

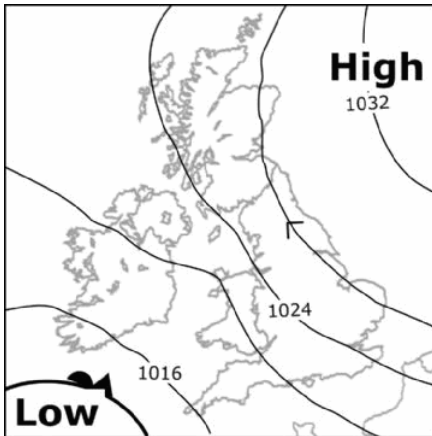
Southern Uplands

The Galloway hills eastward to the Lammermuir hills. The Cheviots (including higher hills within the adjacent Northumberland NP).



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General Summary for Thursday, 30 April, 2026



British Mountain Summary:
Based on forecast chart for noon 30 April, 2026

Unbroken bright sunshine nearly everywhere - beware of dehydration and sunburn. Windy, particularly morning southern Scotland southwards where upland gales in some areas. SW Wales often cloudy with increasing threat of a shower.

Headline for Southern Uplands
Bright sunshine. Gusty wind.

Detailed Forecast for Thursday, 30 April, 2026

How windy? (On the summits)	Southeasterly 25mph to gusty 35-40mph around higher hills and in places to some lower slopes, particularly The Cheviot and Galloway.
Effect of wind on you?	Blustery around the hills, walking more uncomfortable on some slopes, buffeting gusts affecting balance in places.
How wet? (Precipitation and its impact)	No rain
Cloud on the hills?	Soon none Patchy fog around lower eastern slopes and some valleys from dawn, briefly lifting upslope in places, but high tops stay clear, and soon all dispersing.
Chance of cloud free summits?	Soon practically certain
Sunshine? Air clarity (below cloud)	Extensive sunshine, some thin high cloud mainly in west. Excellent visibility.
How Cold? (at 750m)	7C rising to 11C afternoon except on Cheviot where only slight rise through day. Feeling near or just below freezing directly in the wind, especially morning.
Freezing Level	Above the summits. Slight frost sheltered valleys at dawn.

Southern Uplands - Looking Ahead

	Friday 1 May	Saturday 2 May
How windy? (On the summits)	Southerly, 15mphr.	Generally westerly; 15 or 20mph.
Effect of wind on you?	Small.	Small
How wet? (Precipitation and its impact)	Risk a burst of rain Still some uncertainty: Most, possibly all areas remaining dry but rain - ranging from a short burst to perhaps steady for an hour - affecting particularly western areas.	Risk occasional rain Largely or perhaps completely dry. However, risk pockets of drizzle in morning and bursts of showery rain later in day.
Cloud on the hills?	Clear most or all day The hills substantially clear all day, but later if a shower occurs, odd patches may form at various heights.	Very extensive from dawn; will gradually lift although may persist higher tops. Confidence in detail low: Particularly toward the Solway coast, cloud may through morning be below 300m. Otherwise, fragments on lower slopes, but extensive cloud higher up should lift toward or above 700m.
Chance of cloud free summits?	Above 90%	50%
Sunshine? Air clarity (below cloud)	Sun mostly weak through a veil of high cloud, which may extend across the sky. Visibility good or very good, but some haze likely.	Occasional sunshine with mostly very good visibility though much of the morning in Dumfries and Galloway could be dull and misty.
How Cold? (at 750m)	10C, up to 14C in east afternoon, though a little less warm Galloway.	8C.
Freezing Level	Above the summits.	Above the summits.

Planning Outlook**All mountain areas of Britain from Friday, 1 May, 2026**

Less settled this weekend and into next week. Rain will not be extensive, but in some areas persistent for a few hours and some heavy, possibly thundery bursts - although particularly by Sunday local detail is as yet uncertain. Temperature levels will drop from the north, indeed early next week overnight and mornings higher slopes will be below freezing point Scottish Highlands, and further frosts are likely in valleys.

Forecast issued at 15:17 on Wednesday, 29 April, 2026

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.