

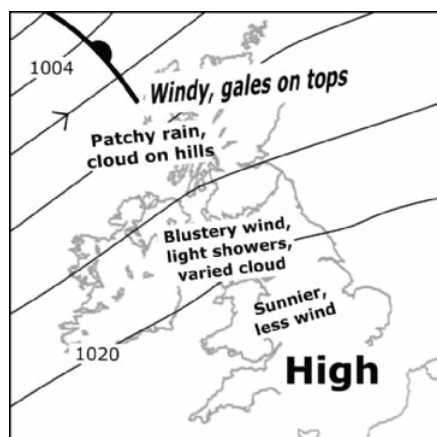
Southern Uplands

The Galloway hills eastward to the Lammermuir hills. The Cheviots (including higher hills within the adjacent Northumberland NP).



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General Summary for Saturday, 26 September, 2026



British Mountain Summary:

Based on forecast chart for noon 26 September, 2026

Strong southwesterly winds, gale-force on Scottish mountains, strengthening in the west. Showery rain and cloud banks in western Scotland, patchy rain extending inland. A little rain in the wind at times and some cloud on western hills of England and Wales, more often dry and less wind further south.

Headline for Southern Uplands

Windy on high terrain, some light rain, patchy cloud.

Detailed Forecast for Saturday, 26 September, 2026

How windy? (On the summits)	Southwesterly 25 to 40mph, strongest sustained speeds early and late in the day, into evening gusts 50mph high tops.
Effect of wind on you?	Walking impeded, sometimes strenuous over higher exposed terrain, becoming more frequent buffeting; marked wind chill.
How wet? (Precipitation and its impact)	Local light rain occasionally A little light showery rain most common Dumfries & Galloway, becoming more frequent here into evening. A few brief showers may drift towards the Cheviots but rainfall totals small. Largely dry Borders to Pentland hills.
Cloud on the hills?	Mostly little Patchy cloud sometimes capping tops mostly in west above 700-800m, more broadly in the early hours but tending to break up, little remaining and often clear in the east with time.
Chance of cloud free summits?	60% rising to 80%
Sunshine? Air clarity (below cloud)	Occasional sun, most often north and eastern areas. Visibility very good.
How Cold? (at 750m)	7C rising to 10C afternoon, or 11C east areas. Feeling like 0 to -3C in the wind.
Freezing Level	Above the summits.

All mountain areas of Britain from Sunday, 27 September, 2026

A changeable prospect during the week ahead. Sunday sees extensive rain moving in from the west with heavy bursts, accompanied by powerful southerly winds. Improving for many places into Monday as higher pressure expands in from the south, but showers and brisk winds continue toward northwest Scotland. Strong southeasterly winds by Tuesday, widely gales on mountains with turbulent downslope gusts toward the west; a risk of rain developing from the south during the day, becoming heavy later. Blustery south-southwesterlies into Wednesday and Thursday, showery in the west. Higher pressure tends to expand further north again into early October. Mostly mild temperatures.

Forecast issued at 16:30 on Friday, 25 September, 2026

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