

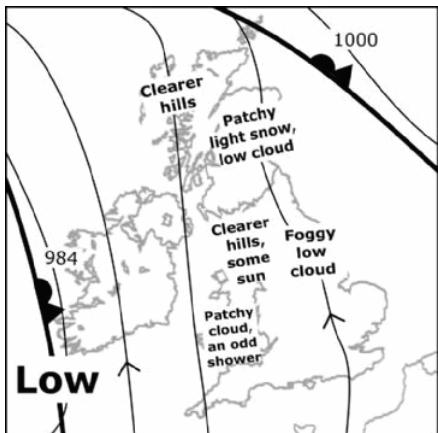
# Southern Uplands

The Galloway hills eastward to the Lammermuir hills. The Cheviots (including higher hills within the adjacent Northumberland NP).



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## General Summary for Wednesday, 28 January, 2026



### British Mountain Summary:

Based on forecast chart for noon 28 January, 2026

A fairly quiet day with plenty of dry weather and some good cloud breaks toward the west and northwest of major hill groups. Some snow flurries and low cloud lingers over the Cairngorms to SE Highlands. Moderate S-SE wind, locally gusty.

### Headline for Southern Uplands

Generally dry, varied cloud over hills. Breezier west.

## Detailed Forecast for Wednesday, 28 January, 2026

How windy? (On the summits)	South to southeasterly 15 to 20mph, strongest over western hills, at times 25mph, tending to increase a little in afternoon more widely.
Effect of wind on you?	<b>Fairly small effect on walking, but feeling chilly if exposed on higher areas.</b>
How wet? (Precipitation and its impact)	<b>Largely dry</b> Some fine drizzle where in cloud, but substantially dry all day.
Cloud on the hills?	<b>Cloud banks may linger southwest</b> Varied low cloud in morning, covering many hills especially west of M74, here may linger above 500m into afternoon, though some breaks forming with time.
Chance of cloud free summits?	<b>30% rising to 70%</b>
Sunshine? Air clarity (below cloud)	Fairly cloudy, some sun mostly toward north and in afternoon. Misty around some hills for a few hours at least, most areas improve to become good.
How Cold? (at 750m)	1 or 2C. Feeling around -5C if directly in the breeze.
Freezing Level	Generally just above freezing on higher summits; beware icy surfaces, fresh snow cover on tops and drifts in places.

## Southern Uplands - Looking Ahead

	Thursday 29 January	Friday 30 January
<b>How windy? (On the summits)</b>	East to southeasterly 25 to 35mph, strongest in west, gusty in places near and west of higher summits.	Southeasterly 25 to 35mph, in places gusty 40mph around some higher tops.
<b>Effect of wind on you?</b>	<b>Strenuous walking on some higher areas, buffeting gusts in places not just on tops. Considerable wind chill.</b>	<b>Affecting comfortable walking over exposed terrain, some buffeting gusts not just on tops. Significant wind chill.</b>
<b>How wet?</b> (Precipitation and its impact)	<b>Patchy flurries eastern hills</b> Occasional light snow flurries Borders and Cheviots, sleet or rain below 400-500m. Very little if any toward and west of M74.	<b>Hill snow and rain mostly south</b> Risk of frequent or more persistent rain near Solway, snow above 400m, later 600m. Patchier east, less northwards.
<b>Cloud on the hills?</b>	<b>Most persistent east, breaks west</b> Cloud banks often covering eastern hills above 500-600m. Higher base westward, breaks to tops in Galloway.	<b>Fairly extensive</b> Shrouding most higher terrain, local variations, best of any breaks above 600m further toward north and northwest.
<b>Chance of cloud free summits?</b>	<b>30%</b>	<b>20%</b>
<b>Sunshine?</b> Air clarity (below cloud)	Cloudy in east, hazy and poor visibility if in snow. Some sun breaking through in west, where visibility mostly good.	Mostly cloudy, dull, poor visibility over hills; risk whiteout if in cloud and snow. Locally brighter toward the north.
<b>How Cold? (at 750m)</b>	0C. Wind chill feeling like -8 to -10C.	-2C, rising to 0C or locally just above. Wind chill feeling like -10 to -13C.
<b>Freezing Level</b>	700-800m.	500m rising variably to 700-800m afternoon onward.

**Planning Outlook****All mountain areas of Britain from Thursday, 29 January, 2026**

Slow-moving weather patterns and a broadly similar regime to recent times over the next week or so. Scottish mountains generally below freezing point, with snow cover and drifts most substantial from the Cairngorms to central and southern Highlands, some additional falls in the week ahead, much less northwestward. Hills in England and Wales will see varying freezing levels, sub-zero for periods to 600m or lower, but intermittently lifting just above the tops - a mix of rain and upland snowfall. Wind speed will vary, some periods of lower speeds than recently, though gusty SE'ly winds remain common in the Highlands. Scope for widely colder conditions toward mid February.

**Forecast issued at 16:30 on Tuesday, 27 January, 2026**

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