

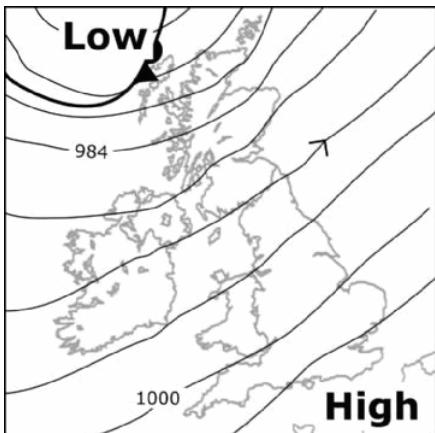
# Southern Uplands

The Galloway hills eastward to the Lammermuir hills. The Cheviots (including higher hills within the adjacent Northumberland NP).



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## General Summary for Monday, 12 January, 2026



### British Mountain Summary:

#### Based on forecast chart for noon 12 January, 2026

Extensive upland gales, although storm force at first N Scotland. Bands of showers, of hail, and snow higher areas, will merge to give periods of almost constant precipitation on many western mountains. Small risk thunder. Driest conditions will be on easternmost mountains and S Wales.

#### Headline for Southern Uplands

Gale force upland wind. Rain on and off; fog.

## Detailed Forecast for Monday, 12 January, 2026

How windy? (On the summits)	Southwesterly 40 to on highest summits at first 55mph.
Effect of wind on you?	<b>Walking widely difficult on higher areas, frequent buffeting even lower elevations. Significant wind chill.</b>
How wet? (Precipitation and its impact)	<b>Frequent or persistent rain</b> Showers, sometimes frequent over an hour or two; sleet highest summits. Few showers near the Lothians.
Cloud on the hills?	<b>Fairly extensive higher tops</b> Often covering hills above 500-600m, at times below 400m near to Solway.
Chance of cloud free summits?	30%
Sunshine? Air clarity (below cloud)	Occasional sun mostly Borders. Slight haze, visibility reduced to poor in rain.
How Cold? (at 750m)	3 or 4C. Will feel as cold as -10C where exposed to the wind.
Freezing Level	Above the summits.

## Southern Uplands - Looking Ahead

	Tuesday 13 January	Wednesday 14 January
<b>How windy? (On the summits)</b>	Forecast confidence remains low: There may well be a lull to low speeds, but risk of southerly 25 to 35mph.	West backing southerly around 25mph before later in day strengthening to 40mph.
<b>Effect of wind on you?</b>	<b>Probably small.</b>	<b>May well be fairly small for several hours before walking.becomes increasingly difficult and wind chill significant.</b>
<b>How wet?</b> (Precipitation and its impact)	<b>Little or perhaps no precipitation</b> It may well be dry most or all day - but threat of rain spreading northwards, particularly afternoon (highest risk to Borders).	<b>Risk of snow an hail showers</b> Mostly or completely dry - between previous precipitation and more rain and snow advancing from west toward or during evening.
<b>Cloud on the hills?</b>	<b>May become confined to higher slopes, possibly clearing some summits</b> Patches of fog may have formed both valleys and lower slopes and also higher up. Through day, may clear some perhaps most higher areas. In rain, fog likely to become extensive.	<b>Probably remaining extensive on most or all higher areas</b> Cloud generally widespread above 600 to 750m - possibly breaking from higher summits temporarily. Cloud base may drop markedly before dusk Dumfries and Galloway.
<b>Chance of cloud free summits?</b>	<b>30%</b>	<b>40%</b>
<b>Sunshine?</b> Air clarity (below cloud)	Patches of sunshine possibly but may well give way as cloud thickens. Visibility mostly very good, but poor in rain.	Occasional sunshine, particularly Borders. Visibility often very good.
<b>How Cold? (at 750m)</b>	2 to 4C	-1C
<b>Freezing Level</b>	Above the summits.	700m Galloway; otherwise 500m.

## Planning Outlook

## All mountain areas of Britain from Tuesday, 13 January, 2026

High rainfall and intermittently windy across most mountains over the next week or more as a series of Atlantic lows cross Britain. With uncertainty in the tracks of some lows, Tuesday's forecast remains very uncertain - but by Wednesday a transient weak ridge of high pressure will bring a brief improvement. Higher summits sometimes below freezing point S Scotland southwards: snow may accumulate on highest summits. Mostly below freezing Scottish Highlands enabling snow to accumulate widely.

## Forecast issued at 13:43 on Sunday, 11 January, 2026

The production of the Scottish forecasts is fully funded by the Scottish Government through Mountaineering Scotland with the support of sportscotland. Forecasts are issued daily by 16:30 and are kept under review and amended as necessary. However, expected conditions can still change after issue. © Copyright Mountain Weather Information Service, 2026.