

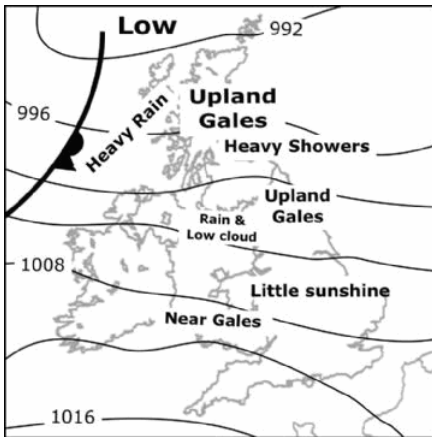
West Highlands

Western Highlands accessible from, and south of, Glenfinnan (Road to the Isles) and Glen Spean (includes Creag Meagaidh). This area includes Ben Nevis and the mountains around Glencoe. In the east, from Ben Alder south to Loch Lomond and Trossachs NP. Also Arran and Mull.



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General Summary for Thursday, 4 July, 2024



British Mountain Summary:

Based on forecast chart for noon 4 July, 2024

Wet for most in the mountains, heavy rain in western Scotland and at times on the Cairngorms. Gales on the Highlands, Pennines and in Lake District, very windy also in Wales. Frequent rain in Lakes and North Pennines, mostly dry in Peak District and Snowdonia, but risk of random shower occurring. Harsh day for mountain activity.

Headline for West Highlands

Heavy rain, cold, murky, very windy with severe gusts

Detailed Forecast for Thursday, 4 July, 2024

How windy? (On the Munros)	Westerly 30 to 40mph on some higher peaks. Strongest afternoon. Gusts up to 60mph possible.
Effect of wind on you?	Arduous, walking becoming difficult, severe conditions on exposed ridges. Buffeting leads to highly affected balance and significant wind chill factor.
How wet? (Precipitation and its impact)	Persistent rain, heavy around Ben Nevis Fairly persistent rain on the coastal hills, particularly heavy around Loch Linnhe, very wet underfoot, snow above ~1000m in the morning. Well inland rain on and off, most widespread and continuous afternoon. Chance for longer dry periods south Loch Lomond NP.
Cloud on the hills?	Hills mostly covered extensively Coastal hills in clouds all day. Well inland banks of clouds on various levels at start, cloud base lifting above most hills, but returning in showers.
Chance of cloud free Munros?	10%
Sunshine? Air clarity (below cloud)	Hardly any sunshine. Mostly poor visibility.
How Cold? (at 900m)	Around 4C. Feeling more like -10C in wind.
Freezing Level	1200m in the morning, lifting above all tops during the day.

West Highlands - Looking Ahead

	Friday 5 July	Saturday 6 July
How windy? (On the Munros) Effect of wind on you?	Southwesterly 15 to 25mph, 30mph in the morning on the highest tops, gusts 40mph possible. Mostly small, but blustery in exposed terrain, affect comfortable walking and balance on the ridges in the morning.	Northwesterly, starting 10 to 20mph, increasing to 25mph. Mostly small, but becoming noticeable toward the evening, may affect balance on exposed ridges.
How wet? (Precipitation and its impact)	Drizzle or light showers Light rain or drizzle for a time, often dry in the morning toward Loch Lomond. In the afternoon light, brief showers possible everywhere.	Patchy rain north, locally showers south Patchy rain in the north, mostly dry toward Loch Lomond with only odd shower there. Significant uncertainty for the details.
Cloud on the hills?	Hills partly covered, often clearing Coastal hills mostly in clouds, inland cloud base starting at around 600m and lifting gradually, clearing most hills but perhaps staying on the highest ones above 1000-1200m.	Hills covered extensively Cloud on most hills in the morning, lifting, perhaps clearing lower slopes and some lower tops below 900m toward Loch Lomond, but Munros all day in clouds.
Chance of cloud free Munros?	30% rising to 60% inland afternoon	10%
Sunshine? Air clarity (below cloud)	Glimpses of sunshine by the coast, more sunny spells east of Fort William. Visibility reduced on the coast.	Mostly overcast. A few sunbeams possible toward Loch Lomond. Often poor visibility.
How Cold? (at 900m) Freezing Level	Around 6C, feeling a bit colder in the afternoon due to wind chill effect Above the summits.	5 to 8C, warmest inland Just above highest summits in the morning, rising later

Planning Outlook

All mountain areas of Britain from Friday, 5 July, 2024

Cool period continuing. Friday rain on western Scottish coast and in the Brecon Beacons, showers reaching to central Highlands, mostly dry southern Scotland and northern England, here most sunshine. Wet in Scotland also during the weekend, better toward northern England, drizzle common on western coast of Britain. Start of the week much improvement in weather, rare showers, frequent sunshine mostly light winds. Fine weather about to last until Thursday, when another frontal system is expected to reach UK.

Forecast issued at 15:20 on Wednesday, 3 July, 2024

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2024.