

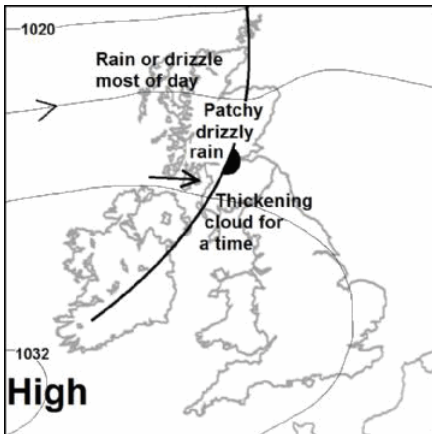
West Highlands

Western Highlands accessible from, and south of, Glenfinnan (Road to the Isles) and Glen Spean (includes Creag Meagaidh). This area include Ben Nevis and the mountains around Glencoe. In the east, includes Ben Alder south to Loch Lomond and Trossachs NP. Includes Arran and Mull.



Be ready for whatever the weather brings at Ellis Brigham Mountain Sports
www.ellis-brigham.com your go to place for all your outdoor equipment needs this winter.

General Summary for Saturday, 6 August, 2022



British Mountain Summary:

Based on forecast chart for noon 6 August, 2022

A warm front passes eastwards across Scotland, bringing cloud, some rain or drizzle. The northwest stays damp, but areas toward central Scotland will become brighter. Thickening cloud over hills of northern England and a little drizzle. Dry and fairly sunny for Wales.

Headline for West Highlands

Breezy, quite cool. Low cloud, drizzly rain, some improvements.

Detailed Forecast for Saturday, 6 August, 2022

How windy? (On the Munros)	West to southwesterly, in the range 20 to 30mph, increasing afternoon into evening to 35-40mph on highest tops in Ben Nevis range.
Effect of wind on you?	Walking impeded where exposed on higher terrain, in places buffeting for periods. Becoming increasingly arduous later on high summits. Feeling chilly on higher tops.
How wet? (Precipitation and its impact)	Drizzly rain most widespread morning Rain and drizzle spills in from the west before dawn, extending across all areas early morning to be generally damp for several hours, but rainfall amounts small. Drizzly showers may come and go all day near west coast, but largely fizzling out inland to become mainly dry.
Cloud on the hills?	Extensive, blanket fog morning, some improvements afternoon. Blanket low cloud to lower slopes for much of the region in the morning, and shrouding western mountains most or all day, possibly improving during afternoon with rising cloud base. Further inland, lifting toward 700-900m, some higher breaks forming east from Rannoch Moor into the afternoon.
Chance of cloud free Munros?	Below 10%, rising to 20%.
Sunshine? Air clarity (below cloud)	Misty or murky for many places during the morning, visibility improving to become very good below cloud. Coastal areas may stay misty or hazy. A little sun breaking through inland in the afternoon.
How Cold? (at 900m)	5 to 7C, rising to 9C where not in cloud. Will feel close to freezing directly in the wind.
Freezing Level	Above the summits

West Highlands - Looking Ahead

	Sunday 7 August	Monday 8 August
How windy? (On the Munros) Effect of wind on you?	West to southwesterly, 15 to 25mph, occasionally 30mph on higher summits, possibly 40mph Ben Nevis range at dawn. May impede walking at times on higher areas, particularly early morning when possibly arduous on some tops.	Southwesterly, 15 to 20mph inland and southern areas, up to 25 to 30mph higher tops in Lochaber and out to Mull. Fairly small many areas, but likely to impede ease of walking on higher terrain, very blustery some western tops.
How wet? (Precipitation and its impact)	Drizzle or rain for a time Drizzle or some steady rain for a time in the morning, particularly toward coast where much of the day may stay damp. Patchy drizzle elsewhere, but often dry toward central highlands.	Rain unlikely most areas Risk of a little drizzly rain mainly coastal areas west of Loch Linnhe. Otherwise generally dry.
Cloud on the hills?	Extensive, lowest coasts, may improve Low cloud likely to shroud the west coast much of the day, particularly west of Loch Linnhe, where to lowest slopes. Inland mostly above 600-800m. May improve southern areas, with rising bases and breaks forming inland.	Mostly very little Patchy mist or fragments of cloud around some slopes in the morning, but all dispersing inland. Near west coast, cloud banks may linger for a few hours, but even here likely to break up.
Chance of cloud free Munros?	10% west, 30% inland afternoon.	80%
Sunshine? Air clarity (below cloud)	Misty or murky for a time near coasts. Visibility good below cloud inland. A little sun may break through into afternoon around Loch Lomond and Arran.	Sunshine tending to weaken as high level cloud spills in from west, may become more overcast later. Visibility mostly very good.
How Cold? (at 900m) Freezing Level	8C where in cloud, up to 11C well inland; little change during day. Above the summits	8C if in cloud in west, up to 11C well inland. Above the summits

Planning Outlook**All mountain areas of Britain from Sunday, 7 August, 2022**

Southwesterly winds continue to influence Scotland into next week. Rain or drizzle will be most frequent in the Northwest Highlands, where low cloud will often shroud coastal hills. Winds strengthening at times toward gale force on the tops. Further south and east across Scotland, it will be commonly dry with higher cloud bases, becoming warmer and more humid with time. High pressure extends across England and Wales, leading to a settled outlook for the week ahead here, generally dry with light winds, becoming increasingly warm or very warm, particularly in southern areas.

Forecast issued at 16:30 on Friday, 5 August, 2022

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2022.