

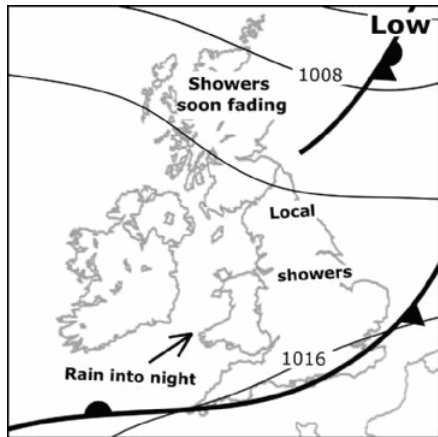
West Highlands

Western Highlands accessible from, and south of, Glenfinnan (Road to the Isles) and Glen Spean (includes Creag Meagaidh). This area includes Ben Nevis and the mountains around Glencoe. In the east, from Ben Alder south to Loch Lomond and Trossachs NP. Also Arran and Mull.



Sprayway - Creating Function First Outdoor Clothing Since 1974
View our full range at [Sprayway.com](https://www.sprayway.com)

General Summary for Tuesday, 19 March, 2024



British Mountain Summary:
Based on forecast chart for noon 19 March, 2024

Upland gales for the Highlands in the morning will ease. Early heavy bursts of rain clearing eastwards to leave often drier conditions. Variable cloud amounts, most persistent over western mountains, but lifting with some breaks forming.

Headline for West Highlands
Gales easing. Early showers fade.

Detailed Forecast for Tuesday, 19 March, 2024

How windy? (On the Munros)	Southerly, soon veering westerly, 30 to 45mph, strongest in the morning, later dropping to 20mph or less.
Effect of wind on you?	Be prepared for arduous, or for a time difficult conditions with significant wind chill. Improving during the day.
How wet? (Precipitation and its impact)	Heavy showers soon easing A band of showery at times heavy and squally rain will move through early morning, risk isolated hail and thunder briefly. Then local drizzly showers, snow flurries on the Munros.
Cloud on the hills?	Fairly extensive upper slopes. Cloud bases varying, but fairly extensive through day upper slopes, and even to mid slopes in morning. Best of the breaks in the afternoon, widely well inland.
Chance of cloud free Munros?	20% morning, 60% afternoon.
Sunshine? Air clarity (below cloud)	Cloudy morning, patches of sun in the afternoon, especially in the east. Visibility poor in morning rain, but becoming very good.
How Cold? (at 900m)	3C lowering to 1C during morning. Wind chill feeling as cold as -10C where directly in strongest winds in morning.
Freezing Level	Above the summits early in day, then lowering to 1000m into middle of day.

All mountain areas of Britain from Wednesday, 20 March, 2024

A period of sustained gales over the tops late this week and likely into the weekend - severe gales over Scottish tops on Thursday at least; significant or at times severe wind chill factor.

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service. 2024.