

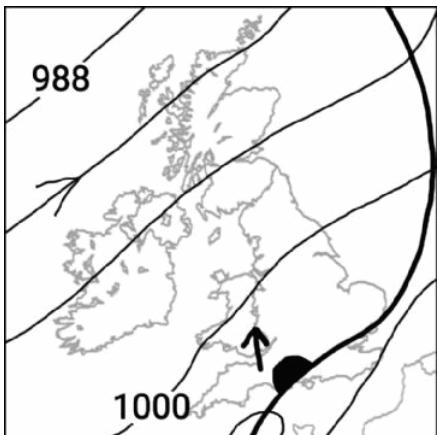
Southern Uplands

The Galloway hills eastward to the Lammermuir hills. The Cheviots (including higher hills within the adjacent Northumberland NP).



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General Summary for Thursday, 15 January, 2026



British Mountain Summary:

Based on forecast chart for noon 15 January, 2026

Blustery and chilly south-westerly winds bringing occasional snow and hail showers, most prevalent across the west Highlands. Rain falling below 500m. Drier for England and Wales, but risk of marked deterioration later for southern and eastern Wales as rain and summit snow edges in from the south.

Headline for Southern Uplands

Blustery south-west winds, later easing. A few showers in west, snow tops.

Detailed Forecast for Thursday, 15 January, 2026

| | |
|--|--|
| How windy? (On the summits) | Southwesterly 25 to perhaps in morning 35mph. There may be a lull afternoon. |
| Effect of wind on you? | Strong enough to make walking arduous where exposed and balance at times difficult. Considerable wind chill. |
| How wet? (Precipitation and its impact) | Showers Showers, mainly morning, sleet or snow highest tops. |
| Cloud on the hills? | Confined to highest tops Cloud base typically 400 to 700m Dumfries and Galloway whilst elsewhere cloud may well intermittently lift off the summits, particularly afternoon. |
| Chance of cloud free summits? | 40% |
| Sunshine? Air clarity (below cloud) | The sun in and out Borders/Cheviots; glimpses of sunshine elsewhere. Very varied visibility: sometimes excellent, but very poor in snow. |
| How Cold? (at 750m) | 1C |
| Freezing Level | Above the summits |

Southern Uplands - Looking Ahead

| | Friday 16 January | Saturday 17 January |
|---|--|---|
| How windy? (On the summits) | Low confidence in detail: Northerly 20-30mph eastern hills at first, little wind in west. Then turning southwesterly 15mph. | South-easterly 10 to 20mph, perhaps 25mph towards the west coast. |
| Effect of wind on you? | Risk very blustery start eastern hills with considerable wind chill. Otherwise, mostly small impact from the wind through day. | Mostly small, but a marked chill where exposed to the strongest breeze. |
| How wet? (Precipitation and its impact) | Mostly dry Mostly dry, but risk of precipitation in the form of showers for the west coast, snow tops. Now a small risk of persistent rain and summit snow in far east at first light. | Mostly dry Occasional spots of drizzle possible, but negligible amounts. |
| Cloud on the hills? | Varied, some hills often clear. Very varied conditions in slack winds. Banks covering some hills for a few hours, whilst nearby hills often clear. Also some ribbons of fog western valleys. | Low cloud focused in east and Solway. Varied amounts of low cloud. Focused across hills east of the M74 and also hills nearest the Solway. Best breaks may well be across western Galloway. |
| Chance of cloud free summits? | 60% | 30% |
| Sunshine? Air clarity (below cloud) | A mix of cloud and patchy sun. Visibility very good, away from any fog or showers. | Mostly cloudy with mist and murk focused east of the M74 and toward Solway. Marked haze. |
| How Cold? (at 750m) | 1C | 1 or 2C |
| Freezing Level | May well be just above summits. | Generally above the summits, although frost into some valleys at dawn. |

Planning Outlook

All mountain areas of Britain from Friday, 16 January, 2026

A small scale low will pull away early on Friday morning to the North Sea to leave drier and chilly conditions into the weekend with a south to south-easterly airflow developing. Looking further ahead, a colder continental influence may be drawn in on south to east winds, but the extent of this is uncertain. The snow pack across the Scottish Highlands will be enhanced by further spells of snowfall where fronts edge in from the west, whilst for England and Wales snow accumulating on the hills at times, perhaps in the form of showers from the east.

Forecast issued at 16:46 on Wednesday, 14 January, 2026

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.