

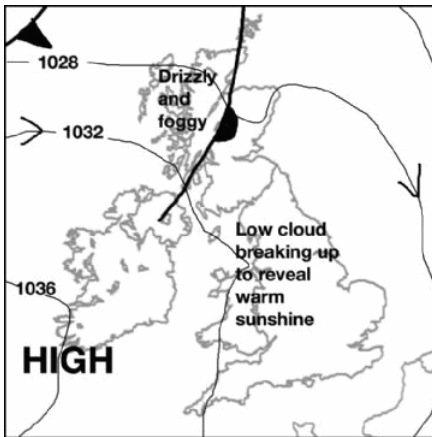
West Highlands

Western Highlands accessible from, and south of, Glenfinnan (Road to the Isles) and Glen Spean (includes Creag Meagaidh). This area include Ben Nevis and the mountains around Glencoe. In the east, includes Ben Alder south to Loch Lomond and Trossachs NP. Includes Arran and Mull.



Be ready for whatever the weather brings at Ellis Brigham Mountain Sports
www.ellis-brigham.com your go to place for all your outdoor equipment needs this winter.

General Summary for Thursday, 7 July, 2022



British Mountain Summary:

Based on forecast chart for noon 7 July, 2022

Scotland: Low cloud extensive west/northwest Highlands with drizzle toward west coast; more widely developing western hills later. Cloud breaking up to sunshine in the east.

England and Wales: Low cloud and patchy drizzle mostly clearing to sunshine, but may linger some western hills.

Headline for West Highlands

Extensive low cloud and drizzly toward coast. Cloud breaking for a time inland.

Detailed Forecast for Thursday, 7 July, 2022

How windy? (On the Munros)	Westerly typically 20-25mph, strongest Lochaber; locally gusty. Mostly 15-20mph near Clyde sea lochs.
Effect of wind on you?	Mostly fairly small, but sudden gusts may unbalance you on lower slopes to east of higher tops and ridges and through some cols.
How wet? (Precipitation and its impact)	Drizzly toward coast, extending inland Substantially dry, although risk of a pocket of drizzle. By late morning, rain unlikely central highlands and Loch Lomond NP. Drizzle more widely developing western hills later in afternoon and into evening.
Cloud on the hills?	Persistently very low near coast; may break up well inland for a time Near the coast constant fog, in places from coastal cliffs upward. Progressively inland, breaks likely to or above 700m for a time, before bases lower again as afternoon progresses. Cloud may all clear for a few hours central highlands and Loch Lomond NP.
Chance of cloud free Munros?	20%
Sunshine? Air clarity (below cloud)	Extensively dull and hazy near the coast, slowly extending inland, but sun breaking through for a time central highlands and Loch Lomond NP, where visibility would be excellent.
How Cold? (at 900m)	9C, but where sun break through (easternmost summits) a few degrees warmer afternoon.
Freezing Level	Above the summits.

West Highlands - Looking Ahead

	Friday 8 July	Saturday 9 July
How windy? (On the Munros) Effect of wind on you?	Westerly around 20mph at first, then increasing through day to 25 to 35mph; strongest in afternoon. Will impede walking for periods across the hills, at times fairly arduous. Strongest winds not necessarily on highest tops.	Westerly 20 to 30mph, perhaps 35mph at times; especially N Lochaber. Be prepared for blustery conditions with walking impeded at times, especially across N Lochaber.
How wet? (Precipitation and its impact)	Drizzly rain on and off Areas of drizzly rain, most frequent across western mountains. Drizzly rain more intermittent across central Highlands where amounts small.	Drizzly showers towards the west coast. Substantially dry, but general dampness towards west coast where drizzly showers will come and go. Occasionally extending further inland.
Cloud on the hills?	Extensive, widely to lower slopes near coast. Blanket low level cloud covering the hills throughout the day. Bases widely to lowest slopes western mountains.	Extensive, but breaking up further inland. Low cloud extensive and covering hills widely much of the day. To lowest slopes near coast, progressive rise in base further inland; may break central Highlands.
Chance of cloud free Munros?	Less than 10%	20%
Sunshine? Air clarity (below cloud)	Overcast, glimpses of sun possible lower slopes inland. Widely murky and misty, good at times inland.	Mostly cloudy, sun breaking progressively breaking through further eastwards. Visibility misty and murky toward coast, but progressively improving further inland.
How Cold? (at 900m) Freezing Level	9 to 11C Above the summits	8 to 11C, coolest in morning where in cloud. Above the summits

Planning Outlook**All mountain areas of Britain from Friday, 8 July, 2022**

Persistent high pressure off SW Britain will bring extensive dry weather to and through next weekend, although in western Scotland, with the wind off the sea, often cloudy and fronts may bring rain on Sunday.

On western mountains the cloud will bring persistent fog until Friday, even to lowest slopes near the coast. However, remaining murky toward west coast of Scotland with further drizzle at times.

Forecast issued at 17:07 on Wednesday, 6 July, 2022

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2022.