

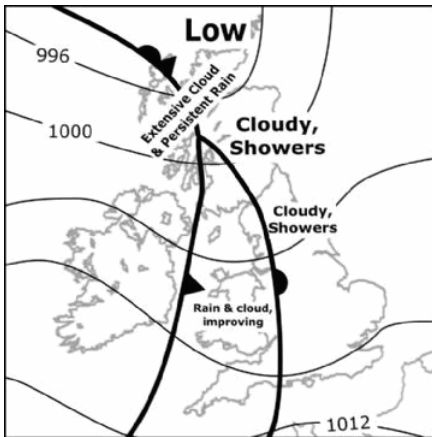
West Highlands

Western Highlands accessible from, and south of, Glenfinnan (Road to the Isles) and Glen Spean (includes Creag Meagaidh). This area includes Ben Nevis and the mountains around Glencoe. In the east, from Ben Alder south to Loch Lomond and Trossachs NP. Also Arran and Mull.



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General Summary for Wednesday, 3 July, 2024



British Mountain Summary:

Based on forecast chart for noon 3 July, 2024

Wet day for most in the mountains, with low cloud and often windy conditions. Particularly in Scotland murky and chilly winds, persistent rain in the west, on and off in the east Highlands. In England frequent rain spells, in Wales mostly showers on the western coastal hills, fading toward the evening.

Headline for West Highlands

Frequent rain, persistent on coast. Windy, murky, cool

Detailed Forecast for Wednesday, 3 July, 2024

How windy? (On the Munros)	Southwest turning westerly, starting 20 to 30mph, likely increasing further later in daytime to 35-40mph, stronger gusts.
Effect of wind on you?	Conditions becoming challenging on higher mountains toward the evening, frequent buffeting, gusts affecting balance. Feeling distinctly cold.
How wet? (Precipitation and its impact)	Frequent or persistent rain Rain and drizzle much of the day, steady and heavy as fronts move through in the morning. May fade later to scattered showers, more persistent again into the night. By dusk possibly falling as sleet on Ben Nevis summit.
Cloud on the hills?	Extensive Covering the mountains widely, lowest and most persistent cloud toward the west coast. Some breaks above 700m inland. Bases tending to rise later in daytime.
Chance of cloud free Munros?	10%
Sunshine? Air clarity (below cloud)	Generally overcast. Poor visibility, some improvements mainly toward east.
How Cold? (at 900m)	4 to 8C, dropping to 3C later in day. Wind chill feeling like -5C or later colder.
Freezing Level	Above the summits, but dropping close to freezing point on Ben Nevis summit late evening.

West Highlands - Looking Ahead

	Thursday 4 July	Friday 5 July
How windy? (On the Munros) Effect of wind on you?	Westerly 30 to 40mph on some higher peaks. Strengthening during the day. Gusts up to 55mph possible. Arduous, walking becoming difficult. Buffeting leads to highly affected balance and significant wind chill factor.	Southwesterly 15 to 25mph, 30mph in the morning on the highest tops, gusts 40mph possible. Mostly small, but blustery in exposed terrain, affect comfortable walking and balance on the ridges.
How wet? (Precipitation and its impact)	Persistent rain, heavy bursts afternoon Fairly persistent rain on the coastal hills. Well inland mostly dry in the morning, showers developing afternoon. Possible heavy bursts especially around Loch Linnhe.	Rain on and off Rain on and off on the coastal hills, often dry in the morning well inland, but in the afternoon showers also there.
Cloud on the hills?	Hills mostly covered extensively Coastal hills in clouds all day. Well inland banks of clouds on various levels at start, cloud base lifting above most hills, but returning in showers.	Hills partly covered, often clearing Coastal hills mostly in clouds in the morning, cloud lifting above most tops in the afternoon, perhaps staying on the highest ones above 1000-1200m. Well inland cloud patches coming and going.
Chance of cloud free Munros?	10%	30% rising to 60%
Sunshine? Air clarity (below cloud)	Hardly any sunshine. Mostly poor visibility.	Glimpses of sunshine by the coast, more sunny spells east of Fort William. Visibility reduced on the coast.
How Cold? (at 900m) Freezing Level	Around 4C. Feeling below -5C in wind. Around Ben Nevis summit level in the morning, lifting above all tops during the day.	Around 6C Just above Ben Nevis summit level in the morning, lifting much higher gradually.

Planning Outlook

All mountain areas of Britain from Thursday, 4 July, 2024

Cooling in the night to Thursday, with sleet falling on highest Scottish peaks. A trough arriving on Thursday to Scotland brings another wet day on the Highlands with upland gales. England and Wales, although very windy and gusty, should get some sun between common showers, perhaps excluding Lake District and North Pennines, where clouds and rain still dominate. Damp, but generally much drier on Friday, some rain still in West and Northwest Highlands, in Brecon Beacons, Snowdonia and Peak District. Uncertain development further on, most likely fairly cold for the season. Chance for fine conditions during the weekend but unstable air may cause locally heavy showers or thunderstorms.

Forecast issued at 14:11 on Tuesday, 2 July, 2024

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2024.