

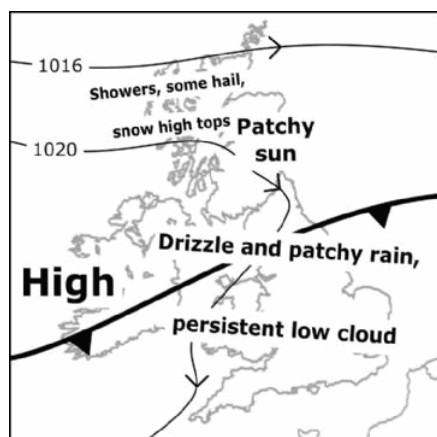
Southern Uplands

The Galloway hills eastward to the Lammermuir hills. The Cheviots (including higher hills within the adjacent Northumberland NP).



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General Summary for Tuesday, 6 October, 2026



British Mountain Summary:

Based on forecast chart for noon 6 October, 2026

Chilly in Scotland, blustery showers northwest with hail, snow on summits. Showers well-scattered elsewhere, regular sun breaks. Patchy rain, drizzle, and low cloud affect England and Wales most of the day; some areas of east Wales see windows of cloud breaks and good visibility.

Headline for Southern Uplands

Morning rain tends to break up for sunshine

Detailed Forecast for Tuesday, 6 October, 2026

How windy? (On the summits)	Northwesterly 10-15mph, some variability through the day both above and below this range.
Effect of wind on you?	Mostly small.
How wet? (Precipitation and its impact)	Morning rain largely clears Patchy overnight rain continuing into the morning, some chance of local steadier falls, but tending to break up from midday, increasingly dry through afternoon.
Cloud on the hills?	Blanket of fog probable at first, very likely to clear Fog across the hills overnight and into the morning will break up and clear from the north, may variably return around midday, then mostly clearing away southward afternoon.
Chance of cloud free summits?	20% rising to 80%
Sunshine? Air clarity (below cloud)	A dull and misty start, sunny glimpses breaking out from the north, mostly sunny by later afternoon with very good visibility.
How Cold? (at 750m)	5 or 6C much of the day, perhaps warmer just at dawn. Will feel near freezing point directly in the wind.
Freezing Level	Above the summits.

Southern Uplands - Looking Ahead

	Wednesday 7 October	Thursday 8 October
How windy? (On the summits) Effect of wind on you?	West veering northwesterly in the range 20 to perhaps 30mph. May strengthen Galloway later in day. Often fairly small, but ease of walking and balance sometimes difficult near showers. Considerable wind chill.	Northwesterly shifting southwesterly, 10-15mph, but stronger to start. Significantly strengthening into evening. Mostly small.
How wet? (Precipitation and its impact)	Hail showers Sudden hail showers, sometimes frequent mainly west of M74, will extend eastwards from midday onward.	Rain arrives afternoon Dry through morning into afternoon. Rain arrives from the west as afternoon goes, quickly becoming frequent at least in the west; east areas may only see patchy rain during daylight, but rain spreads widely overnight.
Cloud on the hills? Chance of cloud free summits?	Variably covering high terrain Cloud comes and goes above 700-800m west of the M74 much of the day. In the morning, eastern hills are largely clear of cloud, then as showers arrive, cloud base lowers onto hills, as low as 500-600m Ayrshire, but also breaking. 70%, lowering to 40%	Little until later A little patchy cloud at varied heights in the morning, mostly Dumfries and Galloway, breaking up as the day gets going for clear hills. From later afternoon, banks return to high west terrain, spreading east and filling in overnight. 90%
Sunshine? Air clarity (below cloud)	Often sunny, patchier east and later more widely patchy. Visibility sometimes very poor, but otherwise good, although a haze.	Sunny to start, high cloud soon building, increasingly thickening. Very good visibility.
How Cold? (at 750m) Freezing Level	5C; will feel as cold as minus 4C directly in wind. Above the summits, though some light frosts likely in sheltered valleys.	5C, warming from the west later, to 10C or higher overnight. Above the summits.

Planning Outlook

All mountain areas of Britain from Wednesday, 7 October, 2026

A brief colder period with the wind easing on Wednesday and Thursday with bright sun breaking out - some snow showers will affect high terrain in Scotland, some hail mixed in as well. Westerly wind returns as Thursday goes, bringing bands of rain, low cloud and strong upland winds across Britain. Saturday remains blustery and showery but with bright breaks forming, and then Sunday sees a more settled day as a small area of high pressure builds in from the south. The following week looked mixed with bands of rain coming and going, punctuated by regions of high pressure, but typically on the cloudy side. Generally mild temperatures.

Forecast issued at 15:41 on Monday, 5 October, 2026

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