

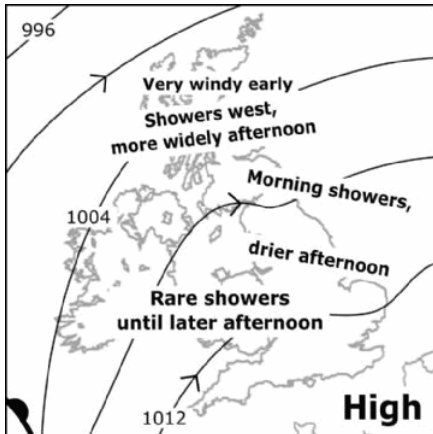
Southern Uplands

The Galloway hills eastward to the Lammermuir hills. The Cheviots (including higher hills within the adjacent Northumberland NP).



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General Summary for Friday, 5 June, 2026



British Mountain Summary:

Based on forecast chart for noon 5 June, 2026

Blustery start, gale-force gusts in N England and Scotland; easing. Chilly with showers in W Scotland, showers more widely over the highlands afternoon with sunny interludes. Early showers in England and Wales ease by afternoon, only well-scattered showers remain over Wales and S Pennines, plenty sun breaks.

Headline for Southern Uplands

Blustery to start, easing; scattered showers with patchy sun

Detailed Forecast for Friday, 5 June, 2026

<p>How windy? (On the summits)</p> <p>Effect of wind on you?</p>	<p>Westerly 30-35mph early, or to 40mph highest eastern tops with strong gusts. Soon easing, shifting southwesterly afternoon, likely several hours of 15-25mph. Later shifting southerly, restrengthening west.</p> <p>Strenuous walking early, or more arduous east with stability challenged and significant wind chill. Effects ease, likely fairly small many places through afternoon.</p>
<p>How wet? (Precipitation and its impact)</p>	<p>Scattered showers, substantially dry east</p> <p>Scattered showers from the west for much of the day, may be more frequent in the morning hours. Only a few showers will reach eastward beyond the Borders. Dry windows likely too. Later, the showers drifting more from the south/Irish Sea.</p>
<p>Cloud on the hills?</p> <p>Chance of cloud free summits?</p>	<p>Lifting, likely clearing all summits</p> <p>Patchy cloud above 700m in the east at dawn, more extensive and lower bases westward, 400m Ayrshire hills. Lifting through morning, soon broken and above east summits, western summits probably substantially clear by early afternoon. Small risk an odd cap drifting over highest tops.</p> <p>Rising to 80%</p>
<p>Sunshine? Air clarity (below cloud)</p>	<p>Patchy sunshine, perhaps more often sunny for a few morning hours. Excellent visibility.</p>
<p>How Cold? (at 750m)</p> <p>Freezing Level</p>	<p>4C, rising to 7C; the Cheviot may be often a degree milder. Feeling like -5C in strongest early wind, this effect easing.</p> <p>Above the summits.</p>

Southern Uplands - Looking Ahead

	Saturday 6 June	Sunday 7 June
How windy? (On the summits) Effect of wind on you?	S-SE'ly, uncertain strongest winds - likely in range 30 to 50mph, strongest west, an easing tendency later in the day. Beware of changing conditions - risk of being difficult at least part of the day, greatest risk west, some easing later.	Southwesterly 30-40mph, likely near the higher speeds for several afternoon hours, risk gusting 50mph. Strenuous or arduous walking most or all day, significant wind chill. Highest speeds may knock you off balance.
How wet? (Precipitation and its impact)	Risk of rain developing A chance of substantially dry conditions for a few hours at least, particularly north/east, but patchy rain likely soon develops western areas, risk becoming more persistent, widespread, heavier in west - timing of this uncertain.	Patchy rain, risk deteriorating west Patches of rain will drift from the southwest throughout the day, falls amounting to little with several dry windows. Some risk of deteriorating west later with more extended falls.
Cloud on the hills?	Becoming fairly extensive Cloud banks soon covering hills near Solway after dawn, whilst more north and eastern hills may start clearer. Cloud likely lowering more widely, filling in to lower elevations southwest areas.	May be fairly extensive west Most hills in cloud above 500-600m at dawn, a lifting trend with some breaks to summits east of M74. Cloud may briefly lift in the west too, but also may lower again, towards middle or lower slopes through afternoon if rain sets in.
Chance of cloud free summits?	Starting 60% east of M74, lowering to 20% widely	60% east, 30% west
Sunshine? Air clarity (below cloud)	Sun weak at best through high cloud early in day in east, becoming widely overcast. Visibility very good where dry, but reducing in rain, risk becoming poor in west.	Sunshine increasingly weakened by high cloud, may stay largely cloudy west. Good visibility but a haze to the west.
How Cold? (at 750m) Freezing Level	6C rising to 8 or 9C afternoon. Feeling near/below freezing in the wind. Above the summits.	8 to 10C, coolest southern Galloway slopes east to Moffat hills. Feeling below freezing in strongest wind. Above the summits.

Planning Outlook

All mountain areas of Britain from Saturday, 6 June, 2026

Unsettled over the weekend as southwesterly flow draws several areas of rain across the country, best of dry slopes to the northeast, and perhaps a drier Sunday for England and Wales through blustery, some uncertainty in detail. Generally unsettled next week too: showers affect most hills Monday and Tuesday, lowest cloud and most persistent rain along western slopes, but with some breaks as well with sunshine. Timing of most unsettled weather remains uncertain, but some risk of a deeper area of lower pressure from Wednesday or later bringing widespread strong winds, probably gales over many summits, with prolonged heavy rain. Temperatures probably trending milder again into the weekend, pressure may begin to rise in the south, but this uncertain as well.

Forecast issued at 15:49 on Thursday, 4 June, 2026

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