

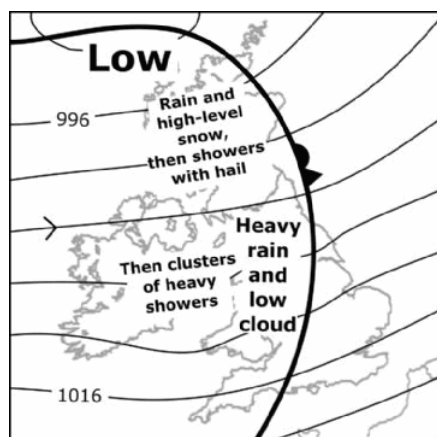
Southern Uplands

The Galloway hills eastward to the Lammermuir hills. The Cheviots (including higher hills within the adjacent Northumberland NP).



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General Summary for Friday, 20 February, 2026



British Mountain Summary:

Based on forecast chart for noon 20 February, 2026

Extensive gale-force southwesterlies. A rise of freezing level toward higher tops in Scotland, where early hill snow soon turns mostly to rain. Lifting above freezing to highest tops in England & Wales by dawn, a few hours of heavy rain. Clusters of heavy showers follow into all western areas with hail, a chance of thunder.

Headline for Southern Uplands

Upland gales. Persistent rain then showery.

Detailed Forecast for Friday, 20 February, 2026

How windy? (On the summits)	South-southwesterly 35 to 45mph, peak speeds fluctuate during day, but at times more widely near 50mph and gusty; shifting westerly later in day.
Effect of wind on you?	Arduous walking with significant wind chill; stability constantly challenged.
How wet? (Precipitation and its impact)	Rain then showers, heavy bursts Persistent rain sweeps in from west from dawn, briefly sleet on high tops, heaviest over Dumfries and Galloway, but extending east across all areas for a few hours. Then breaking into showers, these clustering again into more frequent rain passing eastwards in afternoon, heavy bursts with hail, chance isolated thunder.
Cloud on the hills?	Fairly extensive Cloud likely shrouds the high tops all day, filling in extensively to middle slopes during periods of rain, but breaks to high terrain or locally to some summits during breaks in rain. Southwestern aspects will see the most persistent cloud.
Chance of cloud free summits?	30%
Sunshine? Air clarity (below cloud)	Mostly cloudy but some bright/sunny breaks will come and go, best towards the Central Belt. Variable visibility, very good when out of cloud and rain.
How Cold? (at 750m)	0C at dawn in east, soon lifting to 3 or 4C. Feeling like -5 to -10C in direct wind.
Freezing Level	Around 700m at first, though variable, patchy frost Borders at dawn. Soon rising from west, with time above all summits.

All mountain areas of Britain from Saturday, 21 February, 2026

Southwesterly winds brings milder conditions into this weekend - lifting above freezing to tops in England and Wales with substantial thawing, and generally higher freezing levels in Scotland; periods of thawing to Munro summits will occur but also further snowfall and refreezing on higher terrain during the day-to-day variability of precipitation and freezing levels onward into early next week. Likely colder later next week, back below freezing on higher terrain for a run of days. Often windy with periods of upland gales. Some spells of heavy rain over all western hills and low cloud frequently covering the hills.

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