

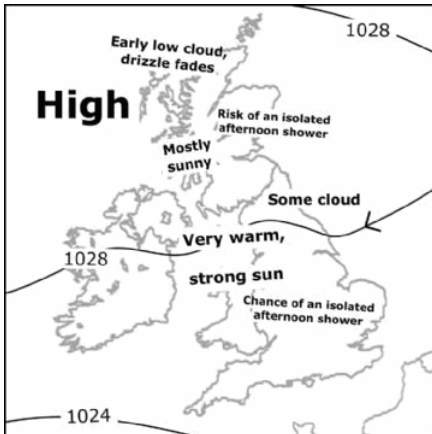
# Southern Uplands

The Galloway hills eastward to the Lammermuir hills. The Cheviots (including higher hills within the adjacent Northumberland NP).



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## General Summary for Tuesday, 26 May, 2026



### British Mountain Summary: Based on forecast chart for noon 26 May, 2026

Low cloud and early drizzle in northwest Scotland, improving with cloud thinning and breaking, but staying cool toward the far north. Very warm and sunny for England and Wales. Chance of isolated late heavy showers forming, but mostly dry.

### Headline for Southern Uplands

Light wind. Warm sunshine.

## Detailed Forecast for Tuesday, 26 May, 2026

<b>How windy? (On the summits)</b>	Westerly 10mph, becoming variable in direction 5-10mph. Locally 15mph where any coastal sea breezes develop.
<b>Effect of wind on you?</b>	<b>Mostly negligible</b>
<b>How wet? (Precipitation and its impact)</b>	<b>No rain expected</b> Low chance of an isolated shower late in the day.
<b>Cloud on the hills?</b>	<b>Hills largely clear</b> Some early fragments of mist and low cloud, mainly around coastal hills in the west. Some patchy cloud may drift onto Cheviots in afternoon or mainly evening. Otherwise, hills clear.
<b>Chance of cloud free summits?</b>	<b>90%</b>
<b>Sunshine? Air clarity (below cloud)</b>	A good amount of sun, some varied high cloud for a time in the morning, which may linger further south and east. Visibility very good.
<b>How Cold? (at 750m)</b>	13 to 16C, warmest toward southwest afternoon.
<b>Freezing Level</b>	Well above the summits

**Southern Uplands - Looking Ahead**

	<b>Wednesday 27 May</b>	<b>Thursday 28 May</b>
<b>How windy? (On the summits)</b> <b>Effect of wind on you?</b>	Southeasterly 5 to 10mph, lifting in afternoon to 15mph, but may increase at times to 25 to 30mph in Galloway. <b>Small, but increasingly gusty toward west coast during the afternoon. Highest gusts not necessarily over tops.</b>	Southeast turning southerly, in range 25 to 40mph, very gusty for a time. May increase further SW'ly toward evening. <b>Blustery, affecting ease of walking and balance on exposed terrain. Sudden strong gusts ahead of rain.</b>
<b>How wet?</b> (Precipitation and its impact)	<b>Mostly dry</b> Risk of spots of drizzle where in low cloud, near and east of M74.	<b>Risk thundery bursts forming</b> Chance of odd bursts of rain from high cloud in the morning. Increasing risk into afternoon of spodic thundery downpours forming and drifting northeastward. Some further patchy rain in west evening-night.
<b>Cloud on the hills?</b>	<b>Low cloud, mainly east, dispersing.</b>  Low cloud may have expanded fairly widely overnight to hills near and east of M74, possibly southern slopes near Solway also. May take a few hours to clear. Western hills likely clear all day.	<b>Mostly little</b>  Ragged patches forming over hills at varied elevations during and just after rain for a time. Otherwise hills largely clear.
<b>Chance of cloud free summits?</b>	<b>90% west, 70% east.</b>	<b>80%</b>
<b>Sunshine?</b> Air clarity (below cloud)	Patchwork of sunshine, extensive western hills. Visibility very good, some haze.	Varied sun and high cloud, at times covering the sky. Visibility good, though quite hazy, poorer if in rain for a time.
<b>How Cold? (at 750m)</b>  <b>Freezing Level</b>	East 7 to 9C, lifting to 10 to 12C. West 10C lifting to 14C.  Well above the summits	12C rising to 16C.  Well above the summits.

**Planning Outlook**

**All mountain areas of Britain from Wednesday, 27 May, 2026**

Very warm air extends into Scotland during midweek on southerly winds. Isolated bursts of rain form, greater risk toward Wales by Wednesday night, then drifting variably northward during Thursday daytime - some uncertain local detail and timing, but scattered thunderstorms are possible by this time. Winds also strengthening and becoming very gusty. Some rain in western Scotland by Thursday night which may linger into Friday here on westerly winds, but a fine end to the week for many places. Further rain and low cloud likely returns to western Scotland over the weekend, possible showers elsewhere. A more unsettled west-southwesterly pattern is likely into early June, cooler with rain and stronger winds for periods.

**Forecast issued at 16:31 on Monday, 25 May, 2026**

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