

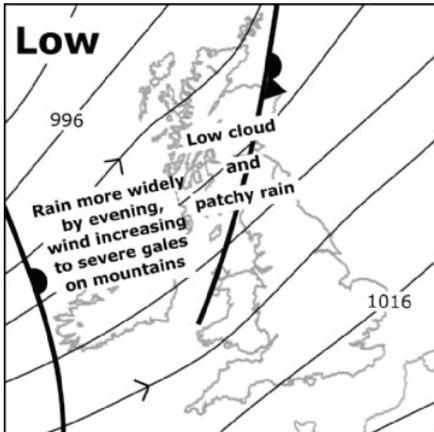
# Southern Uplands

The Galloway hills eastward to the Lammermuir hills. The Cheviots (including higher hills within the adjacent Northumberland NP).



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## General Summary for Tuesday, 10 March, 2026



### British Mountain Summary:

**Based on forecast chart for noon 10 March, 2026**

Patchy rain and lowest cloud over southwest-facing hill groups. Cloud fairly extensive on hills, but higher bases and some breaks northeastwards. Gale-force winds on high terrain, speeds strengthening during day, later becoming widely severe upland gales; heavier rain arrives from west by evening.

### Headline for Southern Uplands

Windy, gales later. Lowest cloud southwest, patchy rain.

## Detailed Forecast for Tuesday, 10 March, 2026

<p><b>How windy? (On the summits)</b></p> <p><b>Effect of wind on you?</b></p>	<p>South to on higher slopes southwesterly; increasing markedly with height to 35mph, or by late afternoon 40-45mph. During afternoon, reaching 50mph with stronger gusts higher tops.</p> <p><b>Markedly increasing buffeting and wind chill with height. Deteriorating to make walking and balance increasingly difficult later in day on higher slopes.</b></p>
<p><b>How wet? (Precipitation and its impact)</b></p>	<p><b>Rain now and again; wetter by dusk west</b></p> <p>Rain from time to time - little in total. Locally more persistent for an hour or so in west up to Moffat hills. Rain develops from west soon after dark, becoming extensive during evening for a few hours, heaviest in west.</p>
<p><b>Cloud on the hills?</b></p> <p><b>Chance of cloud free summits?</b></p>	<p><b>Persistent; lowest cloud base Dumfries and Galloway</b></p> <p>Dumfries and Galloway: Persistent cloud above 300 to 450m though particularly near coast at times below 300m. Borders: Typical cloud base by midday will rise to 600 to 750m - occasionally lower in and after rain.</p> <p><b>10% southwest, to 30% northeast.</b></p>
<p><b>Sunshine? Air clarity (below cloud)</b></p>	<p>Glimpses of sun mainly lower slopes near the Lothians and Cheviots. Generally hazy.</p>
<p><b>How Cold? (at 750m)</b></p> <p><b>Freezing Level</b></p>	<p>3C - only slow drop in temperature higher up. Feeling like -6C later nearer -10C directly in the wind.</p> <p>Above the summits. Then lowering well into the night ahead toward 800m.</p>

## Southern Uplands - Looking Ahead

	Wednesday 11 March	Thursday 12 March
<b>How windy? (On the summits)</b> <b>Effect of wind on you?</b>	Westerly up to 50mph post dawn; through day dropping slowly, typically 30 or 35mph middle of day. <b>Expect significant wind chill and walking to be arduous or difficult particularly morning.</b>	Southwesterly 40 to 50mph, risk 60mph for periods on higher tops; may lessen a little into afternoon. <b>Difficult conditions over higher terrain, where exposed any mobility challenging particularly morning. Significant wind chill.</b>
<b>How wet?</b> (Precipitation and its impact)	<b>Occasional hail and snow showers</b> A few hail and above 700m snow showers.	<b>Rain then showers, snow on tops</b> Heavy rain from dawn into morning, finishing as snow above 700m. Briefly drier, but then showers follow, most frequent in west, of snow above 600m.
<b>Cloud on the hills?</b>	<b>Increasingly clearing</b>  By midday, as cloud base rises, most cloud above 750m before mostly clearing. However, patches near 400m near precipitation.	<b>Low cloud lifting during day</b>  Covering the hills widely in the morning, from some lower elevations upward southern areas west from Moffat hills. Bases lifting and breaking with time.
<b>Chance of cloud free summits?</b>	<b>80% from midday</b>	<b>10% rising to 50%</b>
<b>Sunshine?</b> Air clarity (below cloud)	Patchwork of sunshine, most sun Borders. Visibility mostly excellent.	Overcast and dull with poor visibility in rain. Then improving to brighter skies, occasional sun and very good visibility when dry, reducing again in showers.
<b>How Cold? (at 750m)</b>  <b>Freezing Level</b>	1C. Will feel like -12C directly in the wind.  Above the summits.	4C, dropping during day toward 0C. Wind chill feeling like -10 to -13C.  Above the summits in the morning, but lowering to 800m during daytime, by evening nearer 600m.

**Planning Outlook****All mountain areas of Britain from Wednesday, 11 March, 2026**

Generally unsettled this week and through the upcoming weekend as low pressure systems pass near and north of Britain - strong west or southwesterly winds prevail, often gale-force to at times storm-force over the mountains. Some fluctuation of temperature and freezing level, but mostly below freezing over Scottish mountains, at times snow falling to lower elevations. Colder for all by the end of the week with widely lowering freezing level Thursday into Friday. Frequent precipitation most western mountains, accumulations of snow across the mountains, most substantial in western Scotland from Glencoe northwards. Quieter weather patterns indicated beyond mid-month as higher pressure builds.

**Forecast issued at 16:00 on Monday, 9 March, 2026**

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.