

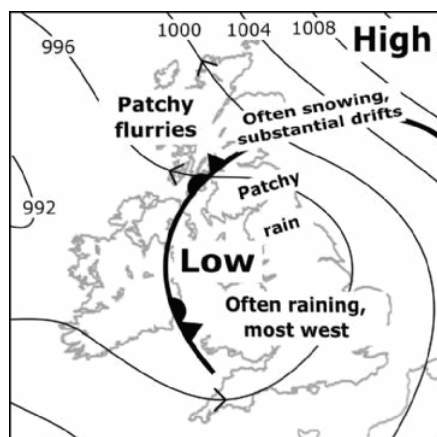
Southern Uplands

The Galloway hills eastward to the Lammermuir hills. The Cheviots (including higher hills within the adjacent Northumberland NP).



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General Summary for Saturday, 31 January, 2026



British Mountain Summary:

Based on forecast chart for noon 31 January, 2026

Winter conditions on most high mountains; deep snow and large drifts in central/east Scotland, whiteout conditions in fog. Mostly dry NW Scotland. Morning rain in south Scotland and England trends patchy, often dry south Pennines. Often raining in Wales, most on western slopes. Freezing levels rise towards upper slopes.

Headline for Southern Uplands

Morning rain trends patchy to often dry; blustery but easing

Detailed Forecast for Saturday, 31 January, 2026

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|---|--|
| How windy? (On the summits) | Starting easterly 30-35mph, shifting southeasterly and easing, 20-30mph, lightest wind in the east. |
| Effect of wind on you? | Strenuous walking in exposure with significant wind chill to start the day; effects tending to ease, turning fairly small in the east. |
| How wet? (Precipitation and its impact) | Patchy rain (sleet on the high tops), driest middle of the day Patchy rain drifts onto the hills from the south through morning, may fall as sleet onto the highest summits; generally lighter and less frequent for a few hours in the afternoon but risk of returning more frequent later. |
| Cloud on the hills? | Fairly extensive on high terrain Cloud most extensive early and late in the day, high terrain covered with bases approaching 600m or lower on southern slopes during precipitation. More broken for several hours, locally to summits, but high terrain often capped in cloud. |
| Chance of cloud free summits? | 40% |
| Sunshine? Air clarity (below cloud) | A few bright/sunny glimpses but often cloudy. Mixed visibility, at times poor but local improvements out of rain. |
| How Cold? (at 750m) | 1 or 2C, though starting locally near to 0C. Feeling like -10C in direct wind. |
| Freezing Level | 800-900m, lifting above the summits. Some frozen/icy patches on high tops possible. |

All mountain areas of Britain from Sunday, 1 February, 2026

Southeasterly winds will tend to re-establish later in the week, lowering freezing levels and drawing cloud and precipitation into the Pennines and eastern Scotland, the snow level dropping to middle elevations with time. Cloud and precipitation more patchy in the west with the brightest skies northwest of high summits.

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