at 900m)	7 to 9C, little change through the day.	6 to 8C
Freezing Level	Above the summits.	Above the summits.

Planning Outlook

All mountain areas of Britain from Monday, 2 September, 2024

Low confidence in the forecast for beginning of the next week. Monday is likely to be unsettled with rain or most, locally thundery. Localised showers continues into Tuesday, although conditions shall improve through Tuesday afternoon. Up to mid-week the temperature is likely cooler than over the weekend. Mid-week onward widely dry and often sunny with high pressure rebuilding during the second half of the week, bringing significantly warmer air. Such conditions may continue even into the following week.

Forecast issued at 15:56 on Saturday, 31 August, 2024

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2024.