

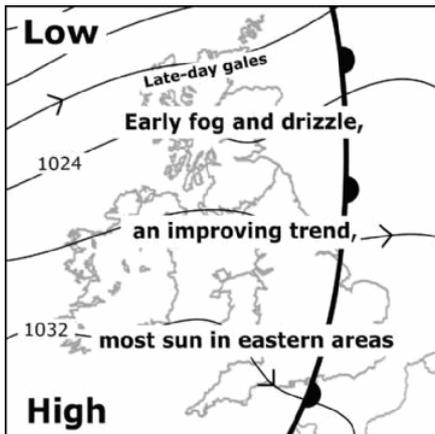
Southern Uplands

The Galloway hills eastward to the Lammermuir hills. The Cheviots (including higher hills within the adjacent Northumberland NP).



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General Summary for Tuesday, 31 March, 2026



British Mountain Summary:

Based on forecast chart for noon 31 March, 2026

A foggy, drizzly start for most, fog to lower slopes in western coastal areas. Fog lifts with time and drizzly rain eases, bursts of sun breaking out east, and perhaps more widely afternoon. Fog and drizzle lingers longest west Scotland and south Pennines. Blustery early, easing for most; a mild feel in England and Wales.

Headline for Southern Uplands

Drizzle and breezy early, an improving trend with sun breaks

Detailed Forecast for Tuesday, 31 March, 2026

How windy? (On the summits)	Westerly, 20 to 25mph, gusty in places around higher tops, reaching up to 30mph, and perhaps these higher speeds more widely early in the day.
Effect of wind on you?	Breezy, gusty spots starting to affect comfortable walking on exposed terrain, which may be more widespread early in the day. Marked wind chill despite milder air.
How wet? (Precipitation and its impact)	Drizzly rain, fading during day Drizzle and light rain most frequent and widespread during the morning, though patchier small amounts eastwards. Tending to fade, but patchy drizzle and light rain likely continues drifting over the Galloway hills from the west through afternoon.
Cloud on the hills?	Extensive early, rising with some breaks Blanket low cloud across most hills in the morning above 400-500m, lower for a time from the M74 westward. Tending to rise and break with time, best toward east. Banks likely linger above 700m especially in west, these occasionally drifting east, best of breaks late afternoon.
Chance of cloud free summits?	10%, rising to 50% afternoon
Sunshine? Air clarity (below cloud)	Glimpses of sun mostly eastern areas, but perhaps bursts of sun more widely later. Poor visibility on much higher terrain at least in morning, becoming good where cloud lifts and breaks.
How Cold? (at 750m)	5 or 6C, locally up to 7C in the east. Feeling like -3C directly in the wind in the morning.
Freezing Level	Above the summits.

Southern Uplands - Looking Ahead

	Wednesday 1 April	Thursday 2 April
How windy? (On the summits) Effect of wind on you?	Southwesterly 25 to 35mph, trending towards the higher end of the range with strong gusts. Increasingly strenuous walking, buffeting gusts around tops and locally downslope to east. Marked wind chill.	Variable 15mph or less, though perhaps 20mph easterlies at dawn. Later, turning southerly, 10-20mph, strongest west. Mostly small.
How wet? (Precipitation and its impact)	Rain develops west later Scattered drizzly showers, but many hours likely dry. Uncertain timing, but increasing risk into afternoon of patchy rain moving in from northwest, possibly heavier later in west. East Borders and Cheviots stay dry.	Substantially dry Most hills dry, but a few spots of drizzle and snow flurries may affect eastern hills at times; the flurries falling to 500-700m, the level rising with time.
Cloud on the hills? Chance of cloud free summits?	Most persistent west Covering higher terrain particularly Dumfries and Galloway much of the day above 600-800m, lowering extensively in rain. Higher breaks eastward, perhaps clearing the Cheviot in the morning. 30%; 60% for a time in the east	Mostly high terrain, variably lower Banks of cloud, mostly above 700m early, but a few ragged patches lower too, most cloud in the east to start the day. Bases lift, largely 800m and up, some summit breaks probable, but also with a risk of bases dropping locally lower, mostly south and east. 50%
Sunshine? Air clarity (below cloud)	Largely cloudy, local brighter moments eastward, glimpses of sun Borders. Visibility good below cloud, but reduced in rain, may become poor in west.	Bursts of sunshine, probably more extensive for periods. Very good visibility.
How Cold? (at 750m) Freezing Level	5 or 6C. Feeling like -5C in exposure to wind. Above the summits.	-2C at dawn, lifting to 0 or +1C. 500-600m, lifting to 800m, though locally staying below freezing at lower heights in the west.

Planning Outlook**All mountain areas of Britain from Wednesday, 1 April, 2026**

A drop of temperature is expected across Scotland during Wednesday as a band of rain drifts slowly southwards, turning to heavy upland snow. Atlantic weather patterns and west-southwesterly winds follow behind into the start of the Easter period at least, but day-to-day detail is uncertain. Temperature and wind will be variable, periods of gales and possibly often cold over the mountains with snow and hail showers at times to lower elevations at least in Scotland, sometimes more widely, mixed with some spells of rain - precipitation generally most frequent west and northwest, though bands of heavy rain will sweep east at times. Some windows of drier and brighter conditions, as well as milder days in England and Wales, occasionally milder Scotland too.

Forecast issued at 15:51 on Monday, 30 March, 2026

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