

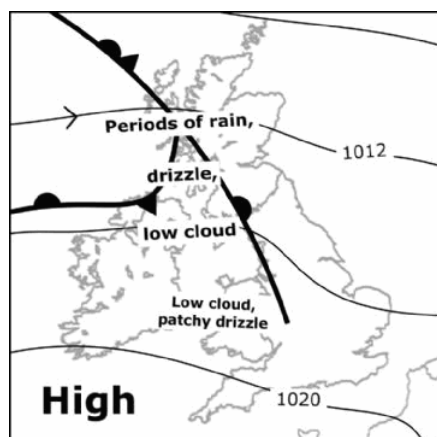
Southern Uplands

The Galloway hills eastward to the Lammermuir hills. The Cheviots (including higher hills within the adjacent Northumberland NP).



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General Summary for Monday, 27 July, 2026



British Mountain Summary:

Based on forecast chart for noon 27 July, 2026

Fresh to strong west to southwesterly winds, rather cool on Scottish tops. Rain and drizzle frequent in western Scotland, patchier eastwards. Some drizzly rain for Lakes and north Wales. Low cloud affecting most western hills, higher bases eastwards.

Headline for Southern Uplands

Blustery, patchy rain, drizzle and low cloud mostly west.

Detailed Forecast for Monday, 27 July, 2026

How windy? (On the summits)	West-southwesterly 25 to 30mph, tending to strengthen afternoon to 35mph higher summits, some stronger gusts.
Effect of wind on you?	Ease of walking affected on tops, more strenuous with time, stability affected. Feeling rather cool on high terrain.
How wet? (Precipitation and its impact)	Patchy rain, more persistent west Patchy light rain affects hills in Dumfries and Galloway from morning, occasionally drifting further eastward through middle of day, steadier falls west of M74 afternoon. Fading a little to drizzle later in day.
Cloud on the hills?	Increasingly extensive over tops Varied cloud banks over the high tops in the morning, breaks to the east. Merrick and high Ayrshire slopes increasingly shrouded, a layer of cloud above 600-700m with more extensive banks over western tops, some breaks in east.
Chance of cloud free summits?	60%, lowering to 20%
Sunshine? Air clarity (below cloud)	Sunny bursts in the morning with very good visibility, for longest in the east. Trending overcast from the west with time, poor visibility in rain.
How Cold? (at 750m)	9 to 11C, warmest east, later more widely 12 or 13C, little change into night. Feeling near freezing in strongest wind on the tops.
Freezing Level	Above the summits.

Southern Uplands - Looking Ahead

	Tuesday 28 July	Wednesday 29 July
How windy? (On the summits)	Southwesterly 40 to 50mph, gusts 60mph around high tops.	Southwesterly 25 to 30mph, some stronger gusts over higher tops.
Effect of wind on you?	Challenging walking conditions, balance difficult in exposure on tops, gusts could knock you over. Considerable wind chill.	Blustery over the hills, affecting ease of walking with some buffeting gusts on exposed higher areas.
How wet? (Precipitation and its impact)	Frequent or persistent rain Periods of persistent rain widely, mixed with drizzle, generally wettest for areas near and west of the M74 corridor. Patchier and easing off at times further east.	Patchy rain and showers Occasional rain, a mix of drizzle and some showery bursts, a chance of becoming more frequent, locally heavy, risk thunder.
Cloud on the hills?	Extensive, lowest southwest Blanket cloud shrouding the hills from lower elevations upward in Dumfries & Galloway much of the day. Higher bases north and east, local breaks above 600m.	May persist west, varied east/north Shrouding hills in Dumfries and Galloway perhaps much of the day, to some lower elevations near Solway. Higher bases and more broken cloud north and eastwards.
Chance of cloud free summits?	20%	20% southwest, to 50% north/east.
Sunshine? Air clarity (below cloud)	Largely cloudy, misty in west, poor visibility widely in rain; some improvements and brief moments of sun in east.	Largely cloudy, glimpses of sun Borders. Visibility poor around rain, improving below cloud where dry.
How Cold? (at 750m) Freezing Level	13C, little variation all day, locally 15C eastern hills, quite humid. Feeling near to freezing directly in wind. Above the summits.	13C, rising to 16C eastern hills, possibly warmer afternoon. Feeling like 3 to 6C directly in wind. Above the summits.

Planning Outlook

All mountain areas of Britain from Tuesday, 28 July, 2026

Southwesterly winds will bring rain to most places early this week, some more prolonged heavier falls for western Scotland into Tuesday, accompanied by gales over high terrain, severe on Scottish tops, but rather humid for all, warm for England and Wales. Cooler air toward northwest Scotland moves across all of Scotland by Wednesday. Showery rain through mid-late week, some heavy and possibly thundery bursts, mainly Scotland. Likely drier for Wales and southern Pennines. Remaining very uncertain detail toward next weekend and early the following week, but indications favour a broad zone of low pressure bringing areas of rain and heavy showers through early August.

Forecast issued at 16:19 on Sunday, 26 July, 2026

The Production of the Scottish forecasts is fully funded by sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.