

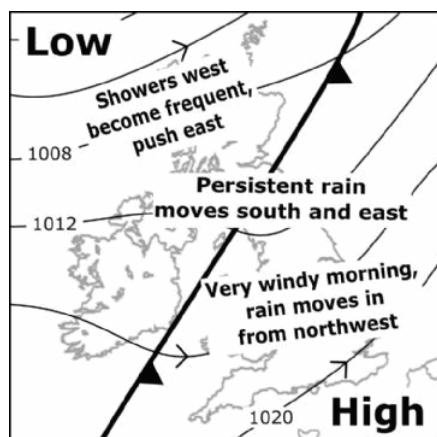
Southern Uplands

The Galloway hills eastward to the Lammermuir hills. The Cheviots (including higher hills within the adjacent Northumberland NP).



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General Summary for Thursday, 15 October, 2026



British Mountain Summary:

Based on forecast chart for noon 15 October, 2026

A band of rain over south Scotland moves south and east, several hours of steady rain first reach north England and gradually spreads into Wales and Pennines. Very windy and mild England and Wales before the rain arrives. Scotland is chilly with showers and sun breaks, showers increase and push east with time.

Headline for Southern Uplands

Gales early with persistent rain; both ease from the west

Detailed Forecast for Thursday, 15 October, 2026

How windy? (On the summits) Effect of wind on you?	Southwesterly 45-55mph at dawn, easing from the west and shifting westerly, to 20-25mph later. Staying windy longest over the Cheviot, may only begin to ease afternoon. Challenging conditions to start with significant wind chill, effects easing, to become fairly small later.
How wet? (Precipitation and its impact)	Persistent morning, clearing west through afternoon Steady rain from overnight into morning, persistent falls for most areas, largest rainfall totals near and west of the M74, and towards Solway. Trending patchy and clearing away from the west as afternoon goes, may linger over the Cheviot into evening. Some showers forming west evening into night.
Cloud on the hills? Chance of cloud free summits?	Fairly extensive, improving from west Blanket cloud from at least 600m up through morning, lowest bases south and west, where extensive to low slopes facing the Solway, patches into valleys during heaviest falls. Cloud will lift and break up from the west, a few banks clinging to highest tops, mostly around showers; Cheviots may not clear cloud until late or after dark. 20%, rising to 50% west later
Sunshine? Air clarity (below cloud)	Overcast with poor visibility through morning. Sun breaking out west afternoon with good visibility, best Ayrshire. East areas may remain overcast into evening.
How Cold? (at 750m) Freezing Level	10C, gradually cooling from the west, finishing near 5 to 7C (staying mildest east). Will become widely 5C into/overnight. Feeling like 0 to -4C in wind. Above the summits.

All mountain areas of Britain from Friday, 16 October, 2026

Friday starts fresh with local valley frosts, freezing level onto the highest Munros. Bright for many, though showers affect west areas, particularly Scotland, and spread more widely afternoon. A window of settled weather follows over the weekend as a core of high pressure builds over Scotland. Clear night skies allow for chilly mornings with ground frosts and some valley mist. Sun breaking out, though some cloud will linger on upper slopes, only limited scope for local inversion conditions. An easterly breeze will keep the skies a touch cloudier in England and Wales, chance a little light rain for England on Sunday. Pressure remains high into next week though some areas of low pressure will try to break through. Forecast confidence reduces from mid-week with a risk of unsettled conditions returning.

The Production of the Scottish forecasts is fully funded by sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.