

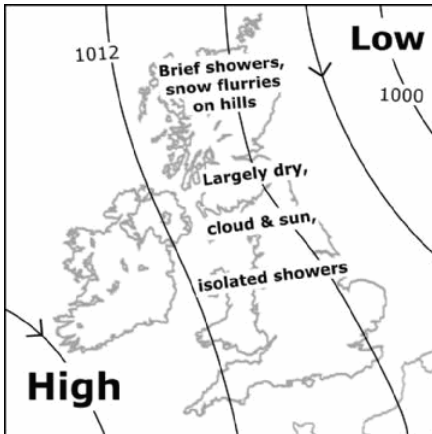
Southern Uplands

The Galloway hills eastward to the Lammermuir hills. The Cheviots (including higher hills within the adjacent Northumberland NP).



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General Summary for Friday, 15 May, 2026



British Mountain Summary: Based on forecast chart for noon 15 May, 2026

Remaining cold, near to freezing all day on higher tops. Strongest northwesterly winds in the morning and toward eastern Scotland giving significant chill factor. A scattering of mostly brief showers with snow and hail, less intense than recent days. Cloud lifting above many summits, occasional sun.

Headline for Southern Uplands

Chilly and breezy. Isolated showers.

Detailed Forecast for Friday, 15 May, 2026

<p>How windy? (On the summits)</p> <p>Effect of wind on you?</p>	<p>North to northwesterly 25 to 30mph at dawn, strongest in the east, locally 35mph for a time. Easing to 20mph middle of day, but locally still 25mph western areas into afternoon.</p> <p>Blustery start to the day, with considerable wind chill and some buffeting, becoming small, but still blustery particularly western hills.</p>
<p>How wet? (Precipitation and its impact)</p>	<p>A few brief showers</p> <p>One or two brief showers mostly near west coast in morning, then forming mainly across hills near and east of the M74 by afternoon. Possible brief hail.</p>
<p>Cloud on the hills?</p> <p>Chance of cloud free summits?</p>	<p>Mostly little if any</p> <p>Rare brief patches grazing higher tops, mostly in west in morning, then near showers.</p> <p>90%</p>
<p>Sunshine? Air clarity (below cloud)</p>	<p>Patchy sun, best early morning inland, then improving in west afternoon. Visibility excellent, briefly lowering in local showers.</p>
<p>How Cold? (at 750m)</p> <p>Freezing Level</p>	<p>Close to 0C at dawn, lifting to +4C. Feeling near -10C directly in early wind.</p> <p>700-800m at dawn, but lifting above the tops.</p>

Southern Uplands - Looking Ahead

	Saturday 16 May	Sunday 17 May
How windy? (On the summits) Effect of wind on you?	West or southwesterly 10mph or less, increasing gradually to 15-20mph, later in day 20-25mph. Mostly small, but starting to feeling more noticeably breezy later.	Southwesterly 20 to 30mph, often strongest over western hills. Starting to affect comfortable walking in exposure on higher tops. Marked wind chill.
How wet? (Precipitation and its impact)	Rain develops west Likely dry morning, for longer in east. Patchy rain pushes into Galloway in afternoon, becoming more persistent later and extending gradually eastwards.	Heavy showers develop Patchy rain in west in morning, further east dry for several hours at least. Increasing risk into afternoon of showery bursts forming, becoming heavy, extending eastwards later. Risk of hail & thunder.
Cloud on the hills?	Little if any, then lowering in west Rare if any brief patches on some slopes in morning. Later in day, cloud banks starting to form further over western tops, filling in as rain develops.	Often above tops Patches of cloud around upper slopes mostly in west in the morning, dispersing or lifting. Much cloud then above hills, but some patches drop back onto high tops around showers.
Chance of cloud free summits?	80% dropping to 40% later west.	70%
Sunshine? Air clarity (below cloud)	Sunshine best early in day in east, high cloud tends to thicken from west to cover the sky. Visibility excellent.	Sun best in east in morning, giving way to building cloud; later in day west coast areas become sunnier. Visibility very good, but reduced in showers.
How Cold? (at 750m) Freezing Level	0 or 1C rising to 5C afternoon. 700-800m, lowest in east, plus frost inland valleys at dawn. Rising during morning above freezing to the tops.	3C rising to 6C. Wind chill feeling like -5C on high tops. Pockets of frost in valleys and some sheltered higher areas at dawn. Otherwise above the summits.

Planning Outlook**All mountain areas of Britain from Saturday, 16 May, 2026**

A shift toward west-southwesterly over the weekend brings a gradual rise of temperature. A mixed weather story with some rain and lowering cloud moving in from the west into Saturday afternoon. By Sunday and Monday, some showery rain, passing eastwards during the daytimes, generally improving afternoons in western areas. Risk by later Monday of rain moving into Wales from the southwest. Damp south-southwesterlies then prevail for a few days next week, with rain at times Tuesday and Wednesday, most on western hills, particularly Scotland. A drier and warmer theme later in the week as higher pressure builds.

Forecast issued at 16:16 on Thursday, 14 May, 2026

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