

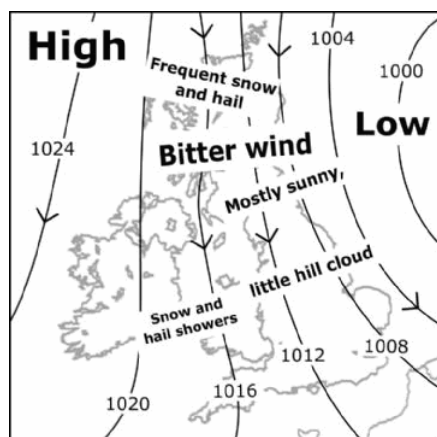
Southern Uplands

The Galloway hills eastward to the Lammermuir hills. The Cheviots (including higher hills within the adjacent Northumberland NP).



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General Summary for Saturday, 3 January, 2026



British Mountain Summary:

Based on forecast chart for noon 3 January, 2026

Widespread sub-zero temperatures and wind, gales in northern England and Scotland; wind chill approaching -20C or lower on high summits. Near-constant snow showers in northern Scotland with snowdrifts building; snow showers into central/west Scotland and west Wales too. Mostly sunny southern Scotland and England.

Headline for Southern Uplands

Bitterly cold gales; largely dry and sunny

Detailed Forecast for Saturday, 3 January, 2026

How windy? (On the summits) Effect of wind on you?	North to northwesterly 35 to 45mph in the morning, the strongest sustained speeds over Borders and Cheviots, reaching 50mph here at times. An easing trend in the west but speeds unlikely reaching below 30mph. Significant to severe wind chill over the hills. Arduous walking with frequent buffeting in exposure, though conditions will ease slightly in the west with time.
How wet? (Precipitation and its impact)	Most places dry A few showers coming in from the north may clip western Galloway hills, whilst showers over the North Sea may graze the eastern Cheviots. Otherwise dry.
Cloud on the hills? Chance of cloud free summits?	Little if any Some patches will come and go over high tops of western Galloway and the Lothians/Cheviots, other hills clear. 80%
Sunshine? Air clarity (below cloud)	Mostly sunny. Visibility excellent.
How Cold? (at 750m) Freezing Level	-4 or -5C, some slopes of Galloway/Ayrshire a degree warmer. Wind chill feeling like -20 to -23C in exposure on high tops. Terrain widely frozen, staying sub-zero from valleys upward. Nearest the coast, partial thawing in sunlight to 300m, locally higher westernmost slopes.

Southern Uplands - Looking Ahead

	Sunday 4 January	Monday 5 January
How windy? (On the summits) Effect of wind on you?	Northwesterly 25 to 35mph, strongest eastern hills, 40mph at times over the Cheviot. Continued significant wind chill over the hills. Strenuous walking on exposed higher terrain, particularly in east.	Northerly 25-35mph, strongest wind near coasts. Shifting northwesterly afternoon and easing slightly. Continued significant wind chill over the hills. Strenuous walking on exposed terrain.
How wet? (Precipitation and its impact)	Most places dry A few snow showers coming in from the north may clip western Galloway hills, whilst showers over the North Sea may graze inland onto easternmost hills. Otherwise dry.	Most places dry A few snow showers may clip the hills of Ayrshire and the Cheviots, but often dry here, no precipitation expected further inland.
Cloud on the hills? Chance of cloud free summits?	Little if any Rare patches on the higher tops of Galloway and upper slopes facing Ayrshire. Otherwise clear of cloud. 90%	Mostly little Cloud caps will graze the high eastern Borders and Cheviot hills. Rare patches on the higher tops of Galloway and upper Ayrshire slopes. Otherwise clear of cloud. 80%
Sunshine? Air clarity (below cloud)	Mostly sunny. Visibility excellent.	Mostly sunny. Visibility excellent.
How Cold? (at 750m) Freezing Level	-4 or -5C. Wind chill feeling like -17C in exposure on high tops. Terrain widely frozen, staying at or below freezing from the valleys upwards.	-5C at dawn, lifting very slightly with time. Wind chill feeling like -18C in exposure on high tops. Terrain widely frozen, staying at or below freezing from the valleys upwards.

Planning Outlook

All mountain areas of Britain from Sunday, 4 January, 2026

Terrain extensively frozen into early next week; sub-zero temperatures from the glens upward in Scotland and increasingly into valleys in England and Wales. Heavy showers streaming into northern and coastal Scotland, some containing hail, most terrain covered in snow with substantial snowdrifts in the Northwest Highlands and Cairngorms. Largely dry and sunny in southern Scotland and England. Hail and snow showers will run into north and west Wales from the sea. Bitter northerly winds, up to gale force higher tops at times.

More variable next week: some fluctuation of freezing level during next week, though most high terrain stays sub-zero, and as fronts come in from the west, upland snowfalls are possible more widely.

Forecast issued at 15:16 on Friday, 2 January, 2026

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