

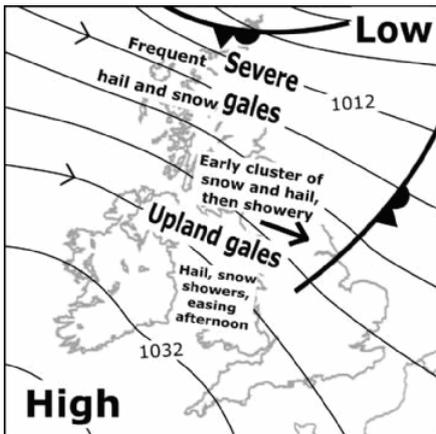
Southern Uplands

The Galloway hills eastward to the Lammermuir hills. The Cheviots (including higher hills within the adjacent Northumberland NP).



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General Summary for Saturday, 28 March, 2026



British Mountain Summary:

Based on forecast chart for noon 28 March, 2026

Feeling bitterly cold in gale-force west-northwesterly winds widely, severe gales on higher Scottish mountains. Extensive showers with hail, snow, chance of isolated thunder, locally grouping into more constant precipitation NW Highlands, also N England in morning; intensity of showers easing during afternoon.

Headline for Southern Uplands

Upland gales. Hail and snow showers.

Detailed Forecast for Saturday, 28 March, 2026

How windy? (On the summits)	Westerly 35 to 50mph, squally gusts toward 60mph higher tops mainly morning. A brief lessening by evening, then increasing again overnight.
Effect of wind on you?	Strenuous walking over the hills, more difficult in places on high exposed terrain, frequent buffeting affecting balance. Significant wind chill.
How wet? (Precipitation and its impact)	Hail and snow showers Around dawn, a cluster of frequent snow and hail passing southeastward. Then scattered showers extending eastwards, mostly brief hail, snow falling in morning to some lower elevations, with time mostly rain below 600m.
Cloud on the hills?	Varied mostly over western tops Patchy cloud capping higher slopes mostly toward the west in the morning, lifting increasingly above the tops by middle of the day.
Chance of cloud free summits?	40% rising to 80%
Sunshine? Air clarity (below cloud)	Patchwork of cloud and sun, best in east in morning. Visibility often very good, but reduced at times to briefly very poor in showers.
How Cold? (at 750m)	-1C rising to +1C afternoon. Wind chill feeling like -10 to -15C.
Freezing Level	600-700m in morning, plus frost in sheltered valleys around dawn, rising just above freezing to highest tops afternoon.

Southern Uplands - Looking Ahead

	Sunday 29 March	Monday 30 March
How windy? (On the summits) Effect of wind on you?	Southwesterly 50-65mph with stronger gusts dawn into morning, then westerly 40-50mph midday-afternoon, squally Severe conditions for a time, remaining difficult on high terrain, mobility challenging in exposure. Significant wind chill.	West to northwesterly, 40 to 50mph, strongest in the morning, gusts 60mph for a time higher tops. Walking difficult on exposed higher terrain, considerable buffeting, gusts knocking you off balance. Significant wind chill.
How wet? (Precipitation and its impact)	Heavy rain, then showery A swathe of rain moving in from west from dawn, possible sleet or brief snow on tops. A more intense band moving southeastwards morning into middle of day. Then showery rain on and off.	A few light showers Brief light showers, snow flurries above 500m, most common western hills in the morning, tending to fade.
Cloud on the hills?	Extensive, then lifting with breaks Covering the hills widely during rain, for several hours from 500-600m upward, lowest west of M74. Then rising in afternoon with breaks to tops.	Lifting above most tops Cloud banks drifting over higher slopes, mostly in west above 600m in morning, tending to rise. Increasing breaks to tops. Will then lower from southwest into night.
Chance of cloud free summits?	30%	70%
Sunshine? Air clarity (below cloud)	Bursts of sun develop into afternoon. Visibility very poor in rain, then changing quickly in and out of showers, intermittently very good.	Occasional sun, best toward east in morning. Visibility mostly good, slight haze west.
How Cold? (at 750m) Freezing Level	1C rising briefly during morning up to 3C, later dropping to 0C. Wind chill feeling like -12 to -15C. Rising from before dawn to be above freezing to the tops. Starting to drop back toward 700-800m late in day.	0C rising to 2C afternoon, then higher after dark. Wind chill feeling like -12 to -15C. 700m from dawn, rising above the tops into afternoon.

Planning Outlook

All mountain areas of Britain from Sunday, 29 March, 2026

Changeable westerlies prevail onward into early next week, continuing gales over most high terrain. Milder air lifts above freezing to all tops into Tuesday with low cloud, drizzle and rain, most persistent west-northwest Scotland. Likely colder again in Scotland by Wednesday with some further hill snow likely. Some windows of better weather mid-late in the week as higher pressure is nearby - temperatures vary above and just below freezing on Highland tops, more often above freezing England and Wales tops. Some chilly air possible during early April, but drier conditions likely developing with time with more spring sunshine.

Forecast issued at 16:20 on Friday, 27 March, 2026

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