

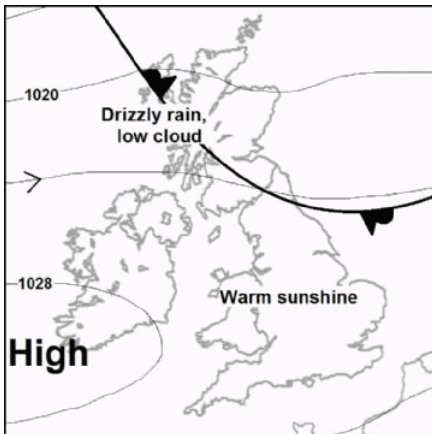
West Highlands

Western Highlands accessible from, and south of, Glenfinnan (Road to the Isles) and Glen Spean (includes Creag Meagaidh). This area include Ben Nevis and the mountains around Glencoe. In the east, includes Ben Alder south to Loch Lomond and Trossachs NP. Includes Arran and Mull.



Be ready for whatever the weather brings at Ellis Brigham Mountain Sports
www.ellis-brigham.com your go to place for all your outdoor equipment needs this winter.

General Summary for Sunday, 7 August, 2022



British Mountain Summary:

Based on forecast chart for noon 7 August, 2022

Generally damp and murky across western Scotland, extensive fog from low elevations upward. Drizzly rain pushing northwards with lowering cloud bases. Largely dry eastern Highlands. Mostly dry northern England, some cloud banks on Lakeland tops. Widely breezy on hills. Sunny and warm for Wales and Peaks, lighter winds.

Headline for West Highlands

Blanket fog, rain and drizzle, wettest west. Breezy.

Detailed Forecast for Sunday, 7 August, 2022

How windy? (On the Munros)	Westerly, 15 to 25mph, typically strongest Arran. For a few hours around dawn, 30-40mph on many higher summits.
Effect of wind on you?	Blustery on higher terrain, likely to impede ease of walking where exposed on the Munros. Feeling chilly.
How wet? (Precipitation and its impact)	Drizzle or steady rain west Drizzly rain most of the day across many areas. The most persistent steady rain near to the west coast, may start to fade out from the south through the afternoon. Further inland, patchier drizzle. Near and northeast of Ben Nevis, smaller amounts and may ease off for periods.
Cloud on the hills?	Extensive, to lower slopes toward west Blanket low cloud likely to shroud western mountains much of the day, from lowest slopes upward near to coasts and sea lochs. Somewhat higher bases inland northeast from about Crianlarich, 600-800m, highest breaks toward Loch Treig. May improve a little around Arran and Ben Lomond later afternoon with rising cloud bases.
Chance of cloud free Munros?	Below 10% most areas, 20% well inland in Lochaber.
Sunshine? Air clarity (below cloud)	Misty or murky for a time near coasts. Visibility good below cloud inland. A little sun may break through into afternoon around Loch Lomond and Arran.
How Cold? (at 900m)	8C where in cloud, up to 11C well inland; little change during day. Wind chill will make it feel close to freezing where exposed on high tops.
Freezing Level	Above the summits

West Highlands - Looking Ahead

	Monday 8 August	Tuesday 9 August
How windy? (On the Munros) Effect of wind on you?	Southwesterly, 15 to 20mph inland and southern areas, up to 25 to 30mph higher tops in Lochaber and out to Mull. Fairly small many areas, but likely to impede ease of walking on higher terrain, very blustery some western tops.	Southwesterly, 15 to 25mph southern areas, 25 to 35mph Lochaber to Mull, later risk 45mph higher summits. Increasingly blustery, particularly Ben Nevis range and tops further west, later arduous conditions with sudden gusts.
How wet? (Precipitation and its impact)	Rain unlikely most areas Risk of a little drizzly rain mainly coastal areas west of Loch Linnhe. Otherwise generally dry.	Little or no rain Pockets of drizzly rain on hills near or mostly west of Loch Linnhe.
Cloud on the hills? Chance of cloud free Munros?	Mostly very little Patchy mist or fragments of cloud around some slopes in the morning, but all dispersing inland. Near west coast, cloud banks may linger for a few hours, but even here likely to break up. 80%	Low cloud Lochaber to Mull, lowest coasts Coastal areas north from about Mull likely shrouded in low cloud, to lower slopes for periods, sometimes lifting above 600m. Further inland, banks of cloud often capping tops in Lochaber above 800-1000m. Loch Lomond NP & Arran more often free of low cloud. 20% west of L.Linnhe up to 70% south.
Sunshine? Air clarity (below cloud)	Sunshine tending to weaken as high level cloud spills in from west, may become more overcast later. Visibility mostly very good.	Sunshine and varied amounts of high cloud. Visibility very good, but hazy or misty at times toward the west coast.
How Cold? (at 900m) Freezing Level	8C if in cloud in west, up to 11C well inland. Above the summits	9C if in cloud near west coast, up to 12C well inland. Feeling close to freezing on highest tops in the wind. Above the summits

Planning Outlook**All mountain areas of Britain from Monday, 8 August, 2022**

Southwesterly winds continue to influence Scotland. Rain or drizzle will be most frequent in the Northwest Highlands, where low cloud will often shroud coastal hills. Winds strengthening at times toward gale force on the tops, strongest later Tuesday. Further south and east across Scotland, it will be commonly dry with higher cloud bases, becoming warmer and more humid with time. High pressure extends across England and Wales, leading to a settled outlook for the week ahead here, generally dry with light winds, becoming increasingly warm or very warm, particularly in southern areas.

Forecast issued at 16:00 on Saturday, 6 August, 2022

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2022.