

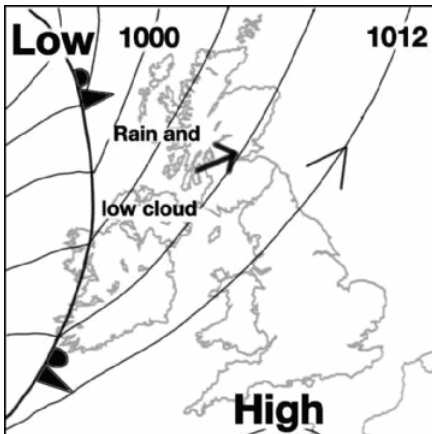
# West Highlands

Western Highlands accessible from, and south of, Glenfinnan (Road to the Isles) and Glen Spean (includes Creag Meagaidh). This area includes Ben Nevis and the mountains around Glencoe. In the east, from Ben Alder south to Loch Lomond and Trossachs NP. Also Arran and Mull.



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## General Summary for Friday, 2 August, 2024



### British Mountain Summary:

#### Based on forecast chart for noon 2 August, 2024

Rain and will advance gradually across Scotland from the middle of the day onwards, and in evening reach mountains close to the Irish Sea. There will also be areas of low cloud. Nevertheless, for many areas, including east Scotland extensively dry and warm. Upland wind approaching gale force western Scotland.

### Headline for West Highlands

Upland wind near gale force close to coast. Rain & low cloud.

## Detailed Forecast for Friday, 2 August, 2024

<b>How windy? (On the Munros)</b>	Southerly, soon 30-35mph but 35-45mph near/west Loch Linnhe. Speeds varied, sudden gusts including on lower slopes.
<b>Effect of wind on you?</b>	<b>Soon walking arduous: widespread buffeting, sudden gusts, even on lower slopes near coast, will unbalance you.</b>
<b>How wet? (Precipitation and its impact)</b>	<b>Increasingly wet afternoon.</b> The odd burst of rain morning, mainly near the coast. Will then deteriorate, particularly near and west of Loch Linnhe, where rain persistent for several hours. Elsewhere, rain on and off, spreading inland through afternoon. Will clear from west toward dusk.
<b>Cloud on the hills?</b>	<b>Will vary: Generally highest cloud base Lochaber.</b> Loch Lomond NP; Arran, Jura, Mull: Cloud widely above 400 to 600m morning, but base rising inland toward 1000m; then lowering again in rain - forming on lowest south facing coastal slopes. Elsewhere: Clearing for several hours before in rain filling in above 750 to 1000m.
<b>Chance of cloud free Munros?</b>	<b>20%, but until mid afternoon 70% Lochaber</b>
<b>Sunshine? Air clarity (below cloud)</b>	Little or no sun. Mostly good visibility morning, although increasing haze near coast. Will become poor in rain.
<b>How Cold? (at 900m)</b>	10C near coast. 12C, but for a few hours in afternoon 14 or in Lochaber 15C.
<b>Freezing Level</b>	Above the summits

## West Highlands - Looking Ahead

	<b>Saturday 3 August</b>	<b>Sunday 4 August</b>
<b>How windy? (On the Munros)</b> <b>Effect of wind on you?</b>	Southwesterly ranging from 30 to 35mph Mull and mainland immediate coastal to 25mph Arran and central highlands. <b>Fairly small well inland, but walking arduous at times elsewhere.</b> <b>Particularly gusty near showers.</b>	Southwest turning southeasterly and strengthening, firstly 20mph, becoming 35mph, perhaps gusty 45mph near coast. <b>Starting mostly small, but deteriorating, along the western coast walking becoming arduous, balance affected.</b>
<b>How wet?</b> (Precipitation and its impact)	<b>Showers</b> Showers, some heavy. The rain most frequent western mountains. Elsewhere, often dry during morning.	<b>Morning mostly dry, rain afternoon</b> In the morning only an odd patch of rain. Rain moving in onto the coast during the day. Toward the evening spreading for the whole area and intensifying.
<b>Cloud on the hills?</b>  <b>Chance of cloud free Munros?</b>	<b>Extensive near coast &amp; Loch Lomond NP</b> West of Loch Linnhe/near & west of Glen Etive, Loch Awe and across Loch Lomond NP: cloud base typically 650m, dropping below 450m at times in rain. Elsewhere: by late morning, most cloud confined above 1000m, but temporarily patches below 600m in and after rain. <b>20%</b>	<b>Hills covered southwest, other clear</b>  Cloud shrouding hills on the western coast on and around Mull most of the day, perhaps rising above those in the afternoon. Inland mostly cloud-free hills except for morning mist. Clouds forming in afternoon rain.  <b>30% but 60% Lochaber until later afternoon</b>
<b>Sunshine?</b> Air clarity (below cloud)	Rare glimpses of sun, although the sun 'inland out' near and north of Glen Spean. Haze near the coast, inland very good or excellent visibility.	Little to no sun.  Hazy near coast; excellent visibility well inland before becoming poor in rain.
<b>How Cold? (at 900m)</b>  <b>Freezing Level</b>	6C near the coast, reaching 10C well inland in afternoon.  Above the summits	8 to 11C, may feel distinctly colder in wind  Above the summits

**Planning Outlook****All mountain areas of Britain from Saturday, 3 August, 2024**

Low pressure centres, mostly passing northwest of Scotland), and their associated fronts, will intermittently windy and wet conditions next week. Most rainfall will be on western mountains, with considerable rainfall on the W & NW highlands of Scotland. Frequently windy across Scotland. Lowest rainfall will be in eastern Scotland, the southern Pennines and easternmost Wales. Temperature wise warm and very humid on Monday, but through the week generally colder than this week.

**Forecast issued at 15:32 on Thursday, 1 August, 2024**

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2024.