

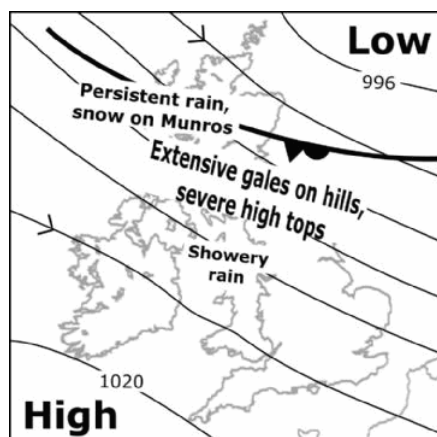
Southern Uplands

The Galloway hills eastward to the Lammermuir hills. The Cheviots (including higher hills within the adjacent Northumberland NP).



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General Summary for Saturday, 10 October, 2026



British Mountain Summary:

Based on forecast chart for noon 10 October, 2026

Westerly gales across many mountains will make walking challenging and bring significant chill factor; air temperature close to freezing point on highest summits. Rain most persistent in western Scotland, snow falling on high tops. Frequent showery rain for northwest England, fewer showers south across Wales.

Headline for Southern Uplands

Gales on hills; showery rain, most persistent west.

Detailed Forecast for Saturday, 10 October, 2026

How windy? (On the summits) Effect of wind on you?	West-northwesterly 40 to 50mph, very gusty, typically strongest morning through middle of day, on highest tops speeds to 60mph at times; slight lessening later. Gradually lowering further onward into night. Challenging conditions, stability requiring constant effort, gusts knocking you around, on exposed tops could blow you over. Significant wind chill.
How wet? (Precipitation and its impact)	Frequent showers west A near-constant stream of showers into Dumfries and Galloway most or all day, some persistent falls with heavy bursts. A scattering of showers further east, and locally more frequent over an hour or so. Easing a little toward evening.
Cloud on the hills? Chance of cloud free summits?	Fairly extensive west Terrain above 700m in cloud most of the day near and west of M74, a few higher breaks east, only fleetingly to summits. Bases regularly lower and fill in lower around showers, ragged patches to some lower elevations. 20%
Sunshine? Air clarity (below cloud)	Some sunny bursts east, but more often overcast. Generally poor visibility on high terrain and a haze west.
How Cold? (at 750m) Freezing Level	3C rising to 5C, or 6C on sunny aspects in the east but will vary in showers. Feeling near -10C in strongest wind. Above the summits.

All mountain areas of Britain from Sunday, 11 October, 2026

After a fine but cool day on Sunday, damp and mild southwesterly air moves back across the country into Monday. Southwesterly winds strengthen late Monday to widely gale-force over the hills, heavier rain likely into early Tuesday, followed by showers and a slight drop of temperature. Very unsettled west-southwesterlies continue into midweek - sustained mountain gales, possibly stormy at times and spells of heavy rain for all areas. A changeable westerly theme likely continues beyond mid-month - occasional windows of drier weather, but more often windy with rain or showers coming in from the Atlantic, sometimes cold enough to fall as snow on Scottish high tops.

Forecast issued at 16:00 on Friday, 9 October, 2026

The Production of the Scottish forecasts is fully funded by sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service. 2026.