

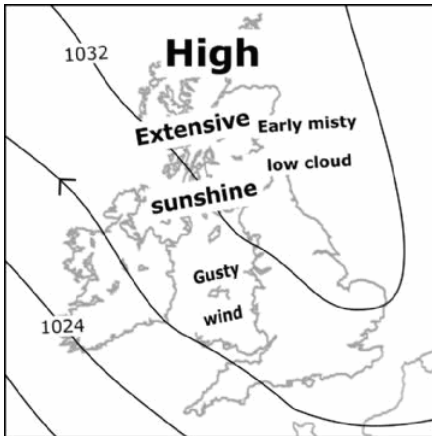
Southern Uplands

The Galloway hills eastward to the Lammermuir hills. The Cheviots (including higher hills within the adjacent Northumberland NP).



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General Summary for Thursday, 23 April, 2026



British Mountain Summary:

Based on forecast chart for noon 23 April, 2026

Gusty easterly winds for England, Wales and southern Scotland, but warmer and less windy overall than recent days. Light winds for much of the Highlands. Some early low-level mist, mostly toward eastern Pennines, but the mountains clear with bright sunshine widely; high UV levels, beware sunburn.

Headline for Southern Uplands

Breezy, gusty. Sunshine, warming up.

Detailed Forecast for Thursday, 23 April, 2026

How windy? (On the summits)	Southeasterly 15 to 25mph, gusty in places, typically strongest in Galloway.
Effect of wind on you?	Fairly small, but more noticeably blustery around some higher slopes, gusty in places lower down.
How wet? (Precipitation and its impact)	No precipitation expected
Cloud on the hills?	Early patches in east clearing Patchy fog in some valleys, plus some cloud drifting onto lower eastern hills early morning, may take a few hours to clear Cheviots and eastern Borders, high tops likely above the cloud; all dispersing.
Chance of cloud free summits?	Above 90%
Sunshine? Air clarity (below cloud)	Sunny most of day in west, possibly thin high cloud. Early cloud in east retreating back to coast to give increasing sun. Visibility excellent.
How Cold? (at 750m)	6C rising to 8 or 9C, locally warmer in west afternoon.
Freezing Level	Frost in valleys and some sheltered higher areas at dawn. Otherwise above freezing to the summits.

Southern Uplands - Looking Ahead

	Friday 24 April	Saturday 25 April
How windy? (On the summits)	Variable 10mph or less.	Variable direction mostly 10mph or less.
Effect of wind on you?	Negligible.	Negligible.
How wet? (Precipitation and its impact)	No rain expected	No rain expected
Cloud on the hills?	Early low mist, otherwise clear A layer of mist drifts into low valleys from the Borders eastward at dawn, around the Central Belt too. Mist briefly lifts soon after sunrise but soon dissipates for cloud-free hills.	None expected Some low-level mist mainly eastern glens and toward North Sea in the morning.
Chance of cloud free summits?	Practically certain	Above 90%
Sunshine? Air clarity (below cloud)	Extensive sunshine. Very good visibility, slight low-level haze.	Extensive sunshine, some thin high cloud may develop from south. Visibility good, slight low-level haze.
How Cold? (at 750m)	8C rising to 12C. (Valleys start much cooler, then approach 20C inland afternoon).	8 to 11C, warmest west, whilst easternmost hills may drop a few degrees during afternoon.
Freezing Level	Above the summits. At dawn, slight frost in valleys and possibly sheltered elevated hollows.	Above the summits. Patchy frost at dawn inland valleys and sheltered higher areas.

Planning Outlook

All mountain areas of Britain from Friday, 24 April, 2026

A generally dry spell of weather continues into the weekend and next week, with mostly light winds and pleasantly warm temperatures, reaching 10C+ on many tops. Valleys and some sheltered higher areas will see some frosty dawns but by the afternoons many valleys will warm up toward 20C. Briefly cooler air drifts back into northeastern areas later Saturday. Strong April sunshine widely across the mountains, beware risk of sunburn. Misty starts in some valleys.

Forecast issued at 16:00 on Wednesday, 22 April, 2026

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.