

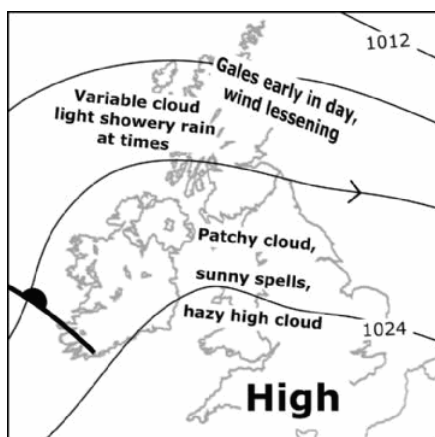
# Southern Uplands

The Galloway hills eastward to the Lammermuir hills. The Cheviots (including higher hills within the adjacent Northumberland NP).



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## General Summary for Saturday, 5 September, 2026



### British Mountain Summary:

#### Based on forecast chart for noon 5 September, 2026

Brisk and chilly westerly winds in the morning, starting gale-force on high tops in Scotland, but lowering speeds. A little light rain, brief showers mainly western Scotland with varied cloud on tops. Often dry with cloud breaks to tops for eastern Highlands, England and Wales, some sun and hazy high cloud.

### Headline for Southern Uplands

Windy start, lessening; largely dry, cloud lifting.

## Detailed Forecast for Saturday, 5 September, 2026

|                                                                         |                                                                                                                                                                                                                                                                                                                                                                                                                                 |
|-------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>How windy? (On the summits)</b><br><br><b>Effect of wind on you?</b> | Westerly 30-40mph at dawn-early morning, strongest east, briefly gusts 50mph Cheviots. Easing during morning to 25mph by midday, 15-20mph afternoon. Later turning southwesterly; rising dusk onward, to 40mph western areas into night.<br><br><b>Blustery and chilly start, more challenging in places for a few hours just at first, but lessening to be fairly small. Then deteriorating late in day onward into night.</b> |
| <b>How wet?</b><br>(Precipitation and its impact)                       | <b>Substantially dry, light showers locally</b><br>Drizzly showers mostly west coast areas early in day. An odd light shower passing eastward.<br>Late evening onward, some rain developing from southwest, becoming heavier well into night Galloway.                                                                                                                                                                          |
| <b>Cloud on the hills?</b><br><br><b>Chance of cloud free summits?</b>  | <b>Clearing tops</b><br>Patchy cloud over some slopes above 700m early morning, mainly western areas. Lifting above the summits by late morning onward.<br><br><b>80%</b>                                                                                                                                                                                                                                                       |
| <b>Sunshine?</b><br>Air clarity (below cloud)                           | Occasional sun, best in east in morning; high cloud tending to thicken afternoon. Visibility very good.                                                                                                                                                                                                                                                                                                                         |
| <b>How Cold? (at 750m)</b><br><br><b>Freezing Level</b>                 | 7C rising to 10C afternoon, little change or rising a degree or so higher evening/night. Feeling near/below 0C in wind in morning.<br><br>Above the summits.                                                                                                                                                                                                                                                                    |

**All mountain areas of Britain from Sunday, 6 September, 2026**

Generally unsettled onward into next week with spells of rain and showers moving in from the Atlantic , accompanied by frequently strong to gale force mountain winds. Temperatures will vary, mildest toward the south, but cooler air moves in from the north at times bringing higher Scottish tops occasionally close to freezing point. Indications favour improving weather patterns during mid-month as high pressure builds from the south.

The Production of the Scottish forecasts is fully funded by sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service. 2026.