

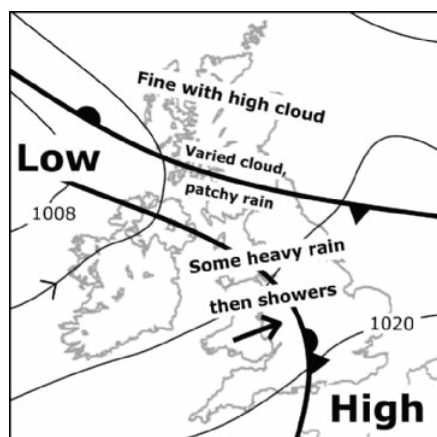
Southern Uplands

The Galloway hills eastward to the Lammermuir hills. The Cheviots (including higher hills within the adjacent Northumberland NP).



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General Summary for Wednesday, 2 September, 2026



British Mountain Summary:

Based on forecast chart for noon 2 September, 2026

Much of the Highlands sees a fine day with fairly light winds; a veil of high cloud tends to thicken, risk of some rain later.

S Scotland & N England has more cloud, some rain. Heavier rain moves across Wales into Peak District, followed by showers on a strong southwesterly wind, quite humid.

Headline for Southern Uplands

Rain on and off, varied cloud, wind increasing.

Detailed Forecast for Wednesday, 2 September, 2026

How windy? (On the summits)	South-southwesterly 15-20mph, some variability, and in afternoon strengthening to southerly 25-30mph, strongest soonest in west; rising further into evening onward widely southwesterly 35-40mph.
Effect of wind on you?	Fairly small, but comfort of walking at times affected, likely more strenuous later with buffeting gusts developing.
How wet? (Precipitation and its impact)	Intermittent rain, drier for a time Areas of rain and drizzle in the morning, some steadier rain with local heavier moments. This may fade for a few hours, but risk of rain returning to more western areas, may become persistent again afternoon-evening.
Cloud on the hills?	Extensive, some variations, lowering again southwest Blanket cloud from 500-600m up most of the day, regularly lowering around rain and widely lower when rain sets in for a few hours. Some breaks may form temporarily to higher slopes, mainly more northern areas. Dropping to lower elevations toward the Solway later.
Chance of cloud free summits?	20%
Sunshine? Air clarity (below cloud)	Overcast, dull on high terrain toward south and west with poor visibility all day. Some brighter skies toward the Lothians with good visibility when dry.
How Cold? (at 750m)	10C rising to 12 or 13C, staying elevated into night; becoming humid. Feeling like 2 to 4C in strongest wind.
Freezing Level	Above the summits.

Southern Uplands - Looking Ahead

	Thursday 3 September	Friday 4 September
How windy? (On the summits) Effect of wind on you?	Southwesterly 25-40mph, variable, and may ease for a time, then increasing sustained speeds again later in day. Walking impeded all day, strenuous moments with notable wind chill; a brief easing of effects later.	West-southwesterly 35 to 50mph, stronger gusts may reach 60mph at times, greater risk afternoon. Arduous walking conditions, frequent buffeting knocking you off balance on exposed terrain. Considerable wind chill.
How wet? (Precipitation and its impact)	A little rain, setting in later west Patchy rain drifts from the west, wettest west of the M74, and many hills see largely just light, drizzly spots of rain. Later in day and evening, rain setting in persistently and heavy, mainly Dumfries & Galloway.	Occasional rain mostly west Showery rain most common Dumfries and Galloway, particularly morning. A few patches of rain extend eastward intermittently during day.
Cloud on the hills?	Lifting towards tops, most cloud west Extensive to start, particularly west of M74 where most hills shrouded from lower slopes up. Lifting with time, breaks above eastern summits increasingly. Some high breaks west, but banks regularly returning towards 700m, and may later fill in again.	Intermittently covering western tops Patchy cloud likely to come and go over higher western areas mostly above 700-800m. Good breaks to tops east from M74, occasional patches.
Chance of cloud free summits?	Rising to 70% east, 50% west	40% west, to 70% east.
Sunshine? Air clarity (below cloud)	A little patchy sun, weakened by high cloud and more overcast at times. Good visibility, some haze, notably west.	Fairly cloudy, occasional sun mostly east. Visibility often good, briefly reduced in showers.
How Cold? (at 750m) Freezing Level	10 or 11C, rising to 12C Cheviots. Feeling just above freezing in strongest wind. Above the summits.	8 or 9C, little change all day. Directly in wind feeling like -3C. Above the summits.

Planning Outlook

All mountain areas of Britain from Thursday, 3 September, 2026

A series of weather systems moves in from the Atlantic this week and next to bring spells of rain and showers, accompanied by frequently strong to gale force mountain winds. A window of better weather is likely this Saturday for Scotland and northern England, but further rain is expected to move into Wales, which then extends north by Saturday night and Sunday, possibly widely heavy rain and a risk of more powerful upland gales developing over Scotland into Sunday. Temperatures will vary, mildest toward the south, but some cooler air moves in from the north at times bringing higher Scottish tops close to freezing point.

Forecast issued at 16:30 on Tuesday, 1 September, 2026

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