

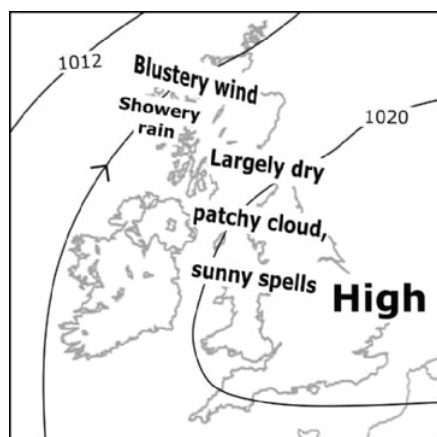
Southern Uplands

The Galloway hills eastward to the Lammermuir hills. The Cheviots (including higher hills within the adjacent Northumberland NP).



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General Summary for Monday, 28 September, 2026



British Mountain Summary:

Based on forecast chart for noon 28 September, 2026

Breezy over Scottish mountains, windier further northwest, feeling chilly. Showery for western Lochaber, Mull and around Skye, tending to fade during afternoon. Largely dry elsewhere, varied cloud over hills in morning, lifting and breaking above many tops with some sunshine. Lighter winds for England & Wales.

Headline for Southern Uplands

Moderate breeze eases. Patchy cloud clears hills, sunshine.

Detailed Forecast for Monday, 28 September, 2026

How windy? (On the summits)	Southwesterly 20mph, at times 25mph high tops in morning, tending to ease to 15mph during the afternoon. Into late evening and night, strengthening southeasterly to gusty 25-30mph.
Effect of wind on you?	Fairly small, but feeling breezy and rather cool on exposed higher areas in the morning.
How wet? (Precipitation and its impact)	Rare if any showers Chance of an odd brief light shower on hills nearest the Solway in the morning.
Cloud on the hills?	Patches lift and clear Some cloud banks in the morning mainly on south-facing slopes mainly in Dumfries & Galloway, plus local mist in some valleys around dawn inland. All lifting and dispersing for clear hills.
Chance of cloud free summits?	70% south early in day, rising widely above 90%.
Sunshine? Air clarity (below cloud)	Fairly cloudy start in west, sunshine initially best toward north and east, then more sun develops widely with time. Visibility excellent.
How Cold? (at 750m)	5C rising to 9C. Feeling near or just below 0C in early wind.
Freezing Level	Above the summits. Local pockets of slight frost at dawn in sheltered valleys.

All mountain areas of Britain from Tuesday, 29 September, 2026

Strong southeasterly winds by Tuesday, widely gales on mountains with turbulent downslope gusts toward the west; some rain developing from the south during the day, becoming heavy later - a band of rain moves northeast into early Wednesday, leaving blustery south-southwesterlies into Wednesday and Thursday, showery in the west. Some occasional rain further ahead, but more often looking drier as higher pressure tends to expand further north during early October. Mostly mild temperatures, some cooler nights develop.

The Production of the Scottish forecasts is fully funded by sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service. 2026.