

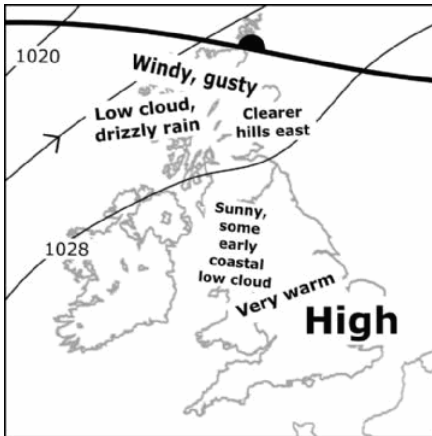
# Southern Uplands

The Galloway hills eastward to the Lammermuir hills. The Cheviots (including higher hills within the adjacent Northumberland NP).



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## General Summary for Sunday, 24 May, 2026



### British Mountain Summary: Based on forecast chart for noon 24 May, 2026

High pressure bringing dry and warm conditions to England and Wales and southern and eastern Scotland with early patchy hill fog in the west dispersing. Warm or very warm in valleys, beware of sunburn and dehydration. Blustery south-westerly will feed of low cloud and patchy drizzle will persist across northwest Scotland.

### Headline for Southern Uplands

Breezy but dry with increasingly extensive and strong sunshine. Warm.

## Detailed Forecast for Sunday, 24 May, 2026

<b>How windy? (On the summits)</b>	South to south-westerly 10 to 20mph, perhaps reaching 25mph some cols and summits at times.
<b>Effect of wind on you?</b>	<b>Mostly small, but blustery through some cols and over summits at times.</b>
<b>How wet?</b> (Precipitation and its impact)	<b>Dry</b>
<b>Cloud on the hills?</b>	<b>Mostly very little</b> Aside from some patches of banks across western higher slopes in the morning, hills are expected to be clear.
<b>Chance of cloud free summits?</b>	<b>80%</b>
<b>Sunshine?</b> Air clarity (below cloud)	Sunshine, at times hazy due to upper level cloud, mainly in west. Visibility very good or excellent.
<b>How Cold? (at 750m)</b>	Lifting to 14C, warm
<b>Freezing Level</b>	Well above the summits

## Southern Uplands - Looking Ahead

	<b>Monday 25 May</b>	<b>Tuesday 26 May</b>
<b>How windy? (On the summits)</b> <b>Effect of wind on you?</b>	South-westerly 15 to 25mph, generally strongest in the morning when perhaps briefly touching 30mph over tops. <b>Mostly small, but marked buffeting some tops through the morning.</b>	Westerly 10mph, becoming variable in direction 5-10mph. Locally 15mph where any coastal sea breezes develop. <b>Mostly negligible</b>
<b>How wet?</b> (Precipitation and its impact)	<b>No rain expected</b>	<b>No rain expected</b>
<b>Cloud on the hills?</b>	<b>Patches in the west, soon clearing.</b>  From dawn, some patches of banks covering some slopes at varying heights near and west of the M74. However, they will soon clear and disperse.	<b>Hills clear</b>  Perhaps some early fragments of mist and low cloud, mainly around coastal hills in the west. Otherwise, hills clear.
<b>Chance of cloud free summits?</b>	<b>Lifting to 90%</b>	<b>90%</b>
<b>Sunshine?</b> Air clarity (below cloud)	Sunshine breaking through widely.  Visibility very good.	Extensive sunshine.  Visibility very good.
<b>How Cold? (at 750m)</b>  <b>Freezing Level</b>	Lifting to 14C  Above the summits	13 to 15C  Well above the summits

**Planning Outlook****All mountain areas of Britain from Monday, 25 May, 2026**

High pressure dominates this week with early patchy low cloud, mainly coastal hills dispersing to give widespread warm or very warm sunshine, highest temperatures valleys of England and Wales; where into the high 20s Monday and Tuesday Peak District into Wales with high humidity. Chance of well scattered shower development from midweek as a gusty south-easterly develops for western hills. Pressure lowering next weekend into next week.

**Forecast issued at 16:32 on Saturday, 23 May, 2026**

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