

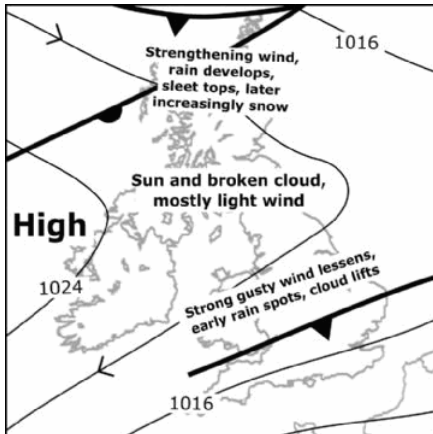
# Southern Uplands

The Galloway hills eastward to the Lammermuir hills. The Cheviots (including higher hills within the adjacent Northumberland NP).



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## General Summary for Sunday, 10 May, 2026



### British Mountain Summary: Based on forecast chart for noon 10 May, 2026

Increasingly windy across the Highlands, rain and some sleet or snow on high tops moving in from the northwest, becoming persistent. By late in the day, snow falling in northern areas to lowering elevations. Chilly NE'ly wind England & Wales tends to ease, a largely fine day, early light rain east Wales.

### Headline for Southern Uplands

Wind increases, largely dry with broken cloud and sun.

## Detailed Forecast for Sunday, 10 May, 2026

<b>How windy? (On the summits)</b>	Variable or northerly 10-15mph in morning, becoming west-northwesterly, rising to 20-25mph afternoon, nearer 30mph with stronger gusts later in day.
<b>Effect of wind on you?</b>	<b>Fairly small for several hours, but becoming breezier and feeling noticeably cooler as wind increases. Later in day affecting comfortable walking with considerable chill factor on tops.</b>
<b>How wet? (Precipitation and its impact)</b>	<b>Rain unlikely until late in day or night</b> Dry most of the day. Some patchy showery rain moving in from the northwest mainly later afternoon onward. A band of rain more widely into night passing southward, turning to snow on hills above 600m.
<b>Cloud on the hills?</b>	<b>Little if any</b> Rare patches forming onto higher slopes, greater risk by evening over tops mainly toward the west.
<b>Chance of cloud free summits?</b>	<b>Above 90%</b>
<b>Sunshine? Air clarity (below cloud)</b>	Mostly sunny morning, patchy cloud tending to fill in more by afternoon. Visibility excellent.
<b>How Cold? (at 750m)</b>	1C rising to 5C afternoon. Then dropping into night to 0 or -1C. Feeling colder as wind increases later in day, around -5C on exposed high tops.
<b>Freezing Level</b>	Frost in valleys and sheltered higher areas at dawn. Otherwise above the summits. Then dropping into night to 600-700m.

## Southern Uplands - Looking Ahead

	Monday 11 May	Tuesday 12 May
<b>How windy? (On the summits)</b> <b>Effect of wind on you?</b>	North-northwesterly 15-20mph, occasionally less; turning westerly later, tending to increase to 25mph by dusk. <b>Fairly small for several hours, but distinctly chilly over the tops. Likely becoming more blustery into evening.</b>	Westerly 30 to 40mph, squally gusts around showers. <b>Frequent buffeting across the hills, uncomfortable walking on exposed higher terrain. Significant wind chill.</b>
<b>How wet?</b> (Precipitation and its impact)	<b>Rare if any showers</b> Chance of an odd brief shower. From dusk into night, some drizzle may move onto westernmost hills.	<b>Early rain, then showers</b> A band of showery rain moving southeast early morning, may be frequent rain over an hour or more western hills. Then scattered showers, some heavy later.
<b>Cloud on the hills?</b>  <b>Chance of cloud free summits?</b>	<b>Very little or lifting above hills</b>  Some patchy cloud drifting over higher slopes in the morning, but soon mostly above the tops.  <b>90%</b>	<b>Rising and clearing</b>  Patchy cloud covering high tops in morning, but lifting to be largely above the hills, occasional patches near showers.  <b>60%</b>
<b>Sunshine?</b> Air clarity (below cloud)	Sunshine and broken cloud. High cloud thickening later from west. Visibility excellent.	Bursts of sunshine. Visibility often very good, but occasionally poor during showers.
<b>How Cold? (at 750m)</b> <b>Freezing Level</b>	0 or -1C early morning, rising to +4C afternoon, then little change into night. Feeling like -7C in the wind in morning. 600m or possibly lower around dawn in east, nearer 800m or above furthest west; gradually rising above all tops afternoon.	3 or 4C. Feeling as cold as -10C directly in the wind on tops. Above the summits.

**Planning Outlook****All mountain areas of Britain from Monday, 11 May, 2026**

Notably chilly across the hills for this time of year during the week ahead as air from the north-northwest prevails. Frequently near or below freezing over Scottish Munros, and at times dropping to freezing on high tops in England and Wales. Wind speed will vary, but increasing at times to gale force on hills, giving significant chill factor. Broadly showery, heavy bursts with hail and thunder in places, also often falling as snow on higher mountains, at least in Scotland, intermittently elsewhere. Some more persistent precipitation especially northwest Scotland. Also some drier windows - varying locally day-to-day - away from showers cloud will lift above hills and visibility will be very good.

**Forecast issued at 16:00 on Saturday, 9 May, 2026**

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