

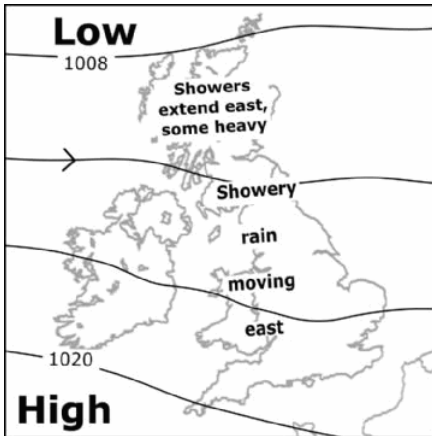
# Southern Uplands

The Galloway hills eastward to the Lammermuir hills. The Cheviots (including higher hills within the adjacent Northumberland NP).



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## General Summary for Wednesday, 10 June, 2026



### British Mountain Summary: Based on forecast chart for noon 10 June, 2026

Showery westerlies, scattered bursts of rain moving eastward across the country, locally heavy with a chance of thunder, mainly eastern areas by afternoon. Improving to drier and brighter conditions for western England and Wales with time. Breezes tending to freshen. Feeling rather cool.

### Headline for Southern Uplands

Showery, some heavy east. Breeze increasing.

## Detailed Forecast for Wednesday, 10 June, 2026

<b>How windy? (On the summits)</b>	Westerly 15 to 25mph, tending to rise into and during afternoon, nearer 30mph into evening, soonest in west.
<b>Effect of wind on you?</b>	Fairly small in morning, more noticeably blustery with time, marked wind chill where exposed to the strongest breeze.
<b>How wet? (Precipitation and its impact)</b>	<b>Showers moving east, risk thunder</b> Showers initially near to west coast. These will move inland and develop further eastward to give widespread showers afternoon, fading later in west. Risk some hail, thunder well inland, later mainly in east.
<b>Cloud on the hills?</b>	<b>Lowering onto tops at times in rain</b> Varied bases. At first, banks over western tops, elsewhere mostly clear. As showers develop widely, expect patches or banks to form at times over the tops.
<b>Chance of cloud free summits?</b>	<b>60%</b>
<b>Sunshine? Air clarity (below cloud)</b>	Best sun early in day, before skies tend to fill in with cloud by late morning. Visibility very good, but poor in afternoon showers.
<b>How Cold? (at 750m)</b>	3C lifting to 6C. Feeling below freezing in the stronger breeze, near -5C on highest tops.
<b>Freezing Level</b>	Above the summits

## Southern Uplands - Looking Ahead

	Thursday 11 June	Friday 12 June
<b>How windy? (On the summits)</b> <b>Effect of wind on you?</b>	Southerly turning west-southwesterly later, 20 to 30mph, may reach 35-40mph higher areas, mainly afternoon. <b>Varied, but risk often blustery over higher terrain, may increasingly affect comfortable walking. Marked wind chill.</b>	West or southwesterly, 25 to 35mph, in places 40mph over higher tops. <b>Strenuous walking where exposed over high terrain, uncomfortable buffeting gusts in places. Marked wind chill.</b>
<b>How wet?</b> (Precipitation and its impact)	<b>Persistent rain</b> Rain arriving from before dawn in west, soon widespread, persistent much of the day, some steadier heavier falls for periods western hills. Rain tends to break up in afternoon, but still drizzly rain on and off.	<b>Light rain and drizzle</b> Generally damp over many hills, with light rain and drizzle on and off much of the day, most persistent west of the M74. Patchy drizzly showers Borders to Cheviots.
<b>Cloud on the hills?</b>	<b>Extensive low cloud</b>  Soon blanket low cloud across the hills, to lower slopes Dumfries and Galloway. Any breaks early in day mostly toward northeast.	<b>Extensive, lowest west</b>  Persistent across most hills, foggy from lower elevations up near west coasts, cloud base rarely above 500-600m much of Dumfries & Galloway. Further east, typically 600-700m, some breaks possible.
<b>Chance of cloud free summits?</b>	<b>10%</b>	<b>10% west, 30% east.</b>
<b>Sunshine?</b> Air clarity (below cloud)	Overcast and dull, murky southwest. Poor visibility much of day in rain.	Largely cloudy, dull in west. Poor visibility, misty many western areas, better eastwards below cloud.
<b>How Cold? (at 750m)</b>  <b>Freezing Level</b>	4C rising to 8C. Feeling like 0 to -3C directly in wind.  Above the summits.	7C rising to 9 or 10C afternoon. Feeling like 0 to -3C where exposed to wind.  Above the summits.

**Planning Outlook****All mountain areas of Britain from Thursday, 11 June, 2026**

Damp westerly breezes on Friday will cloak most mountains in cloud and some drizzle, better conditions eastwards. Cool and strong westerlies persist in Scotland on Saturday, then warmer with lighter winds by Sunday. Some patchy rain remaining in west and northwest Scotland over the weekend. Pressure tends to rise from the south this weekend, bringing warmer air and drier conditions to England & Wales, although west coast mountains may hold onto cloud. Into next week, a mixed southwesterly pattern remains, windy at times with periods of rain, drizzle and low cloud most persistent in the west. Warmest in England and Wales, but cooler westerly air likely returns at times mid-late week. Higher pressure then shows more signs of expanding over the country by late next week bringing improving conditions.

**Forecast issued at 16:01 on Tuesday, 9 June, 2026**

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